

# TUTTLE

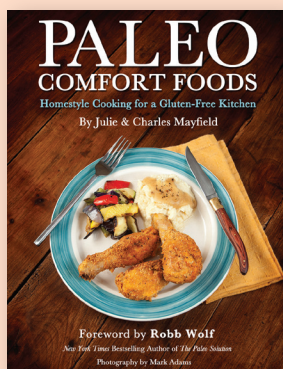
*Books to Span the*

*East and West*



Gift & Gourmet • Fall 2012

# RECENT PUBLICITY HIGHLIGHTS

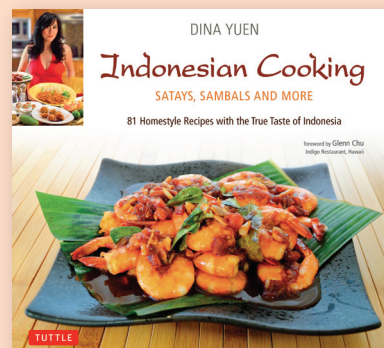


## Paleo Comfort Foods...page 34

"The glossy cookbook filled with gorgeous photographs features everything from spicy salmon dip and spicy chicken wings to chicken enchiladas and chipotle dipping sauce."  
—*The Atlanta Journal-Constitution*

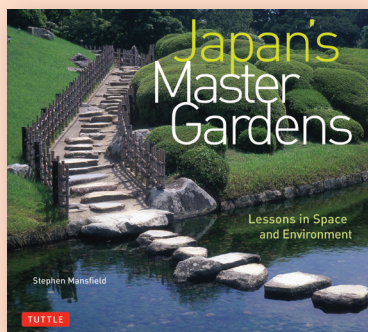
## Indonesian Cooking...page 35

"Yuen explores the tastes of Indonesia, with its myriad culinary influences from Asian neighbors and European colonizers. She gives a great introduction to Indonesian cooking while also making it easy to find what you need in Western markets."—*Miami Herald*



## Japan's Master Gardens...page 40

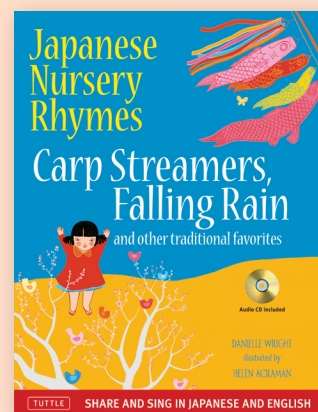
"A wealth of knowledge and information is put across in an instructive yet highly readable fashion. This book offers both intellectual and visual appeal to any reader, whether familiar with Japanese gardens or new to their aesthetic and traditions."  
—*Garden Design*



## Japanese Nursery Rhymes...page 21

"They include authentically childlike celebrations of rabbits dancing, carp streamers "swimming happily in the air" and falling rain."  
—*Kirkus Reviews*

"Fifteen rhymes, one per spread, celebrate the changing seasons, flora and fauna, and idyllic rural life, providing an enchanting window into a culture that cherishes its close relationship with nature."  
—*School Library Journal*



FRONT COVER: Image from *Amazing Origami*, page 3  
BACK COVER: Illustration from *Bake*, page 29

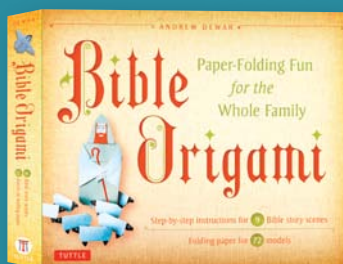
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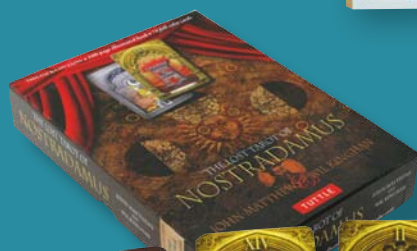
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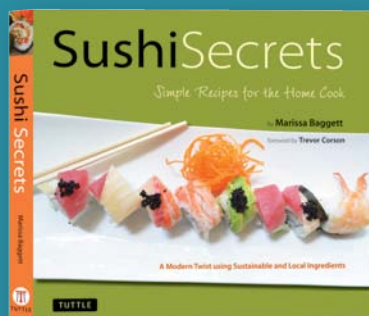
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**TUTTLE Publishing**

