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Cover photograph © William Ferris
From The Storied South, see page 1

All photos © William Ferris
The Storied South
Voices of Writers and Artists

WILLIAM FERRIS
Includes a CD of original interviews and a DVD of original film

The creative heart of the South

The Storied South features the voices—by turn searching and honest, coy and scathing—of twenty-six of the most luminous artists and thinkers in the American cultural firmament, from Eudora Welty, Pete Seeger, and Alice Walker to William Eggleston, Bobby Rush, and C. Vann Woodward. Masterfully drawn from one-on-one interviews conducted by renowned folklorist William Ferris over the past forty years, the book reveals how storytelling is viscerally tied to southern identity and how the work of these southern or southern-inspired creators has shaped the way Americans think and talk about the South.

The Storied South offers a unique, intimate opportunity to sit at the table with these men and women and learn how they worked and how they perceived their art. The volume also features 45 of Ferris’s striking photographic portraits of the speakers and a CD and a DVD of original audio and films of the interviews.

WILLIAM FERRIS is Joel R. Williamson Eminent Professor of History and senior associate director of the Center for the Study of the American South at the University of North Carolina at Chapel Hill. A former chairman of the National Endowment for the Humanities, Ferris is author of Give My Poor Heart Ease: Voices of the Mississippi Blues, among other books, and coeditor of the award-winning Encyclopedia of Southern Culture.

Published with the assistance of the Fred W. Morrison Fund of the University of North Carolina Press

“What a tremendous work! This wonderful book should grace every southerner’s library, remembering that every southerner is not in the South.”

—Morgan Freeman

“The Storied South is a love song to the South Bill helped illuminate.”

—Pat Conroy

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The Structure of Cuban History
Meanings and Purpose of the Past
LOUIS A. PÉREZ JR.

The past as prologue

In this expansive and contemplative history of Cuba, Louis A. Pérez Jr. argues that the country’s memory of the past served to transform its unfinished nineteenth-century liberation project into a twentieth-century revolutionary metaphysics. The ideal of national sovereignty that was anticipated as the outcome of Spain’s defeat in 1898 was heavily compromised by the U.S. military intervention that immediately followed. To many Cubans it seemed almost as if the new nation had been overtaken by another country’s history. Memory of thwarted independence and aggrievement—of the promise of sovereignty ever receding into the future—contributed to the development in the early republic of a political culture shaped by aspirations to fulfill the nineteenth-century promise of liberation, and it was central to the claim of the revolution of 1959 as the triumph of history. In this capstone book, Pérez discerns in the Cuban past the promise that decisively shaped the character of Cuban nationality.

LOUIS A. PÉREZ JR. is J. Carlyle Sitterson Professor of History at the University of North Carolina at Chapel Hill. A fellow of the American Academy of Arts and Sciences as well as the Academia de la Historia de Cuba, Pérez is author, most recently, of Cuba in the American Imagination: Metaphor and the Imperial Ethos.

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“ I find myself wondering whether the rest of us should henceforth desist from writing about the topic, so stunning is the impact of The Structure of Cuban History.”

—Antoni Kapcia, University of Nottingham

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For more information on books by Louis A. Pérez Jr., scan this code or visit our website.
Visions of Freedom
PIERO GLEIJESES

The Cold War in southern Africa

During the final fifteen years of the Cold War, southern Africa underwent a period of upheaval, with dramatic twists and turns in relations between the superpowers. Americans, Cubans, Soviets, and Africans fought over the future of Angola, where tens of thousands of Cuban soldiers were stationed, and over the decolonization of Namibia, Africa’s last colony. Beyond lay the great prize: South Africa. Piero Gleijeses uses archival sources, particularly from the United States, South Africa, and the closed Cuban archives, to provide an unprecedented international history of this important theater of the late Cold War.

These sources all point to one conclusion: by humiliating the United States and defying the Soviet Union, Fidel Castro changed the course of history in southern Africa. It was Cuba’s victory in Angola in 1988 that forced Pretoria to set Namibia free and helped break the back of apartheid South Africa. In the words of Nelson Mandela, the Cubans “destroyed the myth of the invincibility of the white oppressor . . . [and] inspired the fighting masses of South Africa.”


New Cold War History

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“A deeply satisfying work. Gleijeses organizes a dazzling array of data to explain why events unfolded as they did. No one has done this better.”

—Lars G. Schoultz, University of North Carolina at Chapel Hill

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Seeing Race in Modern America

MATTHEW PRATT GUTERL

What we notice, how we respond

In this fiercely urgent book, Matthew Pratt Guterl focuses on how and why we come to see race in very particular ways. What does it mean to see someone as a color? As racially mixed or ethnically ambiguous? What history makes such things possible? Drawing creatively from advertisements, YouTube videos, and everything in between, Guterl redirects our understanding of racial sight away from the dominant categories of color—away from brown and yellow and black and white—and instead insists that we confront the visual practices that make those same categories seem so irrefutably important.

Zooming out for the bigger picture, Guterl illuminates the long history of the practice of seeing—and believing in—race, and reveals that our troublesome faith in the details discerned by the discriminating glance is widespread and very popular. In so doing, he upends the possibility of a postracial society by revealing how deeply race is embedded in our culture, with implications that are often matters of life and death.

MATTHEW PRATT GUTERL is professor of Africana studies and American studies at Brown University and is author of The Color of Race in America, 1900–1940, American Mediterranean: Southern Slaveholders in the Age of Emancipation, and the coeditor, with James T. Campbell and Robert G. Lee, of Race, Nation, and Empire in American History.

Published with the assistance of the Anniversary Fund of the University of North Carolina Press

“A vividly written, original exploration of the way Americans see race. Readers will never see racial portrayals the same way after reading this smart and insightful book.”

—Joy S. Kasson, University of North Carolina at Chapel Hill
Jim Crow Wisdom
Memory and Identity in Black America since 1940
JONATHAN SCOTT HOLLOWAY

Race memory, forgetting, and communal identity

How do we balance the desire for tales of exceptional accomplishment with the need for painful doses of reality? How hard do we work to remember our past or to forget it? These are some of the questions that Jonathan Scott Holloway addresses in this exploration of race memory from the dawn of the modern civil rights era to the present. Relying on social science, documentary film, dance, popular literature, museums, memoir, and the tourism trade, Holloway explores the stories black Americans have told about their past and why these stories are vital to understanding a modern black identity. In the process, Holloway asks much larger questions about the value of history and facts when memories do violence to both.

Making discoveries about his own past while researching this book, Holloway weaves first-person and family memories into the traditional third-person historian’s perspective. The result is a highly readable, rich, and deeply personal narrative that will be familiar to some, shocking to others, and thought-provoking to everyone.

JONATHAN SCOTT HOLLOWAY is professor of history, African American studies, and American studies at Yale University.

Published with the assistance of a gift from Eric R. Papenfuse and Catherine A. Lawrence

—Imani Perry, Princeton University

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Latin American Street Food
The Best Flavors of Markets, Beaches, and Roadside Stands from Mexico to Argentina
SANDRA A. GUTIERREZ
The vibrant flavors of Latin America—in your own kitchen

From tamales to tacos, food on a stick to ceviches, and empanadas to desserts, Sandra A. Gutierrez’s Latin American Street Food takes cooks on a tasting tour of the most popular and delicious culinary finds of twenty Latin American countries, including Mexico, Cuba, Peru, and Brazil, translating them into 150 easy recipes for the home kitchen. These exciting, delectable, and accessible foods are sure to satisfy everyone.

Sharing fascinating culinary history, fun personal stories, and how-to tips, Gutierrez showcases some of the most recognized and irresistible street foods, such as Mexican Tacos al Pastor, Guatemalan Christmas Tamales, Salvadorian Pupusas, and Cuban Sandwiches. She also presents succulent and unexpected dishes sure to become favorites, such as Costa Rican Tacos Ticos, Brazilian Avocado Ice Cream, and Peruvian Fried Ceviche. Beautifully illustrated, the book includes a list of sources for ingredients.

SANDRA A. GUTIERREZ, who grew up in the United States and Guatemala, is a food writer, culinary instructor, and recipe developer. She is author of The New Southern-Latino Table: Recipes That Bring Together the Bold and Beloved Flavors of Latin America and the American South. She lives in Cary, N.C.

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For more information on books by Sandra A. Gutierrez, scan this code or visit our website.
In this insightful and eclectic history, Adrian Miller delves into the influences, ingredients, and innovations that make up the soul food tradition. Focusing each chapter on the culinary and social history of one dish—such as fried chicken, chitlins, yams, greens, and “red drinks”—Miller uncovers how it got on the soul food plate and what it means for African American culture and identity.

