



WELCOME TO HELPING HOSPITAL!

Everyone here works together to keep the town of Honey Hill safe and healthy. Emmy's mommy is having a baby. Leo hurt his arm playing baseball. Annabelle is due for a checkup. Who will help them at Helping Hospital?

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A fun, interactive book perfect for kids to learn about all the different people and departments at a busy hospital.



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WARD

HELPING HOSPITAL



A Community Helpers Book

HARPER

Helping Hospital

A Community Helpers Book



Lindsay Ward

Helping Hospital

A Community Helpers Book



For Clelia—
Thank you for your wonderfully
creative idea that you let me run wild with.



And for all the amazing people working
in hospitals that take care of all of us.
Thank you for all that you do!
—L.W.

Helping Hospital

A Community Helpers Book



Helping Hospital
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The artist used her iPad Pro and consumed copious amounts of coffee while
listening to many, many, many audio books to create the digital illustrations for this book.
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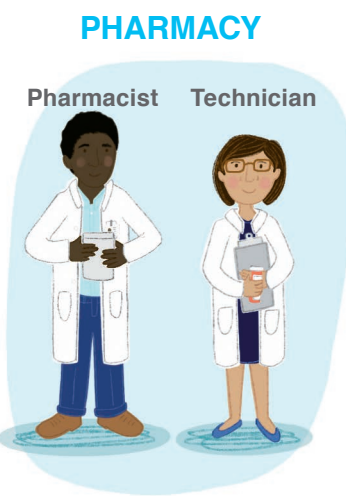
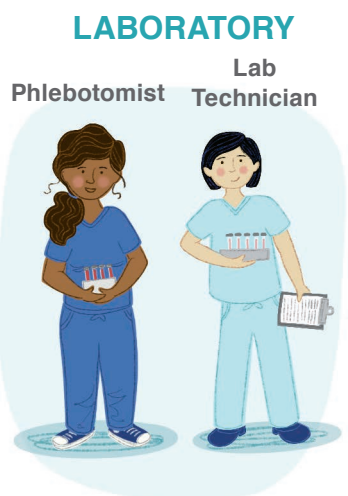
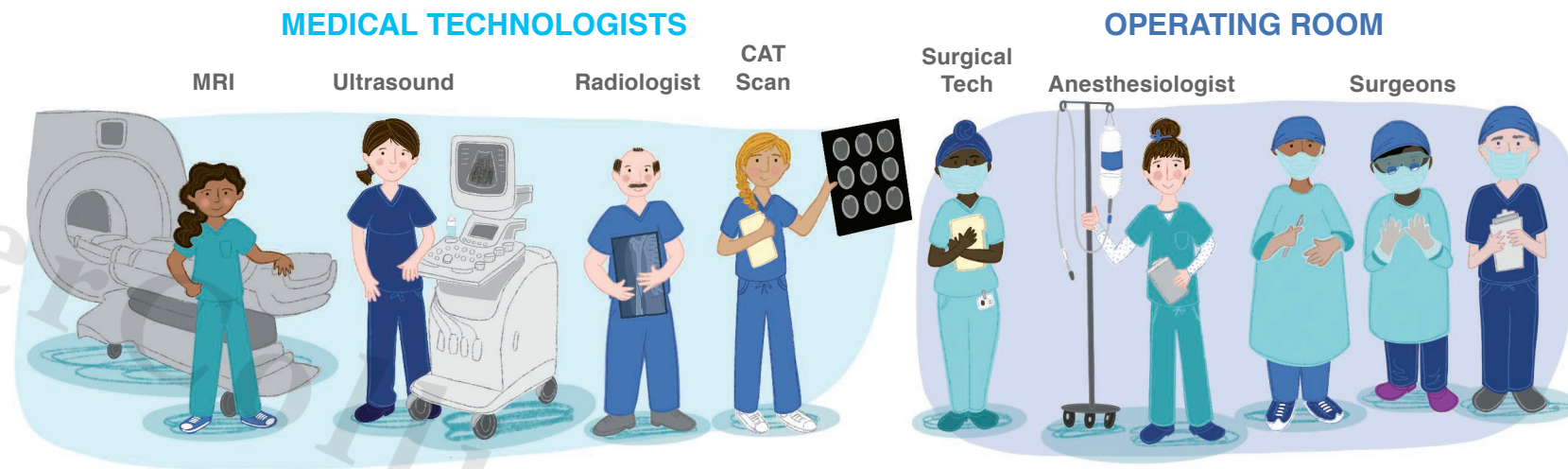
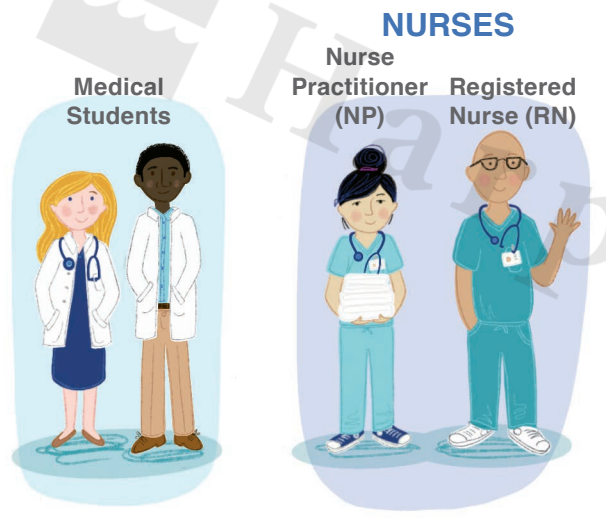
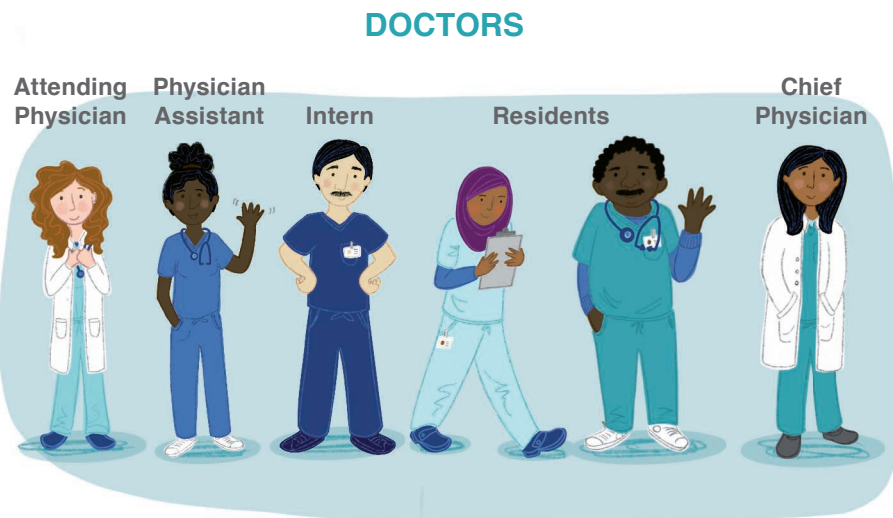
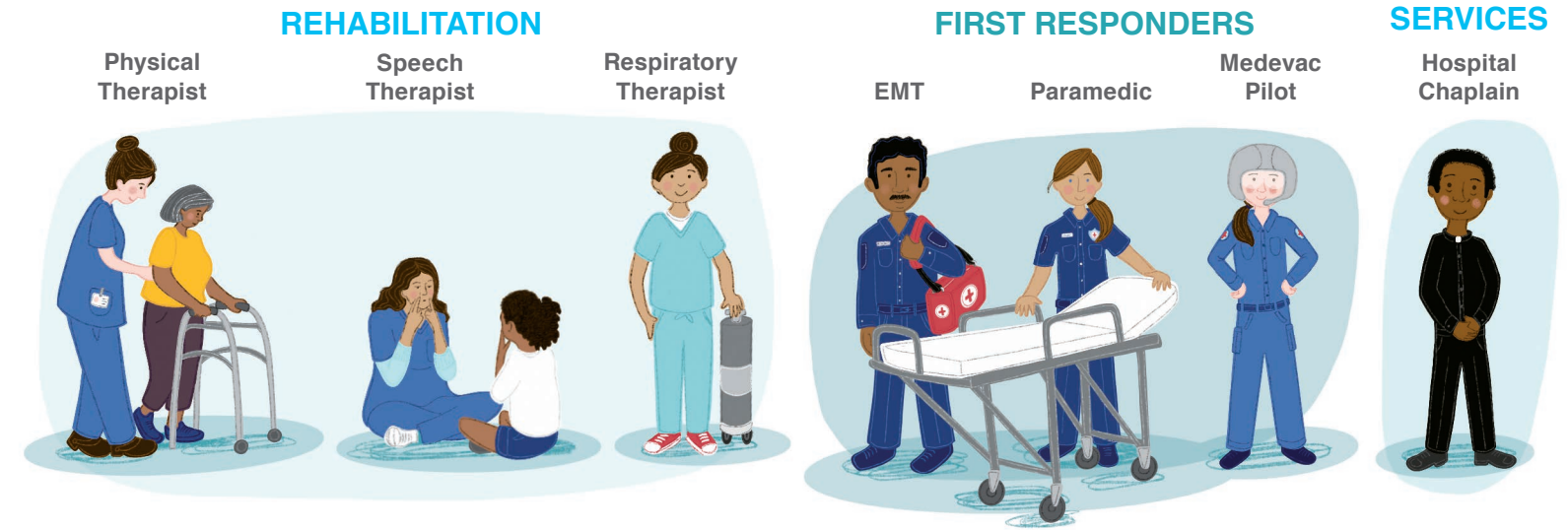
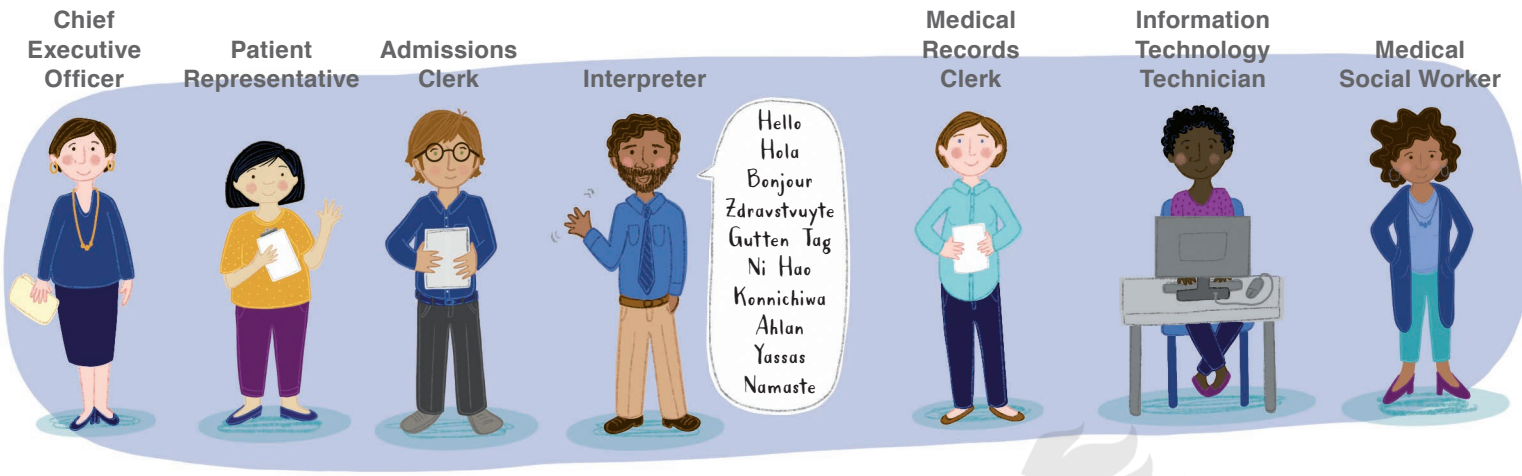
Lindsay Ward

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WELCOME TO HELPING HOSPITAL!

These are all the people who work here:

Each job is important.



Wow. That's a lot of people! Can you count them all?

Everyone at Helping Hospital works together to keep the town of Honey Hill safe and healthy.

Lots of people are visiting Helping Hospital today.