Tokyo | Rutland, Vermont | Singapore

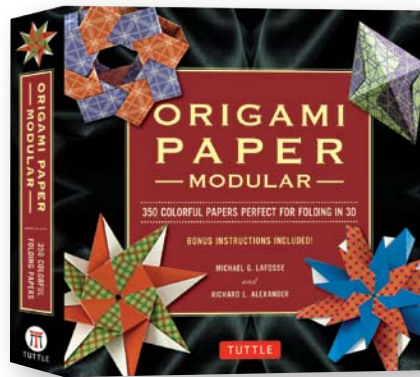
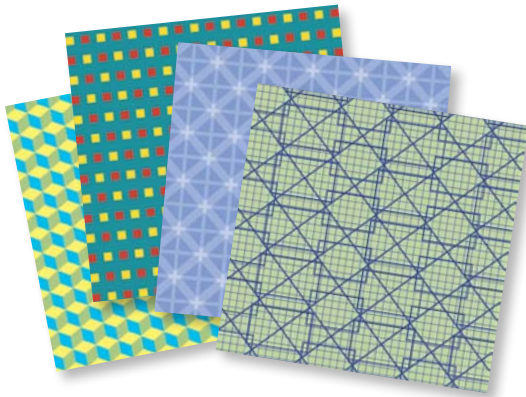
\$14.95 paper  
\$17.50 (CAD)

ISBN-13: 978-0-8048-4321-8  
November

Origami  
Tuttle Publishing

6 projects; 350 sheets of 2-sided color  
3<sup>3</sup>/<sub>8</sub>" paper; 16-pp. full-color booklet in a  
7<sup>1</sup>/<sub>2</sub> X 7<sup>1</sup>/<sub>2</sub> box

Carton Quantity: 18  
Selling Territory: World



## Origami Paper Modular

*350 Colorful Papers  
Perfect for Folding in 3D*

Michael G. LaFosse  
Richard L. Alexander

A single piece of artfully-folded paper is a wondrous object in the right hands. When multiple folded pieces are combined to form larger models—the results are truly astounding!

*Origami Paper Modular* provides folders with 350 perfectly-sized, high-quality color papers and a booklet with instructions for six modular projects. Create new and startling geometric shapes with *Origami Paper Modular*.

**Michael G. LaFosse** is an avid teacher, LaFosse co-founded the Origamido Studio, a learning center and design studio dedicated to the art of origami, and the only place in the world specializing in hand papermaking for the origami artist.

**Richard L. Alexander** co-founded the Origamido Studio, a teaching center, gallery and design studio, with Michael G. LaFosse in 1996.

\$5.95 paper  
\$6.95 (CAD)

ISBN-13: 978-0-8048-4323-2  
September

Origami  
Tuttle Publishing

6 projects, 60 sheets of 6" folding paper

Carton Quantity: 60  
Selling Territory: World



## Origami Paper Floral Designs

*It's Fun to Fold!*

This collection of lovely papers feature gold filigree detailing, recalling the one-of-a-kind patterns used in the Japanese kimono fabrics from a bygone era. The pack contains 9 different designs and all of the papers are printed with coordinating colors on the reverse to provide aesthetically pleasing combinations in models that show both the front and back of the papers.