Miller argues that the story is more complex and surprising than commonly thought. Four centuries in the making, and fusing European, Native American, and West African cuisines, soul food—in all its fried, pork-infused, and sugary glory—is but one aspect of the African American culinary heritage. Miller discusses how soul food has become incorporated into American culture and explores its connections to identity politics, bad health raps, and healthier alternatives. This refreshing look at one of America’s most celebrated, mythologized, and maligned cuisines is enriched by spirited sidebars, photographs, and 22 recipes.

ADRIAN MILLER is a writer, attorney, and certified barbecue judge who lives in Denver, Colo. He has served as a special assistant to President Bill Clinton, a senior policy analyst for Colorado Governor Bill Ritter Jr., and a Southern Foodways Alliance board member.
The Southern Tailgating Cookbook
A Game-Day Guide for Lovers of Food, Football, and the South
TAYLOR MATHIS
Win the tailgate!

According to tailgating enthusiast Taylor Mathis, “You’ll understand why a game day in the South is unlike any other” when you read this cookbook. Mathis traveled across twelve states to document the favorite foods and game-day traditions embraced by thousands of fans at colleges and universities throughout the football-crazy South. Featuring 110 vibrant recipes inspired by Mathis’s tailgating tours, The Southern Tailgating Cookbook is chock-full of southern football culture, colorful photographs of irresistible dishes from simple to extravagant, and essential preparation instructions.

Recipes cover a full day of dishes, with meals for every taste. From Chicken–Sweet Potato Kabobs to Zesty Arugula and Kale Salad to Deep-Fried Cookie Dough, there is something for every fan. Mathis also serves up day-before checklists, advice on packing for a tailgate, food safety information, and much more. His entertaining rundowns on unique southern football traditions—from fans’ game-day attire and hand signals to the music of the marching bands—are sure to lift both seasoned and novice tailgaters to greater heights of tailgate pleasure.

TAYLOR MATHIS is a food and lifestyle photographer, a blogger at Taylor Takes a Taste, and a passionate fan of all college athletics. He lives in Charlotte, N.C.

Published with the assistance of the Fred W. Morrison Fund of the University of North Carolina Press

“Mathis is passionate, enthusiastic, and sincere about the art of tailgating in the South. A colorful read—including college football lore and traditions—with recipes carefully selected for the avid (or novice) tailgater.”

— Elizabeth Sims, coauthor of Tupelo Honey Cafe: Spirited Recipes from Asheville's New South Kitchen

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Bourbon
*a SAVOR THE SOUTH® cookbook*

KATHLEEN PURVIS

Imaginative recipes for the American liquor

Did you know that bourbon must be made in America and aged for at least two years in new American oak barrels that are charred on the inside? In this spirited little cookbook, Kathleen Purvis explores the history, mythology, and culinary star power of this quintessential southern liquor. On the scene in Kentucky, home to most bourbon makers, she reports on the science and love behind the liquor’s long, careful production. Featuring both classic and cutting-edge cocktails, the cookbook ranges well beyond beverages to present bourbon as a distinct ingredient in appetizers, entrées, side dishes, and desserts.

From Classic Mint Julep to Bourbon-Ginger Grilled Pork Tenderloin to Pecan Bourbon Balls to Bourbon–Chicken Liver Pâté, the 54 recipes in *Bourbon* are punctuated by Purvis’s wicked sense of humor. Did you know that even the taxman takes a cut from the “angel’s share” that evaporates from bourbon barrels?

KATHLEEN PURVIS is author of *Pecans: A Savor the South Cookbook*. She is food editor of the *Charlotte Observer* and a member of the Southern Foodways Alliance and the James Beard Foundation. She lives in Charlotte, N.C.

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—*Garden & Gun*
The Tuscarora War
Indians, Settlers, and the Fight for the Carolina Colonies

DAVID LA VERE

Carolina burning

At dawn on September 22, 1711, more than 500 Tuscarora, Core, Neuse, Pamlico, Weetock, Machapunga, and Bear River Indian warriors swept down on the unsuspecting European settlers living along the Neuse and Pamlico Rivers of North Carolina. Over the following days, they destroyed hundreds of farms, killed at least 140 men, women, and children, and took about 40 captives. So began the Tuscarora War, North Carolina’s bloodiest colonial war and surely one of its most brutal. In his gripping account, David La Vere examines the war through the lens of key players in the conflict, reveals the events that led to it, and traces its far-reaching consequences.

La Vere details the innovative fortifications produced by the Tuscaroras, chronicles the colony’s new practice of enslaving all captives and selling them out of country, and shows how both sides drew support from forces far outside the colony’s borders. In these ways and others, La Vere concludes, this merciless war pointed a new direction in the development of the future state of North Carolina.

DAVID LA VERE is professor of history at the University of North Carolina at Wilmington and author of Looting Spiro Mounds: An American King Tut’s Tomb, among other books.

“...This masterfully told story breaks new ground in our understanding of European-Indigenous conflict in the British North American colonies. La Vere brings the major participants to life as he explores why the war happened, how it unfolded, and its many consequences.”

—Paul Kelton, University of Kansas
The Workboats of Core Sound
Stories and Photographs of a Changing World
WRITTEN AND PHOTOGRAPHED BY LAWRENCE S. EARLEY

300 years of working the shallow waters

Along the wide waters of eastern North Carolina, the people of many scattered villages separated by creeks, marshes, and rivers depend on shallow-water boats, both for their livelihoods as fishermen and to maintain connections with one another and with the rest of the world. As Lawrence S. Earley discovered, each workboat has stories to tell, of boatbuilders and fishermen, and of family members and past events associated with these boats. The rich history of these hand-built wooden fishing boats, the people who work them, and the communities they serve lies at the heart of Earley’s evocative new book of essays, interviews, and photographs.

In conversations with the region’s fishermen and boatbuilders, the author finds webs of decades-old social history and realizes that workboats are critical in maintaining a community’s memories and its very sense of identity. Including nearly 100 of Earley’s own striking duotones, this richly illustrated book brings to life the world of a fishing culture threatened by local and global forces.

LAWRENCE S. EARLEY is a writer and photographer living in Raleigh, N.C., and is author of Looking for Longleaf: The Fall and Rise of an American Forest.

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The Green and the Gray
The Irish in the Confederate States of America
DAVID T. GLEESON

Irish identity in the American Civil War

Why did many Irish Americans, who did not have a direct connection to slavery, choose to fight for the Confederacy? This perplexing question is at the heart of David T. Gleeson’s sweeping analysis of the Irish in the Confederate States of America. Taking a broad view of the subject, Gleeson considers the role of Irish southerners in the debates over secession and the formation of the Confederacy, their experiences as soldiers, the effects of Confederate defeat for them and their emerging ethnic identity, and their role in the rise of Lost Cause ideology.

Focusing on the experience of Irish southerners in the years leading up to and following the Civil War, as well as on the Irish in the Confederate army and on the southern home front, Gleeson argues that the conflict and its aftermath were crucial to the integration of Irish Americans into the South. Throughout the book, Gleeson draws comparisons to the Irish on the Union side and to southern natives, expanding his analysis to engage the growing literature on Irish and American identity in the nineteenth-century United States.

DAVID T. GLEESON is reader in American history at Northumbria University in Newcastle upon Tyne, England.

Civil War America

Published with the assistance of the Fred W. Morrison Fund of the University of North Carolina Press

“"No one knows more about this subject than Gleeson. His intelligent, complex, and persuasively-argued book answers central questions about the Irish in the Confederacy."
—Lawrence Kohl, University of Alabama

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At the time of his death, Ulysses S. Grant was the most famous person in America, considered by most citizens to be equal in stature to George Washington and Abraham Lincoln. Yet today his monuments are rarely visited, his military reputation is overshadowed by that of Robert E. Lee, and his presidency is permanently mired at the bottom of historical rankings. In *U. S. Grant*, Joan Waugh investigates Grant’s place in public memory and the reasons behind the rise and fall of his renown, while simultaneously underscoring the fluctuating memory of the Civil War itself.

**Joan Waugh** is professor of history at the University of California at Los Angeles. She is author or coeditor of three books, including *Wars within a War: Controversy and Conflict over the American Civil War*.