HOSPITAL HOUSEKEEPER

This is Cal. She is in charge of changing, moving, and cleaning all the laundry in the hospital. Wow! That's a lot of sheets!

HOSPITAL HOUSEKEEPER

This is Mr. Fixit. He has one of the most important jobs in the hospital. Mr. Fixit keeps everything clean and helps prevent people from picking up germs while visiting Helping Hospital.

This is Emmy. Her mommy is going to have a baby! Soon Emmy will have a new brother or sister.

PATIENT REPRESENTATIVE

This is May. She educates, ensures the safety of, and provides a voice for patients at Helping Hospital.

MEDEVAC PILOT

This is Eloise. She's a medevac helicopter pilot. She flies patients to Helping Hospital in an emergency.

RECEPTION

Hello. Welcome to Helping Hospital. How may I help you today?

ADMISSIONS CLERK

This is Gabe. He's in charge of admitting patients to Helping Hospital.

Oh no! Leo hurt his arm. An orderly helps Leo get into a **wheelchair**. The transportation assistant, Leo, and his dad wait to ride the elevator.

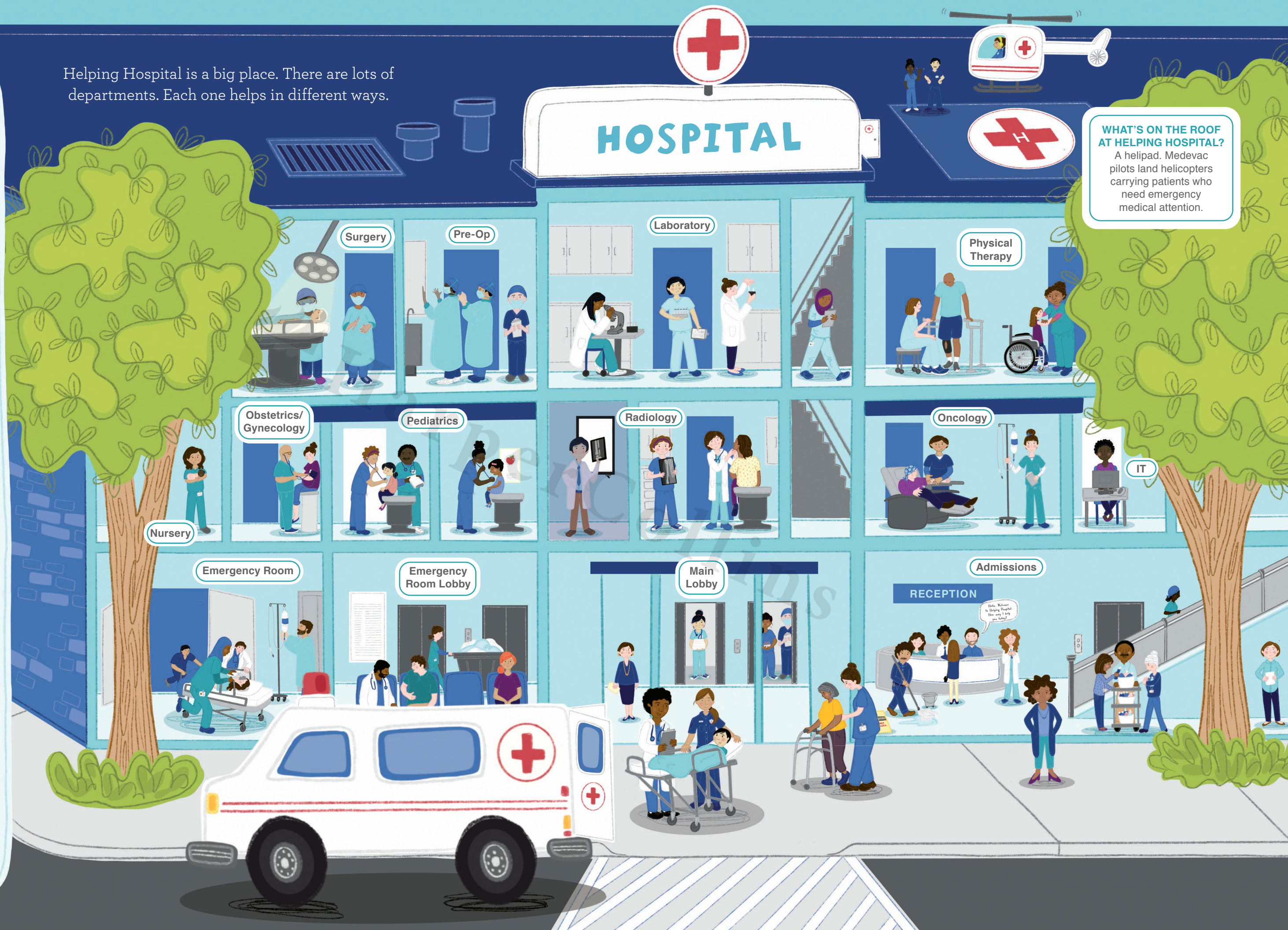
Annabelle is here for a checkup. Last time she had to get a **shot**. She is a little nervous about visiting the **doctor** today.



Helping Hospital is a big place. There are lots of departments. Each one helps in different ways.



Can you guess which departments Emmy, Leo, and Annabelle will visit today?



WHAT'S ON THE ROOF AT HELPING HOSPITAL?
A helipad. Medevac pilots land helicopters carrying patients who need emergency medical attention.

Emmy and her mommy have finished checking in with the admissions clerk in the obstetrics/gynecology department.



Can you find Emmy and her mommy in the waiting room?


The **nurse** calls them.
It's time to see the doctor.



Helping Hospital has a team of nurses who take care of every patient. Nurses monitor patients closely and communicate information to doctors.


Some nurses take care of specific types of patients.

REGISTERED NURSE (RN)




A nurse who has graduated nursing school and has a license to practice nursing.

NURSE PRACTITIONER (NP)




An advanced practice RN who cares for patients.

NURSE MANAGER




Supervises a staff of nurses at a hospital.

ONCOLOGY NURSE




Provides care for cancer patients.

PEDIATRIC NURSE




Provides care for children.

NEONATAL INTENSIVE CARE UNIT NURSE




Cares for newborn infants.