\$18.95 kit  
\$21.95 (CAD)

ISBN-13: 978-0-8048-4191-7  
September

Origami  
Tuttle Publishing

64-pp. illustrated booklet; 144 sheets of  
paper in a 7½ X 7½ box

Carton Quantity: 10  
Selling Territory: World

- Includes projects at various skill levels  
from easy to intermediate



## Amazing Origami Kit

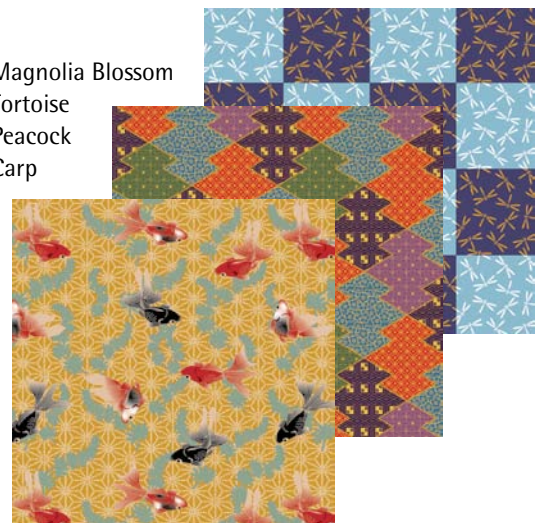
### *Traditional Japanese Folding Papers and Projects*

*Amazing Origami* is the kit folders have been looking for! Designed for all ages—from origami beginners as well as more experienced practitioners, this kit provides everything you need to create exciting and original origami.

In this box are 144 origami paper sheets printed with colorful and attractive Japanese-style designs and patterns, along with a book containing detailed instructions for 17 delightful origami projects—with step-by-step diagrams showing you how to make each one. The sturdy box doubles as a pedestal to display your finished models. The colorful origami folding papers included in this kit feature gold filigree detailing, recalling the one-of-a-kind patterns used in the Japanese kimono fabrics from a bygone era.

Projects include:

- Inflated Frog
- Water Bomb Balloon
- Chinese Zodiac Wheel
- Luna Moth
- Magnolia Blossom
- Tortoise
- Peacock
- Carp





# NOAH'S ARK

The story of a great flood that destroyed everything and wiped the Earth clean can be found in several ancient cultures. It appears in a Mesopotamian classic, the Epic of Gilgamesh. But most famous is the story of Noah, found in GENESIS, from 6: 5 through 8: 22.

God became unhappy with the wickedness of mankind, and regretted having created people in the first place. "I will destroy everything," He said. But Noah, by his virtue, softened God's resolve; He decided to spare this great man and his family, and all the animals and birds and plants they would need, in hopes that Noah's virtue would be passed on in the world.

So He instructed Noah to build the Ark, a huge boat 450 feet long, 75 feet wide, and 45 feet tall. It was built of gopher wood, carefully waterproofed with pitch, with rooms, decks, doors, and windows enough to hold two of every kind of bird and beast, and all their food for a long voyage. Noah loaded the animals as the rain began, and after 40 days and nights of downpour, all the world was inundated. Even the mountains were swallowed by the flood.

After the Ark had drifted for 150 days, the waters began to recede, and the ship grounded on the peak of Mount Ararat. Still later, the mountaintops appeared, and Noah sent out a crow to search for land. It never returned. He then sent out a dove, which returned at once. After a week the dove went out again, to return with an olive branch. Another week waiting as the land gradually appeared, and Noah sent out the dove a third time. This time it didn't return, and Noah knew the flood was over. God spoke to Noah, and told him it was time to unload the animals and his family, and start refilling the the world with their children.



DOVE  
CROW



ELEPHANTS

HORSES



LIONS

DOGS



MICE



NOAH



*Bible stories come alive with this inspired collection of paper-folding projects!*

\$15.95 kit  
\$17.50 (CAD)