“Exceptionally thoughtful and valuable. . . . [Written in] clear prose that is readily accessible to the serious general reader. . . . [A] fine study.”
—Jonathan Yardley, *Washington Post*

**Civil War America**

**August 2013**
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384 pp., 6¼ x 9¼, 69 illus., 3 maps, notes, bibl., index

Background image: *Grant and His Generals* by Ole Peter Hansen Balling (1865). Courtesy of National Portrait Gallery

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On March 15, 1781, the armies of Nathanael Greene and Lord Charles Cornwallis fought one of the bloodiest and most intense engagements of the American Revolution at Guilford Courthouse in piedmont North Carolina. In *Long, Obstinate, and Bloody*, the first book-length examination of the Guilford Courthouse engagement, Lawrence E. Babits and Joshua B. Howard piece together what really happened on the wooded plateau in what is today Greensboro, North Carolina, and identify where individuals stood on the battlefield, when they were there, and what they could have seen, thus producing a new bottom-up story of the engagement.

**Lawrence E. Babits** is professor emeritus of history at East Carolina University. **Joshua B. Howard** is an independent scholar.

“A welcome and much-needed addition to the body of Revolutionary War military history. . . . [It] will be the foundation upon which all future research into this engagement is based.”
—*Journal of Military History*

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320 pp., 6¼ x 9¼, 16 illus., 9 maps, append., notes, bibl., index
Crafting Lives
African American Artisans in New Bern, North Carolina, 1770–1900
CATHARINE W. BISHIR

An unprecedented community biography

From the colonial period onward, black artisans in southern cities—thousands of free and enslaved carpenters, cooperers, dressmakers, blacksmiths, saddlers, shoemakers, bricklayers, shipwrights, cabinetmakers, tailors, and others—played vital roles in their communities. Yet only a very few black craftspeople have gained popular and scholarly attention. Catherine W. Bishir remedies this oversight by offering an in-depth portrayal of urban African American artisans in the small but important port city of New Bern. In so doing, she highlights the community’s often unrecognized importance in the history of nineteenth-century black life.

Drawing upon myriad sources, Bishir brings to life men and women who employed their trade skills, sense of purpose, and community relationships to work for liberty and self-sufficiency, to establish and protect their families, and to assume leadership in churches and associations and in New Bern’s dynamic political life during and after the Civil War. Focusing on their words and actions, Crafting Lives provides a new understanding of urban southern black artisans’ unique place in the larger picture of American artisan identity.

In Bishir’s able hands, these urban artisans of color emerge as complex and fascinating people who led communities, brought about change, and paved the way for future African American triumphs and challenges.

—John David Smith, Charles H. Stone Distinguished Professor of American History, University of North Carolina, Charlotte
Born in an explosive boom and built through distinct economic networks, San Francisco has a cosmopolitan character that often masks the challenges migrants faced to create community in the city by the bay. Latin American migrants have been part of the city's story since its beginning. Charting the development of a hybrid Latino identity forged through struggle—_latinidad_—from the Gold Rush through the civil rights era, Tomás F. Summers Sandoval Jr. chronicles the rise of San Francisco's diverse community of Latin American migrants.

This _latinidad_, Summers Sandoval shows, was formed and made visible on college campuses and in churches, neighborhoods, movements for change, youth groups, protests, the Spanish-language press, and business districts. Using diverse archival sources, Summers Sandoval gives readers a panoramic perspective on the transformation of a multinational, multigenerational population into a visible, cohesive, and diverse community that today is a major force for social and political activism and cultural production in California and beyond.

**TOMÁS F. SUMMERS SANDOVAL JR.** is associate professor of Chicana/o-Latina/o studies and history at Pomona College.

*Published with the assistance of the Anniversary Fund of the University of North Carolina Press*

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Freedom’s Frontier

California and the Struggle over Unfree Labor, Emancipation, and Reconstruction

**STACEY L. SMITH**

Slavery on free soil

Most histories of the Civil War era portray the struggle over slavery as a conflict that exclusively pitted North against South, free labor against slave labor, and black against white. In *Freedom’s Frontier*, Stacey L. Smith examines the battle over slavery as it unfolded on the multiracial Pacific Coast. Despite its antislavery constitution, California was home to a dizzying array of bound and semibound labor systems: African American slavery, American Indian indenture, Latino and Chinese contract labor, and a brutal sex traffic in bound Indian and Chinese women. Using untapped legislative and court records, Smith reconstructs the lives of California's unfree workers and documents the political and legal struggles over their destiny as the nation moved through the Civil War, emancipation, and Reconstruction.

Smith reveals that the state's anti-Chinese movement, forged in its struggle over unfree labor, reached eastward to transform federal Reconstruction policy and national race relations for decades to come. Throughout, she illuminates the startling ways in which the contest over slavery's fate included a western struggle that encompassed diverse labor systems and workers not easily classified as free or slave, black or white.

**STACEY L. SMITH** is assistant professor of history at Oregon State University.

*August 2013*

978-1-4696-0768-9 $39.95s Cloth  
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Approx. 344 pp., 6¼ x 9¾, 12 illus., 4 tables, append., notes, bibl., index
Shabana Mir’s powerful ethnographic study of women on Washington, D.C., college campuses reveals that being a young female Muslim in post-9/11 America means experiencing double scrutiny—scrutiny from the Muslim community as well as from the dominant non-Muslim community. Muslim American Women on Campus illuminates the processes by which a group of ethnically diverse American college women, all identifying as Muslim and all raised in the United States, construct their identities during one of the most formative times in their lives.

Mir, an anthropologist of education, focuses on key leisure practices—drinking, dating, and fashion—to probe how Muslim American students adapt to campus life and build social networks that are seamlessly American, Muslim, and youthful. In this lively and highly accessible book, we hear the women’s own often poignant voices as they articulate how they find spaces within campus culture as well as their Muslim student communities to grow and assert themselves as individuals, women, and Americans. Mir concludes, however, that institutions of higher learning continue to have much to learn about fostering religious diversity on campus.

Shabana Mir is assistant professor of global studies and anthropology at Millikin University.

Published with the assistance of the Greensboro Women’s Fund of the University of North Carolina Press

January 2014
978-1-4696-1078-8 $28.00s Cloth
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Approx. 336 pp., 6½ x 9¼, 25 illus., 1 map, notes, index

Sister Thorn and Catholic Mysticism in Modern America

Paula M. Kane

The enigma of an American stigmatic

One day in 1917, while cooking dinner at home in Manhattan, Margaret Reilly (1884–1937) felt a sharp pain over her heart and claimed to see a crucifix emerging in blood on her skin. Four years later, Reilly entered the convent of the Sisters of the Good Shepherd in Peekskill, New York, where, known as Sister Mary of the Crown of Thorns, she spent most of her life gravely ill and possibly exhibiting Christ’s wounds. In this portrait of Sister Thorn, Paula M. Kane scrutinizes the responses to this American stigmatic’s experiences and illustrates the surprising presence of mystical phenomena in twentieth-century American Catholicism.

Drawing on accounts by clerical authorities, ordinary Catholics, doctors, and journalists—as well as on medicine, anthropology, and gender studies—Kane explores American Catholic mysticism, setting it in the context of life after World War I and showing the war’s impact on American Christianity. Sister Thorn’s life, she reveals, marks the beginning of a transition among Catholics from a devotional, Old World piety to a newly confident role in American society.

Paula M. Kane is associate professor and John and Lucine O’Brien Marous Chair of Catholic Studies at the University of Pittsburgh and author of Separatism and Subculture: Boston Catholicism, 1900–1920.

November 2013
978-1-4696-0760-3 $39.95s Cloth
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Approx. 336 pp., 6½ x 9¼, 25 illus., 1 map, notes, index
From Brown to Meredith
TRACY E. K’MEYER

A community oral history of pro-integration activism

When the Supreme Court overturned Louisville’s local desegregation plan in 2007, the people of Jefferson County, Kentucky, faced the question of whether and how to maintain racial diversity in their schools. This debate came at a time when scholars, pundits, and much of the public had declared school integration a failed experiment rightfully abandoned. Using oral history narratives, newspaper accounts, and other documents, Tracy E. K’Meyer exposes the disappointments of desegregation, draws attention to those who struggled for over five decades to bring about equality and diversity, and highlights the many benefits of school integration.

K’Meyer chronicles the local response to Brown v. Board of Education in 1956 and describes the start of countywide busing in 1975 as well as the crisis sparked by violent opposition to it. She reveals the forgotten story of the defense of integration and busing reforms in the 1980s and 1990s, culminating in the response to the 2007 Supreme Court decision known as Meredith. This long and multifaceted struggle for school desegregation, K’Meyer shows, informs the ongoing movement for social justice in Louisville and beyond.

TRACY E. K’MEYER is professor of history and codirector of the Oral History Center at the University of Louisville.