LABOR & DELIVERY NURSE



Assists and cares for pregnant women throughout labor and delivery.

RADIOLOGY NURSE



Cares for patients preparing for imaging procedures such as X-rays, ultrasounds, CT scans, and MRIs.

Some nurses take care of patients in an emergency or in need of critical care.

TELEMETRY NURSE

Specializes in cardiology and monitors their patients' heart rhythm.



CLINICAL NURSE SPECIALIST

An advanced practice RN who provides advice on specific conditions and treatments for patients.



EMERGENCY ROOM NURSE


An RN who cares for patients in an emergency room.



INTENSIVE CARE UNIT NURSE


An RN who cares for critically ill patients in the intensive care unit (ICU).

ORTHOPEDIC NURSE




Provides care for patients with issues and diseases relating to bones and joints.

CARDIOVASCULAR NURSE




Provides care for patients with heart conditions or diseases.

DIALYSIS NURSE



Provides care for patients with kidney disease.

PSYCHIATRIC-MENTAL HEALTH NURSE PRACTITIONER



An advanced practice RN who provides care to mental health patients.

Some nurses take care of patients who need surgery.

SURGICAL NURSE

Provides care to surgical patients before, during, and after surgery.



POST-ANESTHESIA CARE UNIT NURSE

Monitors overall care of patients after receiving anesthesia for surgery.





Nurses work in many different departments of the hospital. Some nurses take care of patients who need help with specific parts of their body.

They are very important and keep Helping Hospital running smoothly. *Did you know there were so many different types of nurses?*



Hello.
I'm Nurse
Ned. How are
you feeling
today?

Nurse Ned is going to take a few
vitals and note any information
the doctor needs to know.

 89 bpm	Heart Rate	The number of times your heart beats per minute.
 120/80	Blood Pressure	The force of blood pushing against the artery walls.
 99 %	Oxygen Level	How much oxygen is in your blood.
 16 rpm	Respiratory Rate	The number of breaths you take per minute.
98.6 °F	Temperature	How warm or cool your body is.

Vital signs show doctors, nurses, and other workers how a **patient** is doing.

Everything looks great. The doctor will be in to see you shortly.

Nurse Ned takes Emmy's mommy's **blood pressure**.



Emmy waits patiently with her mommy. A few minutes later, there's a knock at the door.

Hello, Annie, it's nice to see you again. Let's see how the baby's doing today.



Doctor Safer is an obstetrician, or OB. An obstetrician takes care of women during pregnancy and helps deliver babies.

There are many different types of doctors who work at Helping Hospital.

DOCTORS WHO SPECIALIZE IN PARTS OF THE BODY

OPHTHALMOLOGIST
Specializes in eye and vision care.



NEUROLOGIST
Specializes in the brain, spine, and nerves.



PSYCHIATRIST
Specializes in mental health.



OTOLARYNGOLOGIST
Specializes in the ears, nose, and throat.



PULMONOLOGIST
Specializes in the lungs and heart.



CARDIOLOGIST
Help patients with heart conditions and diseases.



RHEUMATOLOGIST
Specializes in joints and autoimmune conditions.



GASTROENTEROLOGIST
Specializes in the digestive tract.



NEPHROLOGIST
Specializes in diseases relating to the kidneys.



UROLOGIST
Specializes in the urinary tract.

DOCTORS WHO SPECIALIZE IN SYSTEMS IN THE BODY

ENDOCRINOLOGIST
Specializes in hormones, glands, and metabolism.

HEMATOLOGIST
Specializes in the study of blood and blood disorders.

PATHOLOGIST
Studies body fluids and tissues.

DERMATOLOGIST
Specializes in skin disorders and diseases.

ALLERGIST/IMMUNOLOGIST
Helps patients with immune system disorders.



Some doctors oversee and manage the rest of the doctors in a hospital.



PHYSICIAN EXECUTIVE (NONCLINICAL DOCTOR)
Manages all the doctors at the hospital.

EMERGENCY MEDICINE
Treats patients in the emergency room.



DOCTORS WHO SPECIALIZE IN THE WHOLE BODY

CRITICAL CARE



Treats patients who are critically injured or sick in the intensive care unit.

ANESTHESIOLOGIST



Administers pain medication to patients during surgery.

SURGEON
Specializes in different areas of the body to perform surgery on patients.



INFECTIOUS DISEASE
Treats patients with infectious diseases.



SPORTS MEDICINE



Help treat patients active in sports.

RADIOLOGIST
Specializes in diagnosing and treating patients using imaging technology.



Some doctors take care of specific types of patients.

PEDIATRICIAN



Manages the health of children.

OBSTETRICIAN/GYNECOLOGIST



Specializes in women's health care and delivers babies.

FAMILY



Provides health care to patients of all ages.

ONCOLOGIST

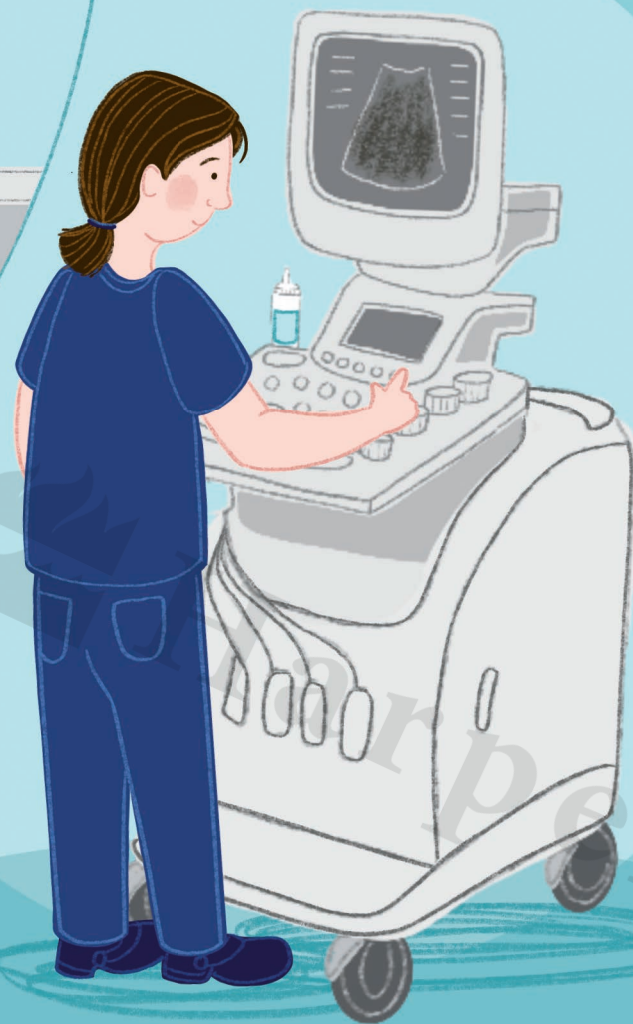


Treats and helps patients with cancer.