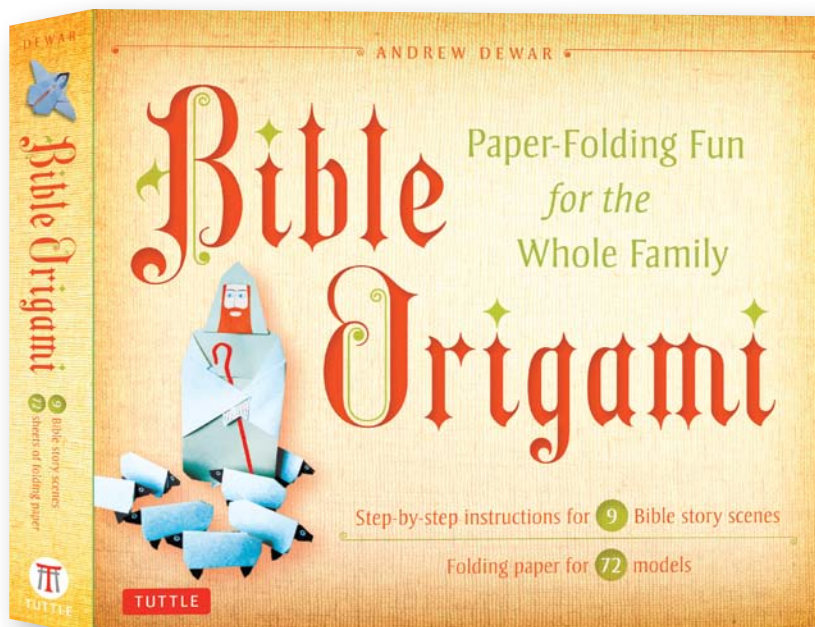
ISBN-13: 978-0-8048-4306-5  
September

Origami  
Tuttle Publishing

72 models & 6 backgrounds to make  
9 projects; 64-pp. color booklet;  
72 sheets of 2-sided folding paper in  
4 sizes in a 10 X 8½ box

Carton Quantity: 12  
Selling Territory: World

- Contains many charming and easy-to-fold origami characters from popular Bible stories
- Backdrop cardstock papers are provided, die-cut for convenience



## Bible Origami Kit

*Paper-Folding Fun for the Whole Family*

Andrew Dewar

*Bible Origami* is a new boxed set from well-known paper crafter Andrew Dewar. It contains everything you need to fold the figures from famous Biblical stories. A full-color, 64-page booklet provides detailed, step-by-step folding instructions for each figure. Custom-designed papers are provided for each person, animal and object that comprise the 72 models.

Each project is introduced by a simple retelling of the biblical story that inspires it, followed by an explanation of the significance of each accompanying origami figure. The finished pieces can be used to reenact these timeless stories, or to create inspiring dioramas. These miniature reenactments will bring the sacred Bible stories alive for your family, youth group or Sunday school class.

Projects include:

- Adam and Eve
- Noah's Ark
- The Tower of Babel
- Jacob's Ladder
- Jonah and the Whale
- The Annunciation
- The First Christmas
- Easter
- The Good Shepherd

**Andrew Dewar** was born in Toronto, Canada, and served as a professor at Sakura no Seibo Junior College, Fukushima, Japan. He is the author of *Simple Origami Airplanes*, *Color & Collage Origami Art*, *Krazy Karakuri Origami* and other papercraft books and kits. Andrew lives with his family in Toronto, Canada.





**Q** How to make p. 60



page 57 **Q**  
*How to make*

**MATERIALS:**  
 • 55 in (150 cm) raw knit: 71 in (1.8 m)  
 • 18 in (45 cm) bias tape: 21 in (53 cm)  
 • 1/4 in (1.5 cm) fusible open binding: 27 in (70 cm)

**INSTRUCTIONS:**

1. Apply open binding to back shoulder edges. Sew front and back together at shoulders (see Z, p.60, step 1).
2. Sew bias tape around sides and back of neck line, leaving 5/8 in (1.5 cm) overhang at each end. Clip 45° corners of blouse.
3. Fold and stitch back on wrong side of front. Press backs as shown. Apply seam binding across top and bottom of backs. Touch to rear backs as shown, using a guide (piece of card, marker chalk, sewing machine hem guide foot) to sew straight lines. (The center front notches just above the lace will be a raw edge.)
4. Sew sleeves to blouse, matching notches.
5. Sew underarm and side seams.
6. Fold center hem, then sew with a zigzag stitch.
7. Fold blouse hem, then sew with a zigzag stitch.

**LAYOUT**

4/4 seams are 1/4 in (1 cm) unless otherwise specified.