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Approx. 240 pp., 6⅛ x 9⅜, 14 illus., 1 map, append., notes, bibl., index

What’s Wrong with the Poor?
Psychiatry, Race, and the War on Poverty
MICAL RAZ

Cultural deprivation theory and its troubling legacy

In the 1960s, policymakers and mental health experts joined forces to participate in President Lyndon Johnson’s War on Poverty. In her insightful interdisciplinary history, physician and historian Mical Raz examines the interplay between psychiatric theory and social policy throughout that decade, ending with President Richard Nixon’s 1971 veto of a bill that would have provided universal day care. She shows that this cooperation between mental health professionals and policymakers was based on an understanding of what poor men, women, and children lacked. This perception was rooted in psychiatric theories of deprivation focused on two overlapping sections of American society: the poor had less, and African Americans, disproportionately represented among America’s poor, were seen as having practically nothing.

Raz analyzes the political and cultural context that led child mental health experts, educators, and policymakers to embrace this deprivation-based theory and its translation into liberal social policy. Deprivation theory, she shows, continues to haunt social policy today, profoundly shaping how both health professionals and educators view children from low-income and culturally and linguistically diverse homes.

MICAL RAZ, M.D. PH.D., is a physician and historian of medicine. She is author of The Lobotomy Letters: The Making of American Psychosurgery.

Studies in Social Medicine

November 2013
978-1-4696-0887-7 $39.95s Cloth
978-1-4696-0888-4 $39.95 @BOOK
Approx. 272 pp., 6⅛ x 9⅜, 10 illus., notes, index
In the late sixteenth century, the English started expanding westward, establishing control over parts of neighboring Ireland as well as exploring and later colonizing distant North America. Audrey Horning deftly examines the relationship between British colonization efforts in both locales, depicting their close interconnection as fields for colonial experimentation.

Focusing on the Ulster Plantation in the north of Ireland and the Jamestown settlement in the Chesapeake, she challenges the notion that Ireland merely served as a testing ground for British expansion into North America. Horning instead analyzes the people, financial networks, and information that circulated through and connected English plantations on either side of the Atlantic.

In addition, Horning explores English colonialism from the perspective of the Gaelic Irish and Algonquian societies and traces the political and material impact of contact. The focus on the material culture of both locales yields a textured specificity to the complex relationships between natives and newcomers while exposing the lack of a determining vision or organization in early English colonial projects.

Audrey Horning is professor of archaeology and director of research for Past Cultural Change at Queen’s University Belfast. This is her fifth book.

Published for the Omohundro Institute of Early American History and Culture, Williamsburg, Virginia

December 2013
978-1-4696-1072-6 $49.95s Cloth
Approx. 496 pp., 6⅞ x 9¼, 31 illus., 7 maps, notes, index

Freedom’s Debt
The Royal African Company and the Politics of the Atlantic Slave Trade, 1672–1752
WILLIAM A. PETTIGREW
Britons’ natural-born right to trade in enslaved Africans

In the years following the Glorious Revolution, independent slave traders challenged the charter of the Royal African Company by asserting their natural rights as Britons to trade freely in enslaved Africans. In this comprehensive history of the rise and fall of the RAC, William A. Pettigrew grounds the transatlantic slave trade in politics, not economic forces, analyzing the ideological arguments of the RAC and its opponents in Parliament and in public debate. Ultimately, Pettigrew powerfully reasons that freedom became the rallying cry for those who wished to participate in the slave trade and therefore bolstered the expansion of the largest intercontinental forced migration in history.

Unlike previous histories of the RAC, Pettigrew’s study pursues the Company’s story beyond the trade’s complete deregulation in 1712 to its demise in 1752. Opening the trade led to its escalation, which provided a reliable supply of enslaved Africans to the mainland American colonies, thus playing a critical part in entrenching African slavery as the colonies’ preferred solution to the American problem of labor supply.

William A. Pettigrew is lecturer in history at the University of Kent.

Published for the Omohundro Institute of Early American History and Culture, Williamsburg, Virginia

December 2013
978-1-4696-1181-5 $45.00s Cloth
Approx 336 pp., 6⅞ x 9¼, 3 illus., 3 figs., 4 tables, appends., notes, index
Columbia Rising
Civil Life on the Upper Hudson from the Revolution to the Age of Jackson

JOHN L. BROOKE

Best Book Award, Society for Historians of the Early American Republic
Dixon Ryan Fox Manuscript Prize, New York State Historical Association
Choice Outstanding Academic Title

Revolutionizes our understanding of civil society in the early American Republic

In Columbia Rising, Bancroft Prize–winning historian John L. Brooke explores the struggle within the young American nation over the extension of social and political rights after the Revolution. By closely examining the formation and interplay of political structures and civil institutions in the upper Hudson Valley, Brooke traces the debates over who should fall within and outside of the legally protected category of citizen. The story of Martin Van Buren threads the narrative, since his views profoundly influenced American understandings of consent and civil society and led to the birth of the American party system. Brooke’s analysis of the revolutionary settlement as a dynamic and unstable compromise over the balance of power offers a window onto a local struggle that mirrored the nationwide effort to define American citizenship.

JOHN L. BROOKE is Humanities Distinguished Professor of History at the Ohio State University. He has won the Bancroft Prize for The Refiner’s Fire: The Making of Mormon Cosmology, 1644–1844.

“Pathbreaking.” — Journal of American History

Domingos Álvares, African Healing, and the Intellectual History of the Atlantic World

JAMES H. SWEET

Frederick Douglass Book Prize, Gilder Lehrman Center for the Study of Slavery, Resistance, and Abolition
James A. Rawley Prize in Atlantic History, American Historical Association
Choice Outstanding Academic Title

The politics of public healing in the eighteenth-century Atlantic world

Between 1730 and 1750, powerful healer and vodun priest Domingos Álvares traversed the colonial Atlantic world like few Africans of his time—from Africa to South America to Europe—addressing the profound alienation of warfare, capitalism, and the African slave trade through the language of health and healing. In Domingos Álvares, African Healing, and the Intellectual History of the Atlantic World, James H. Sweet finds dramatic means for unfolding a history of the eighteenth-century Atlantic world in which healing, religion, kinship, and political subversion were intimately connected.


“Laudable and exemplary. . . . This richly detailed account will be considered among the best of a generation of Black Atlantic histories.” — International Journal of African Historical Studies

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Domingos Álvares, African Healing, and the Intellectual History of the Atlantic World

JAMES H. SWEET

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320 pp., 6¼ x 9¼, 17 illus., 5 maps, 4 tables, notes, index
Tar Heel History on Foot
Great Walks through 400 Years of North Carolina’s Fascinating Past
LYNN SETZER

Day-tripping through our state’s vibrant history

This lively collection of 34 of the best history walks in North Carolina highlights the richness and diversity of the state’s history, from the time of its first settlement to the present. Veteran guidebook author Lynn Setzer leads readers on short walks in state parks and natural areas, state historic sites, charming small towns from the mountains to the sea, and the state’s largest cities. Along the way, she brings to life some of our state’s most momentous events, most accomplished and notorious characters, and most famous firsts.

These walks are varied, pleasant, and accessible to almost every reader, including older day-trippers and families with young children. Some walks include add-ons, should readers wish to make a longer day of it. Organized by theme and location, the walks are accompanied by maps and photographs, as well as information on each walk’s length and difficulty. A list of sources directs readers to additional information so that they can continue a deeper exploration of North Carolina history.

LYNN SETZER is a freelance writer and amateur historian who loves to walk and experience the rich history of her state. She lives in Winston-Salem, N.C.

Southern Gateways Guides

“An invaluable resource for those who enjoy sightseeing at a walker’s pace and who want to know the stories behind the signs and markers they encounter.”

—Vicky Jarrett, former editor-in-chief, Our State
The Making of a Southern Democracy
North Carolina Politics from Kerr Scott to Pat McCrory
TOM EAMON

From progressive plutocracy to modern democracy

The story of modern politics in North Carolina is very much one of American democracy, with all its grand ambitions, limitations, and pitfalls. So argues Tom Eamon in his probing narrative of the state’s political path since the 1940s. He charts the state’s political transformation into a modern democratic society to show that this change was more than an evolution—it was a revolution, one that largely came about through political means, driven by strong movements and individuals working for change.

By tracking the turbulence of politics throughout the period, from racial tensions to student demonstrations to fierce rivalries in the higher education arena, Eamon explores how conflict helped build a better society even as the state continued to lag in many areas. This rich account opens to readers the unforgettable people and hard-fought elections that have shaped North Carolina’s competitive personality and have led to the state’s emergence as a major player in twenty-first-century American politics.

TOM EAMON is professor of political science at East Carolina University. He has won numerous teaching awards and written extensively on American politics. Eamon provides political and election commentary for WUNC radio as well as for other outlets.