Have any of these types of doctors ever helped you?

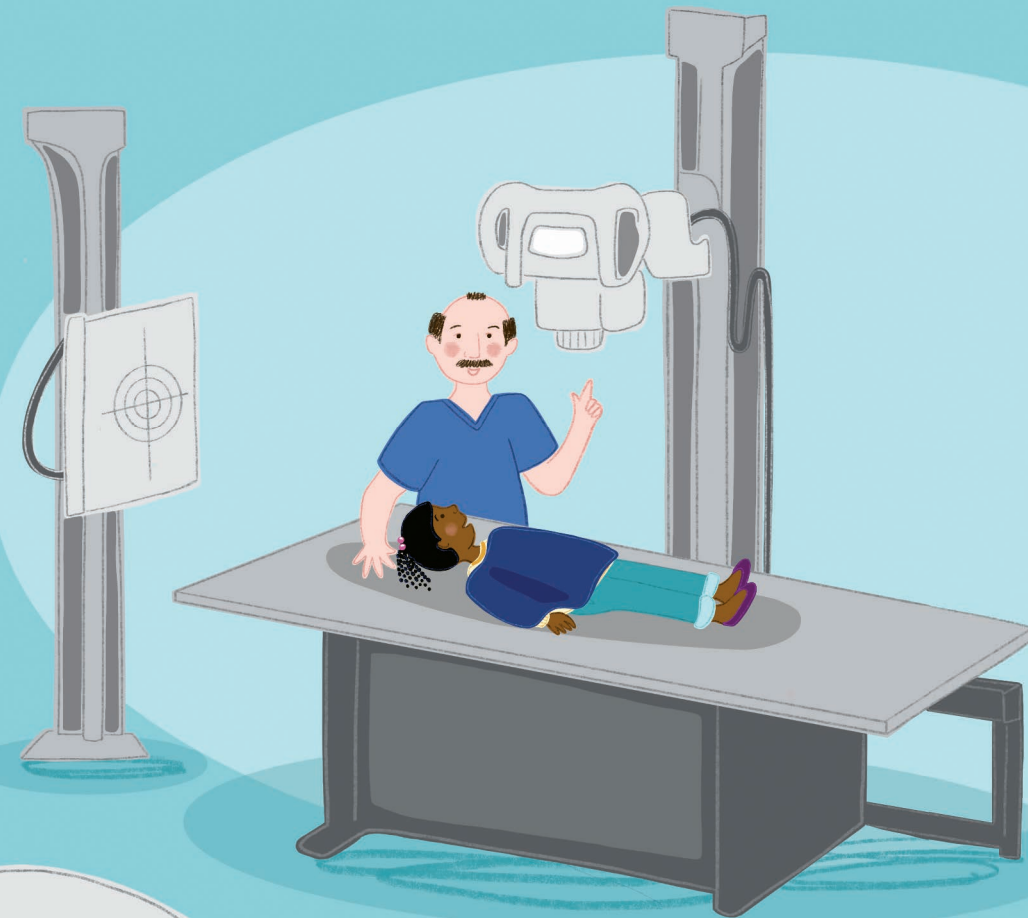
RADIOLOGY

Leo and his daddy are in the radiology department.