**D** How to make p. 58



**R** How to make p. 62

**R**  
*Coordination*

“...hands-down our most popular Japanese pattern book for adults...”  
 –Sew Tessuti, the blog of the fabric chain shop Tessuti

\$18.95 paperback  
 \$21.95 (CAD)

ISBN-13: 978-0-8048-4315-7  
 September

Crafts  
 Tuttle Publishing

36 pages of full-color photos, 26 multi-part diagrams (layout and construction),  
 3 pull-out pattern sheets including all  
 26 patterns  
 8 X 10 80 pages

Carton Quantity: 30  
 Selling Territory: North America and Asia

Marketing & Publicity  
 Reviews in craft magazines and blogs

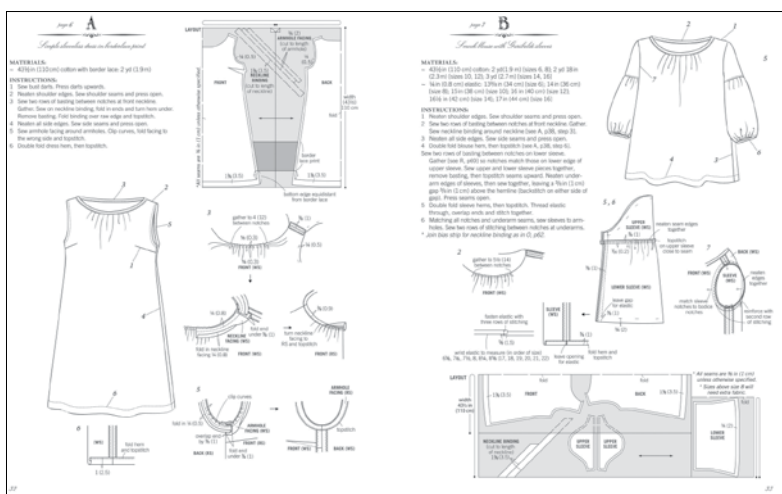


## Stylish Dress Book

*Wear with Freedom*

Yoshiko Tsukiori

Japanese style has long been admired for its grace and artistry. Add to that a sense of fun, and you have the *Stylish Dress Book*. Complete with stunning full-color photos, this book gives you instructions and pull-out patterns for 26 relaxed and comfortable yet elegant dresses and tops—pretty, timeless pieces that can be worn year after year, by women of all ages and sizes. The detailed diagrams and easy-to-follow instructions take you step-by-step from layout to finished garment. The no-rules looks pictured in this book are perfect for today's carefree fashion sensibility and will inspire you to have fun with fabric and style.



**Yoshiko Tsukiori** is a graduate of Joshi Bijutsu College of Fine Arts in Kanawaga, Japan. After working for apparel companies she became an independent freelance designer, creating designs for women, babies and children. She has written numerous books in her native Japan, primarily featuring projects for chic women's and children's wear.

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September

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more than 200 Chinese paper cutting works  
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Carton Quantity: 50  
Selling Territory: North America, Central America,  
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selected Middle East, Asia (excluding China)

## The Beginner's Guide to Chinese Paper Cutting

Zhao Ziping

Paper cutting is a popular handicraft in today's multicultural world, embracing a great variety of themes, designs and images. In China, its birthplace, it is regarded as an elegant traditional folk art. Instruction and inspiration can be found in *The Beginner's Guide to Chinese Paper Cutting*, which introduces all the basic elements of Chinese paper cutting, including the necessary preparation, basic techniques, simple practices and appreciation. The book's clear directions and illustrations will allow anyone to explore the art of paper cutting and start making their own works of art.



**Zhao Ziping** works as a professional paper cutting artist at the Shanghai Arts & Crafts Research Institute. In 2005, he was honored as a "Master of Arts & Crafts" by the Shanghai Municipal Government.