January 2014
978-1-4696-0697-2 $39.95 Cloth
978-1-4696-0698-9 $39.95 BOOK
Approx. 480 pp., 6¼ x 9½, 8 illus., 14 maps, 12 tables, notes, index

The African American Music Trails of Eastern North Carolina
BEVERLY PATTERSON AND SARAH BRYAN
WITH MICHELLE LANIER
AND TITUS BROOKS HEAGINS
Photographs by Titus Brooks Heagins and Cedric N. Chatterley
Includes a CD with 17 music tracks

Discover the region’s vibrant music traditions

Thelonious Monk, Billy Taylor, and Maceo Parker—famous jazz artists who have shared the unique sounds of North Carolina with the world—are but a few of the dynamic African American artists from eastern North Carolina featured in this book. This first-of-its-kind travel guide will take you on a fascinating journey to music venues, events, and museums that illuminate the lives of the musicians and reveal the deep ties between music and community. Interviews with more than 90 artists open doors to a world of music, especially jazz, rhythm and blues, funk, gospel and church music, blues, rap, marching band music, and beach music. New and historical photographs enliven the narrative, and maps and travel information help you plan your trip.

BEVERLY PATTERSON is author of Sound of the Dove: Singing in Appalachian Primitive Baptist Churches. Folklorist SARAH BRYAN is editor of the Old-Time Herald, a magazine highlighting string band music. MICHELLE LANIER directs the North Carolina African American Heritage Commission and African American Heritage Development & Cultural Tourism programs at the North Carolina Arts Council. TITUS BROOKS HEAGINS is a documentary and fine art photographer whose work is included in the collections of numerous museums.

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Approx. 240 pp., 6¼ x 9½, 100 color and 20 b&w illus., 6 maps, index
Nature’s Civil War
Common Soldiers and the Environment in 1862 Virginia

KATHRYN SHIVELEY MEIER

Edward M. Coffman Prize, Society for Military History

Battling the elements to protect mental and physical health

In the Shenandoah Valley and Peninsula Campaigns of 1862, Union and Confederate soldiers faced unfamiliar and harsh environmental conditions—strange terrain, tainted water, swarms of flies and mosquitoes, interminable rain and snow storms, and oppressive heat—which contributed to escalating disease and diminished morale. Using soldiers’ letters, diaries, and memoirs, plus a wealth of additional personal accounts, medical sources, newspapers, and government documents, Kathryn Shively Meier reveals how these soldiers strove to maintain their physical and mental health by combating their deadliest enemy—nature.

Meier explores how soldiers forged informal networks of health care based on prewar civilian experience and adopted a universal set of self-care habits, including boiling water, altering camp terrain, eradicating insects, supplementing their diets with fruits and vegetables, constructing protective shelters, and most controversially, straggling. In order to improve their health, soldiers periodically had to adjust their ideas of manliness, class values, and race to the circumstances at hand. While self-care often proved superior to relying upon the inchoate military medical infrastructure, commanders chastised soldiers for testing army discipline, ultimately redrawing the boundaries of informal health care.

KATHRYN SHIVELEY MEIER is assistant professor of history at Virginia Commonwealth University.

Civil War America

Published with the assistance of the Fred W. Morrison Fund of the University of North Carolina Press

“A powerful and imaginative argument about the practical strategies of soldier agency that will invigorate scholarly and popular conversation about how Civil War soldiers survived the physical and psychological trauma of military service.”

—Peter Carmichael, Fluhrer Professor of History, Gettysburg College

November 2013
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Approx. 256 pp., 6⅞ x 9¾, 4 illus., 2 maps, 4 graphs, 2 tables, notes, bibl., index

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Co-op Available
Washington Brotherhood
Politics, Social Life, and the Coming of the Civil War

RACHEL A. SHELDEN

The capital’s highly sociable fraternity of lawmakers

Traditional portrayals of politicians in antebellum Washington, D.C., describe a violent and divisive society, full of angry debates and violent duels, a microcosm of the building animosity throughout the country. Yet, in Washington Brotherhood, Rachel Shelden paints a more nuanced portrait of Washington as a less fractious city with a vibrant social and cultural life. Politicians from different parties and sections of the country interacted in a variety of day-to-day activities outside traditional political spaces and came to know one another on a personal level. Shelden shows that this engagement by figures such as Stephen Douglas, John Crittenden, Abraham Lincoln, and Alexander Stephens had important consequences for how lawmakers dealt with the sectional disputes that bedeviled the country during the 1840s and 1850s—particularly disputes involving slavery in the territories.

Shelden uses primary documents—from housing records to personal diaries—to reveal the ways in which this political sociability influenced how laws were made in the antebellum era. Ultimately, this Washington “bubble” explains why so many of these men were unprepared for secession and war when the winter of 1860–61 arrived.

RACHEL SHELDEN is assistant professor of history at Georgia College and State University.

Civil War America

Published with the assistance of the Thornton H. Brooks Fund of the University of North Carolina Press

“Shelden pulls back the façade of sectionalist pistol-wielding and Bowie knife-brandishing to reveal the surprising brotherhood that existed within the antebellum Washington community.”

—Mark Neely, McCabe-Greer Professor of Civil War History, Pennsylvania State University
Making Freedom
The Underground Railroad and the Politics of Slavery
R. J. M. BLACKETT
The work of self-emancipation

The 1850 Fugitive Slave Law, which mandated action to aid in the recovery of runaway slaves and denied fugitives legal rights if they were apprehended, quickly became a focal point in the debate over the future of slavery and the nature of the union. In Making Freedom, R. J. M. Blackett uses the experiences of escaped slaves and those who aided them to explore the inner workings of the Underground Railroad and the enforcement of the Fugitive Slave Law, while shedding light on the political effects of slave escape in southern states, border states, and the North.

Blackett highlights the lives of those who escaped, the impact of the fugitive slave cases, and the extent to which slaves planning to escape were aided by free blacks, fellow slaves, and outsiders who went south to entice them to escape. Using these stories of particular individuals, moments, and communities, Blackett shows how slave flight shaped national politics as the South witnessed slavery beginning to collapse and the North experienced a threat to its freedom.

R. J. M. BLACKETT is Andrew Jackson Professor of History at Vanderbilt University and author of Divided Hearts: Britain and the American Civil War, among other books.

The Steven and Janice Brose Lectures in the Civil War Era
September 2013
978-1-4696-0877-8 $27.95s Cloth
978-1-4696-0878-5 $27.95 @BOOK
Approx. 144 pp., 5½ x 8½, notes, index

Confederate Slave Impressionment in the Upper South
JAIME AMANDA MARTINEZ
Challenging long-held notions about a troubling program

Under policies instituted by the Confederacy, white Virginians and North Carolinians surrendered control over portions of their slave populations to state authorities, military officials, and the national government to defend their new nation. State and local officials cooperated with the Confederate War Department and Engineer Bureau, as well as individual generals, to ensure a supply of slave labor on fortifications. Using the implementation of this policy in the Upper South as a window into the workings of the Confederacy, Jaime Amanda Martinez provides a social and political history of slave impressment. She challenges the assumption that the conduct of the program, and the resistance it engendered, was an indication of weakness and highlights instead how the strong governments of the states contributed to the war effort.

According to Martinez, slave impressment, which mirrored Confederate governance as a whole, became increasingly centralized, demonstrating the efficacy of federalism within the CSA. She argues that the ability of local, state, and national governments to cooperate and enforce unpopular impressment laws indicates the overall strength of the Confederate government as it struggled to enforce its independence.

JAIME AMANDA MARTINEZ is assistant professor of history at the University of North Carolina at Pembroke.

Civil War America
November 2013
978-1-4696-1074-0 $39.95s Cloth
978-1-4696-1075-7 $39.95 @BOOK
Approx. 256 pp., 6½ x 9¾, 1 drawing, 4 maps, 17 tables, append., notes, bibl., index
Freedom: A Documentary History of Emancipation, 1861–1867
Series 3, Volume 2: Land and Labor, 1866–1867
EDITED BY RENÉ HAYDEN, ANTHONY E. KAYE, KATE MASUR, STEVEN F. MILLER, SUSAN E. O’DONOVAN, LESLIE S. ROWLAND, AND STEPHEN A. WEST

From slavery to free labor, in the words of the participants

Land and Labor, 1866–1867 examines the remaking of the South’s labor system in the tumultuous aftermath of emancipation. Using documents selected from the National Archives, this volume of Freedom depicts the struggle of unenfranchised and impoverished ex-slaves to control their own labor, establish their families as viable economic units, and secure independent possession of land. Among the topics addressed are the dispossession of settlers in the Sherman reserve, the reordering of labor on plantation and farm, nonagricultural labor, new relations of credit and debt, long-distance labor migration, and the efforts of former slaves to rent, purchase, and homestead land. The documents—many of them in the freedpeople’s own words—speak eloquently for themselves, while the editors’ interpretive essays provide context and illuminate major themes.