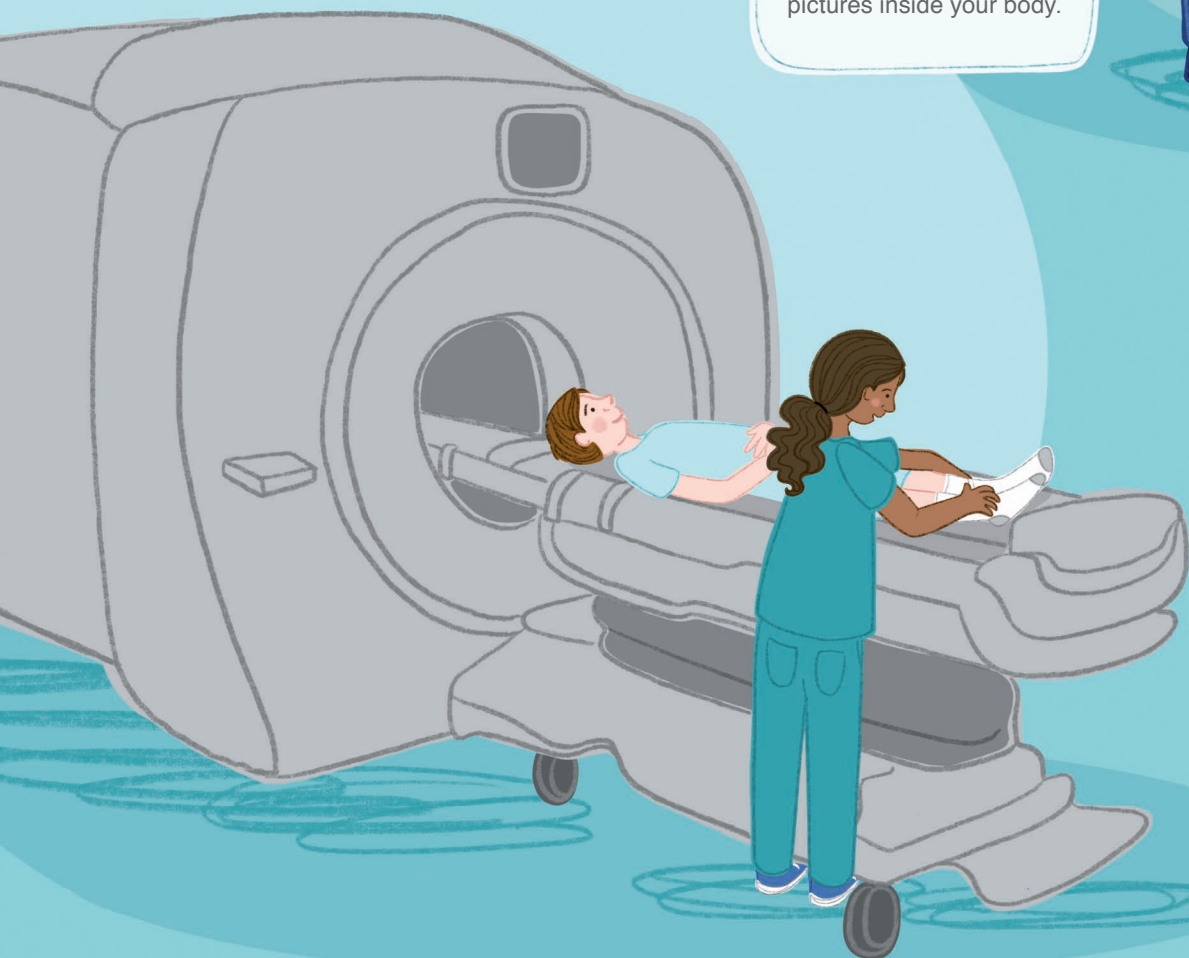


ULTRASOUND MACHINE
Uses high-frequency sound waves to take pictures inside your body.

X-RAY
Uses electromagnetic waves to take pictures of the inside of your body.



COMPUTED AXIAL TOMOGRAPHY (CT OR CAT SCAN)
Uses X-rays to take images of the inside of your body.



MAGNETIC RESONANCE IMAGING (MRI)
Uses magnetic fields and radio frequency pulses to take pictures of the inside of your body.



There are lots of different machines here. Each one is operated by a technologist and used to help people in different ways.

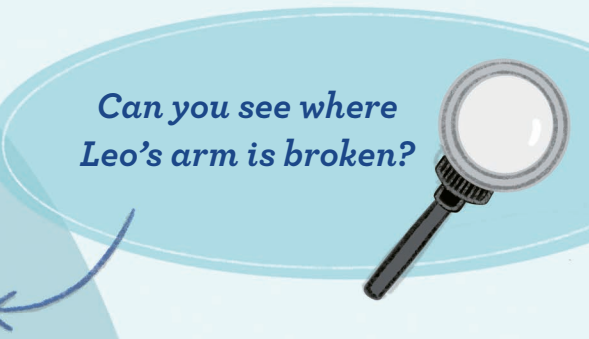
Which machine do you think will help Leo?

Hi, Leo,
I'm Doctor Bones.
I'm going to take an
X-ray to get a look
at your arm.

Did you guess X-ray
machine? Great job!



Doctor Bones is a radiologist. He
studies X-rays. X-rays use **electromagnetic
radiation** to take pictures of **bones**.



Can you see where
Leo's arm is broken?



Uh-oh, Leo broke his
humerus. And there's
nothing funny about that!

Doctor Bones puts
Leo's arm in a **cast** for
six weeks and gives
him a **sling** to wear.
The sling will help
keep his arm stable.



On his way out, Leo sees Emmy.
Emmy signs his new cast.



It did
at first, but
now not
so much.

My dad
is taking me
to get ice
cream.



Does it
hurt?

Emmy's mommy is visiting radiology too.



Doctor Safer has ordered an **ultrasound** for Emmy's mommy. An ultrasound uses **sound waves** to show what is going on inside a person's body.

Hannah is a diagnostic medical sonographer, or ultrasound technician.

The ultrasound machine helps Hannah and Doctor Safer take a look inside Emmy's mommy's tummy to see how the baby is doing.



Pretty amazing!

Hannah prints out a **sonogram**, or photo, for Emmy's mommy.

Wow!
Look at that!

Can you point to the baby's nose and feet?

Emmy and her mommy are ready to head home.
But first they stop at the cafeteria before they leave.
On their way down the hall, they see Annabelle.

CAFETERIA



Annabelle has an appointment with Dr. Allbetter in the pediatric department. Dr. Allbetter is a pediatrician.

Annabelle's mommy fills out some paperwork at the reception desk while Annabelle sits in the waiting room. Annabelle taps her foot, nervously.

PEDIATRICS



You feeling okay, sweetie?

It's Doctor Tell. She lives next door to Annabelle. Dr. Tell is a child psychologist.

Yes, just a little nervous. I'm getting a shot today.

Don't worry. Just remember to take a deep breath. A little pinch helps keep you safe from getting sick. It'll be over before you know it.

What does your pediatrician do to help you?

A nurse calls Annabelle's name.
It's time to see the doctor.

Annabelle is here for a **physical examination** to make sure that she is healthy.



Dr. Allbetter reviews Annabelle's vitals, weight, and height.

Okay, Annabelle, today we have to give you a shot, but I promise Nurse Lou is the best. She's going to take great care of you.

Nurse Lou comes back in with a tray. She explains the shot to Annabelle's mommy.



Annabelle was nervous all morning. But after talking to Dr. Tell in the waiting room, she feels much better. She's ready.



Okay, Annabelle, just a quick pinch.

All set. You did great!

Wow. That wasn't bad at all.

Annabelle closes her eyes and takes a deep breath.

On her way out, Annabelle sees Emmy again in the cafeteria. There are lots of doctors, nurses, and other workers eating lunch.

Emmy is munching apple slices when her mommy feels a sharp pain.