\$12.95 paperback  
\$14.95 (CAD)

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Shanghai Press

more than 250 full-color Chinese paintings  
8½ X 11¼ 64 pages

Carton Quantity: 50  
Selling Territory: North America, Central America,  
South America, South Africa, UK, Europe,  
selected Middle East, Asia (excluding China)

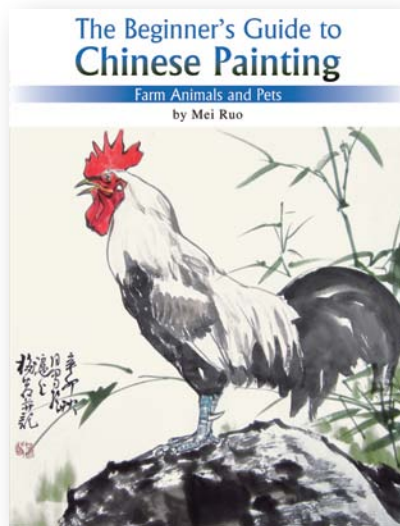
## Farm Animals and Pets

*The Beginner's Guide to Chinese Painting*

Mei Ruo

Yijin Wert, translator

With clear instructions and illustrations in beautiful colors, *Farm Animals and Pets* introduces the techniques needed to paint cats, dogs, rabbits, roosters, ducks, pigs, goats, cattle and horses. This book is an easy-to-use guide for the newcomers who are interested in animal painting in Chinese tradition. With hundreds of illustrations in beautiful colors, and a wide selection of templates and styles, this is a must-have guide for those new to Chinese brush painting.



**Mei Ruo** is currently the vice-president of Shanghai Luwan Painting Academy.

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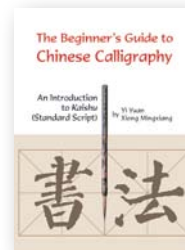
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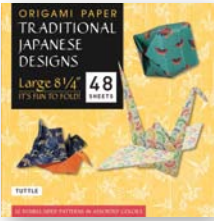
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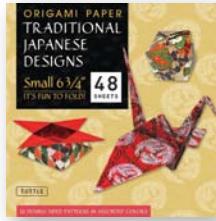
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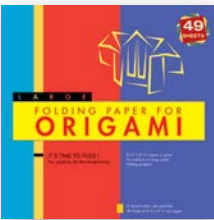
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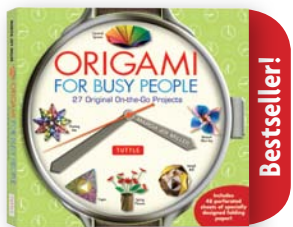
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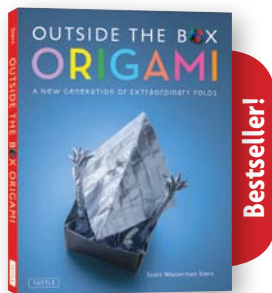
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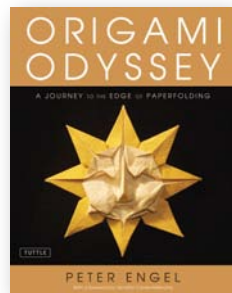
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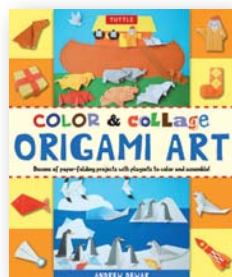
**Origami Magic Kit**  
*Amazing Paper Folding Tricks, Puzzles and Illusions*  
 by Steve Biddle and Megumi Biddle  
 includes DVD; 17 projects; color illus & photos in a 80-pp. 6 X 6 booklet; 60 sheets 6" folding paper in a 8½ X 8½ kit with DVD (TP, NAA)  
 ISBN-13: 978-4-8053-1210-0  
 \$16.95/\$18.95 (CAD)



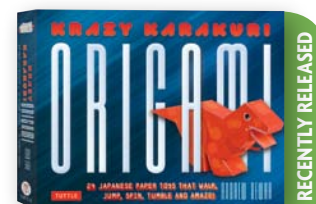
**The Complete Origami Kit**  
 30 projects; 98 sheets of paper;  
 two 32-pp. booklets in a 14 X 7 kit (TP, W)  
 ISBN-13: 978-0-8048-1816-2  
 \$14.95/\$20.95 (CAD)