RENÉ HAYDEN is an independent scholar in Washington, D.C. ANTHONY E. KAYE is associate professor of history at Pennsylvania State University. KATE MASUR is associate professor of history and African American studies at Northwestern University. STEVEN F. MILLER is coeditor of the Freedmen and Southern Society Project at the University of Maryland. SUSAN E. O’DONOVAN is associate professor of history at the University of Memphis. LESLIE S. ROWLAND is associate professor of history at the University of Maryland and director of the Freedmen and Southern Society Project. STEPHEN A. WEST is associate professor of history at the Catholic University of America.

August 2013
978-1-4696-0742-9 $99.95x Cloth
Approx. 1096 pp., 6½ x 9¼, 13 illus., notes, index

NEW IN PAPERBACK
Examining Tuskegee
The Infamous Syphilis Study and Its Legacy
SUSAN M. REVERBY

The forty-year Tuskegee Syphilis Study, which took place in and around Tuskegee, Alabama, from the 1930s through the 1970s, has become a profound metaphor for medical racism, government malfeasance, and physician arrogance. Susan M. Reverby’s Examining Tuskegee is a comprehensive analysis of the notorious study of untreated syphilis among African American men, who were told by U.S. Public Health Service doctors that they were being treated, not just watched, for their late-stage syphilis. With rigorous clarity, Reverby investigates the study and its aftermath from multiple perspectives and illuminates the reasons for its continued power and resonance in our collective memory.

SUSAN M. REVERBY is Marion Butler McLean Professor in the History of Ideas and Professor of Women’s Studies at Wellesley College. She is editor of Tuskegee’s Truths: Rethinking the Tuskegee Syphilis Study.

“Tuskegee’s Truths: Rethinking the Tuskegee Syphilis Study"

The John Hope Franklin Series in African American History and Culture

“A stunning contribution to our understanding of an important and tragic chapter of our history.”
—James H. Jones, author of Bad Blood: The Tuskegee Syphilis Experiment

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416 pp., 6½ x 9¼, 22 illus., 4 figs., 5 tables, notes, bibli., index
W. E. B. Du Bois and The Souls of Black Folk
STEPHANIE J. SHAW

A new understanding of a modern masterwork

In this book, Stephanie J. Shaw brings a new understanding to one of the great documents of American and black history. While most scholarly discussions of The Souls of Black Folk focus on the veils, the color line, double consciousness, or Booker T. Washington, Shaw reads Du Bois’ book as a profoundly nuanced interpretation of the souls of black Americans at the turn of the twentieth century.

Demonstrating the importance of the work as a sociohistorical study of black life in America through the turn of the twentieth century and offering new ways of thinking about many of the topics introduced in Souls, Shaw charts Du Bois’ successful appropriation of Hegelian idealism in order to add America, the nineteenth century, and black people to the historical narrative in Hegel’s philosophy of history. Shaw adopts Du Bois’ point of view to delve into the social, cultural, political, and intellectual milieus that helped to create The Souls of Black Folk.

STEPHANIE J. SHAW is professor of history at the Ohio State University and author of What a Woman Ought to Be and to Do: Black Professional Women Workers during the Jim Crow Era.

The John Hope Franklin Series in African American History and Culture

Published with the assistance of the John Hope Franklin Fund of the University of North Carolina Press

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Approx. 304 pp., 6¼ x 9¼, notes, index

Greater than Equal
African American Struggles for Schools and Citizenship in North Carolina, 1919–1965
SARAH CAROLINE THUESEN

School equalization and black liberation

During the half century preceding widespread school integration, black North Carolinians engaged in a dramatic struggle for equal educational opportunity as segregated schooling flourished. Sarah Caroline Thuesen gives voice to students, parents, teachers, school officials, and civic leaders to reconstruct this high-stakes drama. She explores how African Americans pressed for equality in curricula, higher education, teacher salaries, and school facilities; how white officials co-opted equalization as a means of forestalling integration; and, finally, how black activism for equality evolved into a fight for something “greater than equal”—integrated schools that served as models of civic inclusion.

These battles persisted into the Brown era, mobilized black communities, narrowed material disparities, fostered black school pride, and profoundly shaped the eventual movement for desegregation. Thuesen emphasizes that the remarkable achievements of this activism should not obscure the limitations of a fight for equality in a segregated society. In fact, these unresolved struggles serve as an urgent reminder of the inextricable connections between educational equality, racial diversity, and the achievement of first-class citizenship.

SARAH THUESEN teaches history at Guilford College in Greensboro, N.C.

Published with the assistance of the Thornton H. Brooks Fund of the University of North Carolina Press

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978-0-8078-3930-0 $45.00s Cloth
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Approx. 384 pp., 6¼ x 9¼, 31 illus., 1 map, 10 tables, notes, bibl., index
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Real NASCAR
White Lightning, Red Clay, and Big Bill France

DANIEL S. PIERCE

Special Recognition, Thomas Wolfe Memorial Literary Award, Western North Carolina Historical Association

An unauthorized account of the history of southern stock car racing

In this history of the stock car racing circuit known as NASCAR, Daniel S. Pierce offers a revealing new look at the sport from its post-war beginnings on Daytona Beach and Piedmont dirt tracks through the early 1970s, when the sport spread beyond its southern roots and gained national recognition. Real NASCAR not only confirms the popular notion of NASCAR’s origins in bootlegging, but also establishes beyond a doubt the close ties between organized racing and the illegal liquor industry, a story that readers will find both fascinating and controversial.

DANIEL S. PIERCE is professor of history at the University of North Carolina at Asheville. He is author of The Great Smokies: From Natural Habitat to National Park.

“This is NASCAR 101 told in a colorful way that you can’t put down.”
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“If you’re a Southerner, by birth or by inclination, and love Southern foodways, folkways, highways, and lowways, you’ll lap up Daniel S. Pierce’s Real NASCAR.”
—Our State

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360 pp., 6 ⅞ x 9 ⅝, 30 illus., notes, bibli., index

Crafting a Continuum
Rethinking Contemporary Craft

EDITED BY PETER HELD AND HEATHER SEALY LINEBERRY

Foreword by Gordon Knox

Idea and action

The Arizona State University Art Museum is renowned for its extensive and notable craft collection and features international acquisitions in wood, ceramic, and fiber. This book, edited by the museum’s curators, uses the ASU collection to explore the idea of craft within a critical context, as both idea and action. Crafting a Continuum begins with the genesis of the craft collection and relates it to the historical development of craft in the United States and abroad, exploring both anthropological and cultural concepts of the field.

Peter Held and Heather Sealy Lineberry present photographs of the museum’s objects alongside essays by distinguished scholars to illuminate historical and contemporary trends. Sidebars and essays by writers in the craft field offer a broad overview of the future of contemporary craft.

PETER HELD is curator of ceramics at the Ceramics Research Center, part of the Arizona State University Art Museum. He received the Ceramic Lifetime Achievement Award from the Friends of Contemporary Ceramics in 2007. HEATHER SEALY LINEBERRY is senior curator and associate director at the Arizona State University Art Museum and has a twenty-year history of curating contemporary art and craft exhibitions, including works in wood and fiber.

October 2013
978-1-4696-1280-5 $45.00 @ BOOK
978-1-4696-1281-2 $45.00 @ BOOK
Approx. 160 pp., 8⅝ x 11, 116 color and 66 b&w illus., append, bibli., index

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CRAFT
Modern Food, Moral Food
HELEN ZOE VEIT

Reason over taste

Sparked by a revolution in nutrition science, American eating changed dramatically in the first two decades of the twentieth century. Food production became more industrialized and distribution networks grew, nutrition science became established and home economics began to be taught, reformers worked to Americanize immigrant diets and get better food to the poor, refrigeration became more common, and food prices rose. Zoe Helen Veit explores all these factors and more to chronicle a twentieth-century diet revolution, when reformers battled against wasteful and unhealthy eating habits and encouraged Americans to use self-discipline and reason, rather than taste or tradition, in choosing foods they ate.

In addition to offering a history of food science, Veit weaves in cultural approaches to gender, race, and transnational history to argue that though this movement culminated in the World War I food aid program, it forever changed America’s attitude toward food. The emphasis on efficiency, science, and especially self-control left a profound mark on American eating, one that remains in the farming trends, sustainable food movements, marketing efforts, and science-based gurus of today.

HELEN ZOE VEIT is assistant professor of history at Michigan State University.