FOOD SERVICE ASSISTANT

DIETITIAN

NUTRITIONIST

DISHWASHER

CHEF

SOUS CHEF

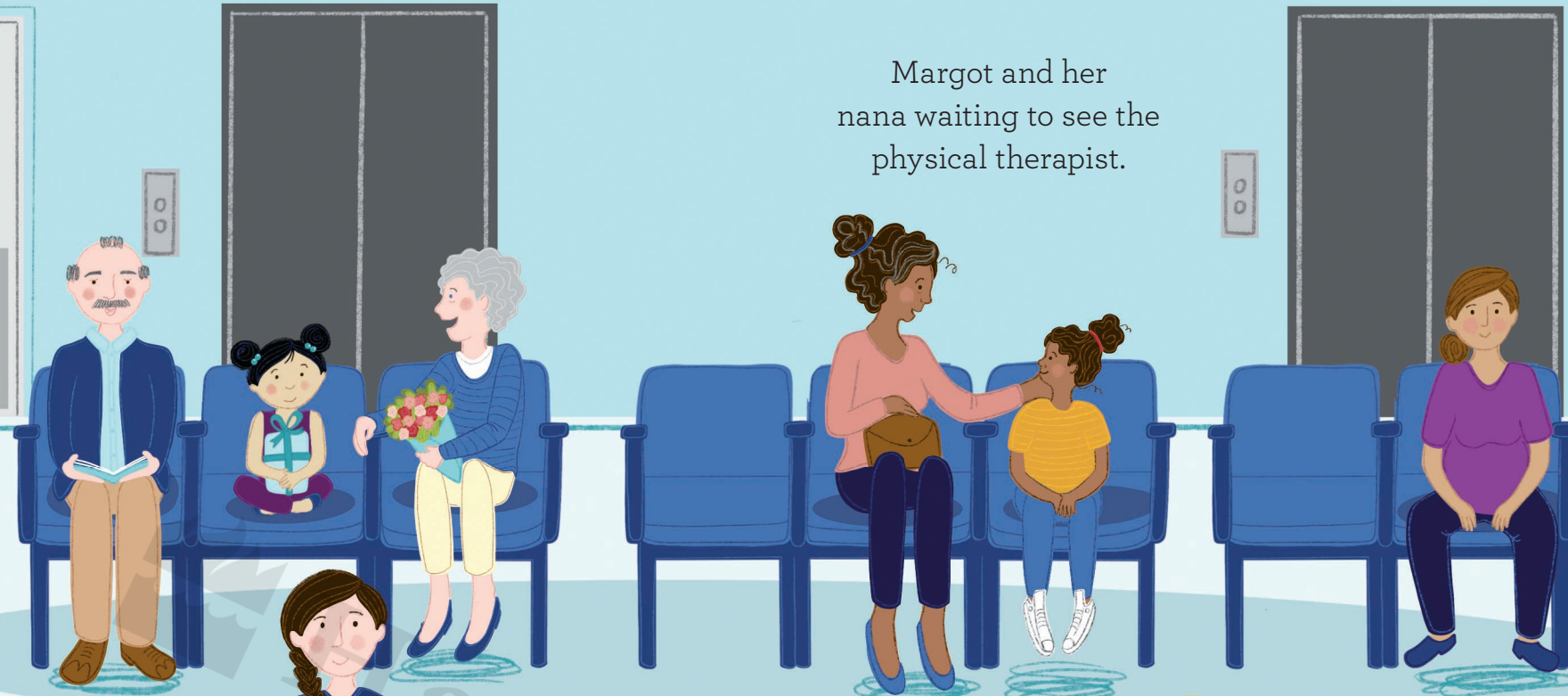
CAUTION
WET FLOOR

Food service people are delivering meals to patients, cooking, and washing dishes in the back. Together they all keep Helping Hospital healthy and fed.

Uh-oh. It looks like Emmy's going to be a big sister sooner than she thought!

MATERNITY

Daddy arrives at the hospital and heads up to help Mommy. Mimi and Grumpy sit with Emmy in the waiting room. Waiting for a baby to come can take a long time.



Margot and her nana waiting to see the physical therapist.

HELPING HOSPITAL BLOOD DRIVE



Mrs. Reading walking over to the Helping Hospital blood drive.

Lots of people from Honey Hill visit the hospital while she waits. Emmy sees ...



Mrs. Davis standing in line at the pharmacy.



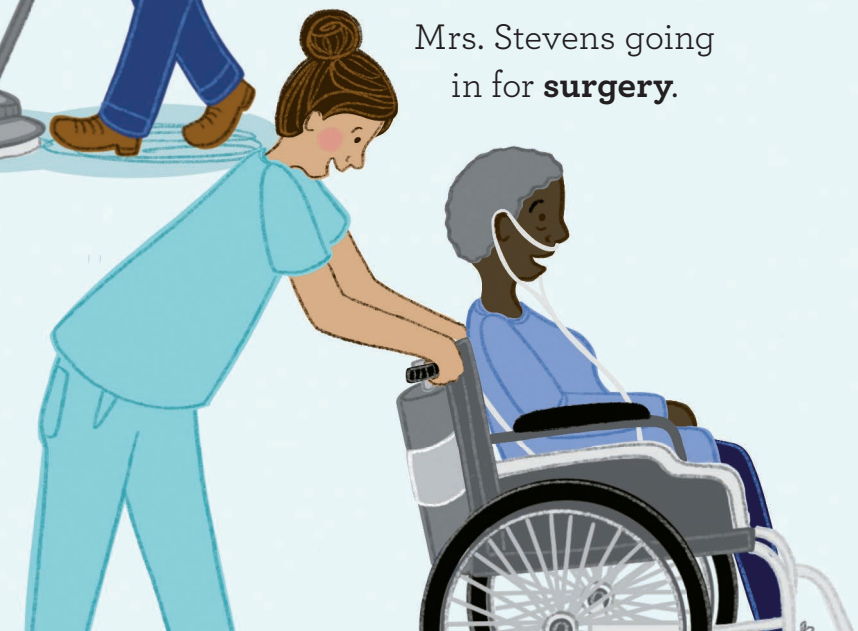
Ms. Butters waiting for an appointment in the neurology department.



Gigi and her dad buying flowers in the gift shop.



Mrs. Stevens going in for surgery.



Just then, Daddy bursts into the waiting room.



Grumpy, Mimi, and Emmy follow Daddy through the double doors. Volunteers are putting together baby hats to pass out to all the new moms.



Emmy arrives at Mommy's room in the maternity ward.



DELIVERY NURSE

MIDWIFE
This is Sheli, a medically trained health care professional who helps deliver babies.

OBSTETRICIAN

It's finally time to meet the new baby!
Emmy curls up in the hospital bed next to her mommy.