**Fun & Easy Origami Kit**  
 32 projects; 98 sheets of paper;  
 two 32-pp. booklets in a 13¾ X 7 kit (TP, W)  
 ISBN-13: 978-0-8048-3790-3  
 \$14.95/\$19.50 (CAD)



**Color & Collage Origami Art Kit**  
*Dozens of Paper-Folding Projects with Playsets to Color and Assemble!*  
 by Andrew Dewar  
 35 projects; 64-pp. 5½ X 8 booklet; 88 sheets of 2-sided folding paper in 4 sizes (4½ X 9, 4 X 4, 6 X 6 and 8 X 8); 6 2-sided collage backgrounds (17" X 23") in a 8½ X 10 kit (TP, W)  
 ISBN-13: 978-0-8048-4160-3  
 \$15.95/\$18.95 (CAD)



**Krazy Karakuri Origami Kit**  
*Japanese Paper Toys that Walk, Jump, Spin, Tumble—and Amaze!*  
 by Andrew Dewar  
 24 projects; 64-pp. 6 X 9 full-color booklet; 40 2-sided folding & construction papers in 2 sizes: 6 X 6 & 7½ X 9¼ in a 10 X 8 kit (TP, W)  
 ISBN-13: 978-4-8053-1208-7  
 \$16.95/\$18.95 (CAD)

*"Michael is the Wayne Gretzky of origami."  
 –Guy Kawasaki, author of Enchantment and former chief evangelist of Apple*

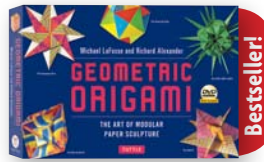
**Bestsellers!**



**Mini Money Origami Kit**  
*Make the Most of Your Dollar!*  
 by Michael G. LaFosse and Richard L. Alexander  
 5 projects; 40 dollar bill sized practice sheets; 32-pp. booklet; instructional DVD in a 5½ X 5½ kit (TP, W)  
 ISBN-13: 978-0-8048-4230-3  
 \$8.95/\$9.95 (CAD)



**Money Origami Kit**  
*Make the Most of Your Dollar!*  
 by Michael G. LaFosse and Richard L. Alexander  
 21 projects; 60 dollar bill sized practice sheets; 64-pp. booklet; instructional DVD in a 8¼ X 8¼ kit (TP, W)  
 ISBN-13: 978-0-8048-4026-2  
 \$16.95/\$20.95 (CAD)



**Geometric Origami Kit**  
*The Art of Modular Paper Sculpture*  
 by Michael G. LaFosse and Richard L. Alexander  
 includes DVD; 64-pp. 6 X 6 booklet; 120 sheets of 3 1/3" and 48 sheets of 6" folding paper in a 10 X 7 kit (TP, W)  
 ISBN-13: 978-4-8053-1150-9  
 \$16.95/\$18.95 (CAD)



**Origami Studio Kit**  
*30 Step-by-Step Lessons with an Origami Master*  
 by Michael G. LaFosse and Richard L. Alexander  
 instructional DVD; 30 lessons; color photos and drawings in a 72-pp. 8 X 8 booklet; 70 sheets in 2 sizes: 40 at 6" and 30 at 3 3/8" in a 8½ X 9½ kit (TP, W)  
 ISBN-13: 978-4-8053-1152-3  
 \$16.95/\$19.95 (CAD)



**Origami Stationery Kit**  
*Elegant Folded Note Cards and Envelopes for a Personal Touch*  
 by Michael G. LaFosse and Richard L. Alexander  
 15 projects; 64-pp. 5½ X 8 booklet with color illus; 80 high quality sheets; 32 sheets of 6¾" folding papers and 48 sheets of 6" folding papers; 7" paper folder in a 8¼ X 8¼ kit (TP, W)  
 ISBN-13: 978-0-8048-4133-7  
 \$17.95/\$21.50 (CAD)