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978-1-4696-0771-9 $39.95 BOOK
320 pp., 6 1/8 x 9 1/4, 10 illus., notes, bibl., index

The Vegetarian Crusade
The Rise of an American Reform Movement, 1817–1921
ADAM D. SHPRINTZEN

The virtues of vegetables

Vegetarianism has been practiced in the United States since the country’s founding, yet the early years of the movement have been woefully misunderstood and understudied. Through the Civil War, the vegetarian movement focused on social and political reform, but by the late nineteenth century, the movement became a path for personal strength and success in a newly individualistic, consumption-driven economy. This development led to greater expansion and acceptance of vegetarianism in mainstream society. So argues Adam D. Shprintzen in his lively history of early American vegetarianism and social reform. From Bible Christians to Grahamites, the American Vegetarian Society to the Battle Creek Sanitarium, Shprintzen explores the diverse proponents of reform-motivated vegetarianism and explains how each of these groups used diet as a response to changing social and political conditions.

By examining the advocates of vegetarianism, including institutions, organizations, activists, and publications, Shprintzen explores how an idea grew into a nationwide community united not only by diet but also by broader goals of social reform.


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978-1-4696-0892-1 $39.95 BOOK
Approx. 336 pp., 6 1/8 x 9 1/4, 15 illus., notes, bibl., index
The Trials of Laura Fair
Sex, Murder, and Insanity in the Victorian West
CAROLE HABER

The true crime story that redefined the West

On November 3, 1870, on a San Francisco ferry, Laura Fair shot a bullet into the heart of her married lover, A. P. Crittenden. Throughout her two murder trials, Fair’s lawyers, supported by expert testimony from physicians, claimed that the shooting was the result of temporary insanity caused by a severely painful menstrual cycle. The first jury disregarded such testimony, choosing instead to focus on Fair’s disreputable character. In the second trial, however, an effective defense built on contemporary medical beliefs and gendered stereotypes led to a verdict that shocked Americans across the country. In this rousing history, Carole Haber probes changing ideas about morality and immorality, masculinity and femininity, love and marriage, health and disease, and mental illness to show that all these concepts were reinvented in the Victorian West.

Haber’s book examines the era’s most controversial issues, including suffrage, the gendered courts, women’s physiology, and free love. This notorious story enriches our understanding of Victorian society, opening the door to a discussion about the ways in which reputation, especially female reputation, is shaped.

CAROLE HABER is professor of history and dean of the School of Liberal Arts at Tulane University.

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Approx. 328 pp., 6¼ x 9¼, 25 illus., notes, bibl., index

NEW IN PAPERBACK

Turning the Tables
Restaurants and the Rise of the American Middle Class, 1880–1920
ANDREW P. HALEY

James Beard Foundation Book Award in Reference and Scholarship
Finalist, International Association of Culinary Professionals Book Award in Culinary History

Dining and the ascendance of middle-class culture

In the nineteenth century, restaurants served French food to upper-class Americans with aristocratic pretensions, but by the turn of the century, even the best restaurants cooked ethnic and American foods for middle-class urbanites. In Turning the Tables, Andrew P. Haley examines how the transformation of public dining that established the middle class as the arbiter of American culture was forged through battles over French-language menus, scientific eating, cosmopolitan cuisines, unescorted women, un-American tips, and servantless restaurants.

ANDREW P. HALEY is associate professor of American cultural history at the University of Southern Mississippi.

“Essential reading for anyone wanting to know more about the roots of the American passion for dining out.”
—Journal of American Studies

“[A] very interesting and useful study of the evolution of public dining in the United States.”
—Journal of American History

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376 pp., 6¼ x 9¼, 12 illus., notes, bibl., index
Two Troubled Souls
An Eighteenth-Century Couple’s Spiritual Journey in the Atlantic World

AARON SPENCER FOGLEMAN

An illuminating microhistory

Jean-François Reynier, a French Swiss Huguenot, and his wife, Maria Barbara Knoll, a Lutheran from the German territories, crossed the Atlantic several times and lived among Protestants, Jews, African slaves, and Native Americans from Suriname to New York and many places in between. While they preached to and doctored many Atlantic peoples in religious missions, revivals, and communal experiments, they encountered scandals, bouts of madness, and other turmoil, including within their own marriage. Aaron Spencer Fogleman’s riveting narrative offers a lens through which to better understand how individuals engaged with the eighteenth-century Atlantic world and how men and women experienced many of its important aspects differently.

Reynier’s and Knoll’s lives illuminate an underside of empire where religious radicals fought against church authority and each other to find and spread the truth; where Atlantic peoples had spiritual, medical, and linguistic encounters that authorities could not always understand or control; and where wives disobeyed husbands to seek their own truth and opportunity.

AARON SPENCER FOGLEMAN is professor of history at Northern Illinois University and author of Jesus is Female: Moravians and Radical Religion in Early America.

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December 2013
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Approx. 352 pp., 6¼ x 9¾, 30 figs., 7 maps, 2 tables, append., notes, bibl., index

Rivers of Gold, Lives of Bondage
 Governing through Slavery in Colonial Quito

SHERWIN K. BRYANT

Blackness and power in the colonial Andes

In this pioneering study of slavery in colonial Ecuador and southern Colombia—Spain’s Kingdom of Quito—Sherwin K. Bryant argues that the most fundamental dimension of slavery was governance and the extension of imperial power. Bryant shows that enslaved black captives were foundational to sixteenth-century royal claims on the Americas and elemental to the process of Spanish colonization. Following enslaved Africans from their arrival at the Caribbean port of Cartagena through their journey to Quito, Bryant explores how they lived during their captivity, formed kinships and communal affinities, and pressed for justice within a slave-based Catholic sovereign community.

In Cartagena, officials branded African captives with the royal insignia and gave them a Catholic baptism, marking slaves as projections of royal authority and majesty. By licensing and governing Quito’s slave trade, the Crown claimed sovereignty over slavery, new territories, natural resources, and markets. By adjudicating slavery, royal authorities claimed to govern not only slaves but other colonial subjects as well. Expanding the diaspora paradigm beyond the Atlantic, Bryant’s history of the Afro-Andes in the early modern world suggests new answers to the question, what is a slave?

SHERWIN K. BRYANT is assistant professor of African American studies and history at Northwestern University.

Publishing enabled by a grant from Jewish Federation of Greater Hartford

December 2013
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978-1-4696-0773-3 $35.00 @ BOOK
Approx. 256 pp., 6¼ x 9¾, 6 illus., 2 maps, 4 tables, notes, bibl., index
In 1779, Shawnees from Chillicothe, a community in the Ohio country, told the British, “We have always been the frontier.” Their statement challenges an oft-held belief that American Indians derive their unique identities from longstanding ties to native lands. By tracking Shawnee people and migrations from 1400 to 1754, Stephen Warren illustrates how Shawnees made a life for themselves at the crossroads of empires and competing tribes, embracing mobility and often moving willingly toward violent borderlands. By the middle of the eighteenth century, the Shawnees ranged over the eastern half of North America and used their knowledge to foster notions of pan-Indian identity that shaped relations between Native Americans and settlers in the revolutionary era and beyond.

Warren’s deft analysis makes clear that Shawnees were not anomalous among Native peoples east of the Mississippi. Through migration, they and their neighbors adapted to disease, warfare, and dislocation by interacting with colonizers as slavers, mercenaries, guides, and traders. These adaptations enabled them to preserve their cultural identities and resist coalescence without forsaking their linguistic and religious traditions.

**STEPHEN WARREN** is associate professor of history at Augustana College and was a historian for the PBS documentary “We Shall Remain,” which aired in 2009.

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**November 2013**
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Approx. 336 pp., 6½ x 9¾, 12 illus., 5 maps, notes, bibl., index

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How do we explain the persistent preoccupation with American Indians in Germany and the staggering numbers of Germans one encounters as visitors to Indian country? As H. Glenn Penny demonstrates, that preoccupation is rooted in an affinity for American Indians that has permeated German cultures for two centuries. This affinity stems directly from German polycentrism, notions of tribalism, a devotion to resistance, a longing for freedom, and a melancholy sense of shared fate.

Locating the origins of the fascination for Indian life in the transatlantic world of German cultures in the nineteenth century, Penny explores German settler colonialism in the American Midwest, the rise and fall of German America, and the transnational worlds of American Indian performers. As he traces this phenomenon through the twentieth century, Penny engages debates about race, masculinity, comparative genocides, and American Indians’ reactions to Germans’ interests in them. He also assesses what persists of the affinity across the political ruptures of modern German history and challenges readers to rethink how cultural history is made.

**H. GLENN PENNY** is associate professor of history at the University of Iowa and author of *Objects of Culture: Ethnology and Ethnographic Museums in Imperial Germany*.