Emmy,
this is Ollie.
Your new baby
brother.

Hi, Ollie.
I've been waiting
to meet you
all day.

It's been a busy day at Helping Hospital!
Everyone works very hard to keep Honey Hill
safe and healthy. Thank you, Helping Hospital!

*Do you know the people who keep
your town safe and healthy?*

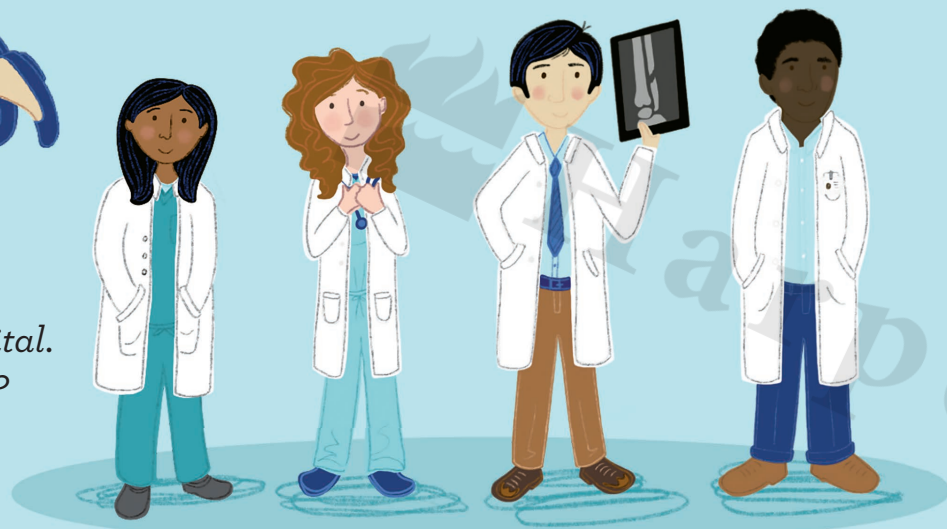


Search & Find



Around 4 million babies are born per year in the United States. How many babies did you see in Helping Hospital?

Lots of doctors work in Helping Hospital. Can you count them on each page? How many did you find?



An apple a day keeps the doctor away. Apples are rich in fiber, vitamins, minerals, and antioxidants. Can you find an apple on each page?



How many times did you find Mr. Fixit? What is he doing?

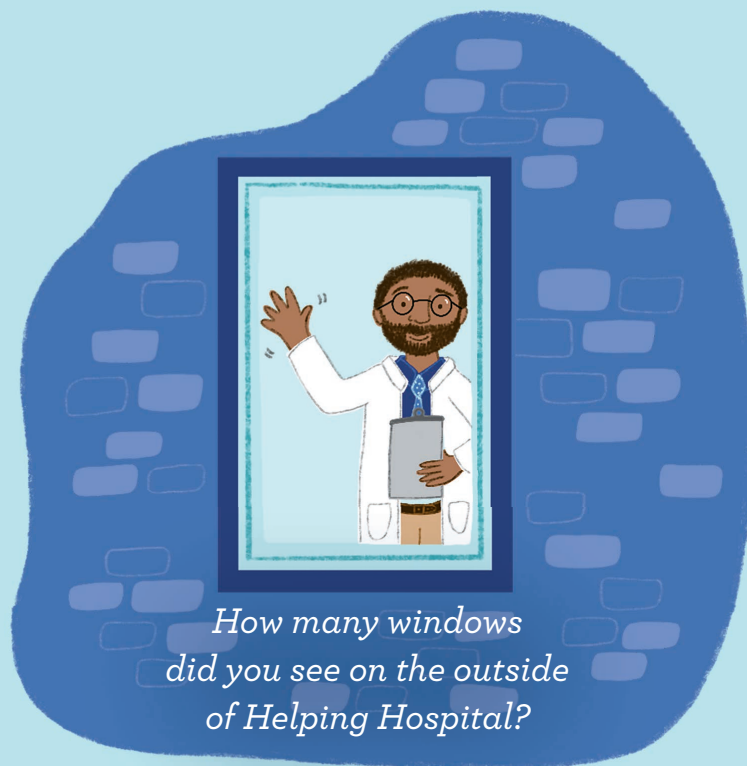


Nurses are very important to helping Helping Hospital run smoothly. How many nurses did you see?

Helping Hospital took care of a lot of people today. Can you count them all?



This is an IV, which stands for intravenous. Doctors and nurses use IVs to give medicine and fluids to patients to help them feel better. How many IVs can you find in Helping Hospital?



How many windows did you see on the outside of Helping Hospital?



Doctors, nurses, and other workers use stethoscopes to listen to patients' hearts and lungs. Can you find all the stethoscopes in Helping Hospital?



Glossary



Ambulance a medically equipped vehicle that takes people to the hospital

Blood Drive an event for people to donate and collect blood to help others

Blood Pressure the pressure of blood moving through the walls of your blood vessels

Bones parts of your skeleton that protect the organs and provide support and structure for the body

Cast a covering, usually made from plaster, to protect a broken bone

Doctor someone who has medical training to help sick or injured people

Electromagnetic Radiation the movement of energy (electric and magnetic waves) through space at the speed of light

Humerus a bone in the arm that runs from the shoulder to the elbow

Medevac Helicopter used to transport someone in a medical emergency

Nurse a medically trained person who cares for other people when they are sick or hurt

Nursery where babies are kept and cared for by nurses in a hospital

Patient a person who needs and/or is receiving medical attention

Physical Examination a yearly check-up performed by a doctor to check weight, height, and vitals like blood pressure, etc.

Shot a dose of medicine given through a needle injection

Sling a loop of material used to support the weight of a broken limb

Sonogram an image produced by sound frequencies using an ultrasound machine.

Sound Waves vibrations moving through the air that we can hear and bounce off of other objects

Surgery cutting into the body to repair, remove, or adjust organs and tissues

Ultrasound a medical test that uses sound waves to create images from inside your body

Vital Signs important measurements such as temperature, pulse rate, respiration rate, and blood pressure that determine how healthy a person is

Wheelchair a chair with wheels, used by someone who can't walk

X-Ray an image created by using electromagnetic waves to photograph the inside of the body