**August 2013**
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Approx. 400 pp., 6½ x 9¾, 35 illus., notes, bibl., index
Conceiving Freedom
Women of Color, Gender, and the Abolition of Slavery in Havana and Rio de Janeiro
CAMILLIA COWLING
Learning to claim freedom in Brazil and Cuba

In Conceiving Freedom, Camillia Cowling shows how gender shaped urban routes to freedom for the enslaved during the process of gradual emancipation in Cuba and Brazil, which occurred only after the rest of Latin America had abolished slavery and even after the American Civil War. Focusing on late nineteenth-century Havana and Rio de Janeiro, Cowling argues that enslaved women played a dominant role in carving out freedom for themselves and their children through the courts.

Cowling examines how women, typically illiterate but with access to scribes, instigated myriad successful petitions for emancipation, often using “free-womb” laws that declared that the children of enslaved women were legally free. She reveals how enslaved women’s struggles connected to abolitionist movements in each city and the broader Atlantic World, mobilizing new notions about enslaved and free womanhood. She shows how women conceived freedom and then taught the “free-womb” generation to understand and shape the meaning of that freedom. Even after emancipation, freed women would continue to use these claims-making tools as they struggled to establish new spaces for themselves and their families in post emancipation society.

CAMILLIA COWLING is assistant professor of Latin American history at the University of Warwick.

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Approx. 352 pp., 6¼ x 9¾, 14 illus., notes, bibl., index

Prostitution, Modernity, and the Making of the Cuban Republic, 1840–1920
TIFFANY A. SIPPIAL
Prostitution and Cuban identity

Between 1840 and 1920, Cuba abolished slavery, fought two wars of independence, and was occupied by the United States before finally becoming an independent republic. Tiffany A. Sippial argues that during this tumultuous era, Cuba’s struggle to define itself as a modern nation found focus in the social and sexual anxieties surrounding prostitution and its regulation. Sippial shows how prostitution became a prism through which Cuba’s hopes and fears were refracted. Widespread debate about prostitution created a forum in which issues of public morality, urbanity, modernity, and national identity were discussed with consequences not only for the capital city of Havana but also for the entire Cuban nation.

Republican social reformers ultimately recast Cuban prostitutes—and the island as a whole—as victims of colonial exploitation who could be saved only by a government committed to progressive reforms in line with other modernizing nations of the world. By 1913, Cuba had abolished the official regulation of prostitution, embracing a public health program that targeted the entire population, not just prostitutes. Sippial demonstrates the central role the debate about prostitution played in defining republican ideals in independent Cuba.

Tiffany A. Sippial is associate professor of history at Auburn University.

Envisioning Cuba

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Approx. 256 pp., 6¼ x 9¾, 17 illus., 3 tables, notes, bibl., index
The Formation of Candomblé
Vodun History and Ritual in Brazil
LUIS NICOLAU PARÉS
Translated by Richard Vernon in collaboration with the author

New views of a key religion of the African diaspora

Interweaving three centuries of transatlantic religious and social history with historical and present-day ethnography, Luis Nicolau Parés traces the formation of Candomblé, one of the most influential African-derived religious forms in the African diaspora, with practitioners today centered in Brazil but also living in Europe and elsewhere in the Americas. Originally published in Brazil and not available in English, The Formation of Candomblé reveals cultural changes that have occurred in religious practices within Africa, as well as those caused by the displacement of enslaved Africans in the Americas.

Departing from the common assumption that Candomblé originated in the Yoruba orixá (orisha) worship, Parés highlights the critical role of the vodun religious practices in its formation process. Vodun traditions were brought by enslaved Africans of Dahomean origin, known as the “Jeje” nation in Brazil since the early eighteenth century. The book concludes with Parés’s account of present-day Jeje temples in Bahia, which serves as the first written record of the oral traditions and ritual of this particular nation of Candomblé.

LUI S NICOLAU PARÉS is professor of anthropology at the Federal University of Bahia. RICHARD VERNON is senior lecturer in Portuguese and Spanish at the University of North Carolina at Chapel Hill.

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Approx. 464 pp., 6¼ x 9¾, 16 illus., 1 fig., 5 maps, 8 tables, notes, bibl., index

Eating Puerto Rico
A History of Food, Culture, and Identity
CRUZ MIGUEL ORTÍZ CUADRA
Translated by Russ Davidson

From cassava to corn chips

Available for the first time in English, Cruz Miguel Ortíz Cuadra’s magisterial history of the foods and eating habits of Puerto Rico unfolds into an examination of Puerto Rican society from the Spanish conquest to the present. Each chapter is centered on an iconic Puerto Rican foodstuff, from rice and cornmeal to beans, roots, herbs, fish, and meat. Ortiz shows how their production and consumption connects with race, ethnicity, gender, social class, and cultural appropriation in Puerto Rico.

Using a multidisciplinary approach and a sweeping array of sources, Ortiz asks whether Puerto Ricans really still are what they ate. Whether judging by a host of social and economic factors—or by the foods once eaten that have now disappeared—Ortiz concludes that the nature of daily life in Puerto Rico has experienced a sea change.

CRUZ MIGUEL ORTÍZ CUADRA is senior lecturer in the department of humanities at the University of Puerto Rico, Humaçao, and author of Puerto Rico en la olla, among other books. RUSS DAVIDSON is curator emeritus of Latin American and Iberian collections and professor emeritus of librarianship at the University of New Mexico.

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Approx. 400 pp., 6¼ x 9¾, 17 figs., 5 tables, notes, bibl., index
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HOLDEN THORP AND BUCK GOLDSTEIN
Second Edition
With a new preface and chapter by the authors

Unlocking the promise of America’s research universities

In Engines of Innovation, Holden Thorp and Buck Goldstein make the case for the pivotal role of research universities as agents of societal change. They argue that universities must use their vast intellectual and financial resources to confront global challenges such as climate change, extreme poverty, childhood diseases, and an impending worldwide shortage of clean water. They provide not only an urgent call to action but also a practical guide for our nation’s leading institutions to make the most of the opportunities available to be major players in solving the world’s biggest problems.

A preface and a new chapter by the authors address recent developments, including innovative licensing strategies, developments in online education, and the value of arts and sciences in an entrepreneurial society.

Holden Thorp is provost of Washington University in St. Louis. Buck Goldstein is University Entrepreneur in Residence at the University of North Carolina at Chapel Hill.

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WILLIAM A. LINK
With a new introduction and epilogue by the author

One man’s influence on North Carolina and the nation

Few North Carolinians have been as well known or as widely respected as William Friday (1920–2012). The former president of the University of North Carolina remained prominent in public affairs in the state and elsewhere throughout his life and ranked as one of the most important American university presidents of the post–World War II era. In the second edition of this comprehensive biography, William Link traces Friday’s long and remarkable career and commemorates his legendary life.

Friday’s thirty years as president of the university, from 1956 to 1986, spanned the greatest period of growth for higher education in American history, and Friday played a crucial role in shaping the sixteen-campus UNC system during that time. Link also explores Friday’s influential work on nationwide commissions, task forces, and nonprofits, and in the development of the National Humanities Center and the growth of Research Triangle Park.

This second edition features a new introduction and epilogue to enrich the narrative, charting the later years of Friday’s career and examining his legacy in North Carolina and nationwide.

WILLIAM A. LINK is Richard J. Milbauer Professor of History at the University of Florida. He is author or editor of fourteen books, including Atlanta, Cradle of the New South: Race and Remembering in the Civil War’s Aftermath.

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“Anything about Bill Friday is important because his career as a teacher, philosopher, and leader is unsurpassed. All these great qualities are in this book.”

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William L. Shea offers a gripping narrative of the events surrounding fighting at Prairie Grove, Arkansas, one of the great unsung battles of the Civil War, which effectively ended Confederate offensive operations west of the Mississippi River. *Fields of Blood* provides a colorful account of a grueling campaign that lasted five months and covered hundreds of miles of rugged Ozark terrain. In a fascinating analysis of the personal, geographical, and strategic elements that led to the fateful clash in northwest Arkansas, Shea describes a campaign notable for rapid marching, bold movements, hard fighting, and the most remarkable raid of the Civil War.

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*Civil War America*

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EARL J. HESS is associate professor of history at Lincoln Memorial University. He is author of many books on the Civil War, including, most recently, *Kennesaw Mountain: Sherman, Johnston, and the Atlanta Campaign.*

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CARL W. ERNST is William R. Kenan Jr. Distinguished Professor of Religious Studies at the University of North Carolina at Chapel Hill and author of Following Muhammad: Rethinking Islam in the Contemporary World, among other books.

“An illuminating and well-written companion to the Qur’an.”
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