**Origami Butterflies Kit**  
 by Michael G. LaFosse, Richard L. Alexander and Greg Mudarri  
 12 projects; 98 sheets of paper; two 32-pp. booklets in a 12¼ X 6¼ kit (TP, W)  
 ISBN-13: 978-0-8048-4027-9  
 \$14.95/\$17.50 (CAD)



**Origami Flowers Kit**  
 by Michael G. LaFosse  
 41 projects; 98 sheets of paper; two 32-pp. booklets in a 12½ X 6¼ kit (TP, W)  
 ISBN-13: 978-0-8048-3535-0  
 \$14.95/\$18.95 (CAD)



**Origami Birds Kit**  
 by Michael G. LaFosse  
 20 projects; 98 sheets of paper; two 32-pp. booklets in a 12¼ X 6¼ kit (TP, W)  
 ISBN-13: 978-0-8048-3805-4  
 \$14.95/\$18.95 (CAD)



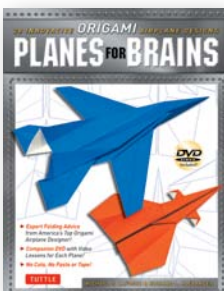
**Origami Bugs Kit**  
 by Michael G. LaFosse  
 20 projects; 98 sheets of paper; two 32-pp. booklets in a 12¼ X 6¼ kit (TP, W)  
 ISBN-13: 978-0-8048-3806-1  
 \$14.95/\$16.50 (CAD)

*Also available in series:*

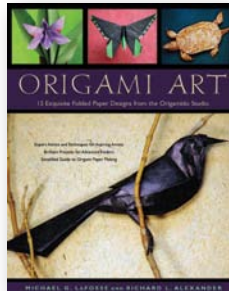
**Origami Jungle Kit**  
 ISBN-13: 978-0-8048-3578-7  
 \$14.95/\$18.95 (CAD)

**Origami Dinosaurs Kit**  
 ISBN-13: 978-0-8048-3908-2  
 \$14.95/\$18.95 (CAD)

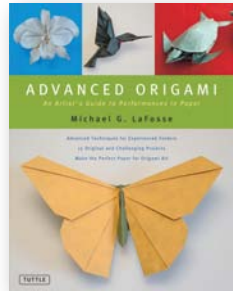
**Origami Aquarium Kit**  
 ISBN-13: 978-0-8048-3904-4  
 \$14.95/\$20.95 (CAD)



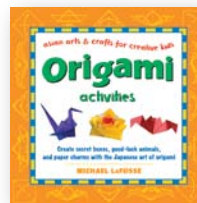
**Planes for Brains**  
*28 Innovative Origami Airplane Designs*  
 by Michael G. LaFosse and Richard L. Alexander  
 includes DVD; 28 projects; color photos; b&w illus and color diagrams  
 8½ X 11, 96 pp. jacketed hardcover with DVD (TP, W)  
 ISBN-13: 978-4-8053-1149-3  
 \$18.95/\$21.50 (CAD)



**Origami Art**  
*15 Exquisite Folded Paper Designs from the Origamido Studio*  
 by Michael G. LaFosse and Richard L. Alexander  
 15 complex projects; color photos and line art illus throughout  
 8½ X 11, 144 pp. jacketed hardcover (TP, W)  
 ISBN-13: 978-4-8053-0998-8  
 \$24.95/\$29.50 (CAD)



**Advanced Origami**  
*An Artist's Guide to Performances in Paper Studio*  
 by Michael G. LaFosse  
 15 projects; color photos & diagrams throughout  
 8½ X 11, 144 pp. jacketed hardcover (TP, W)  
 ISBN-13: 978-0-8048-3650-0  
 \$24.95/\$33.95 (CAD)



**Origami Activities**  
 by Michael G. LaFosse  
 15 projects; color illus throughout  
 9 X 9, 64 pp. jacketed hardcover (TP, W)  
 ISBN-13: 978-0-8048-3497-1  
 \$15.95/\$17.95 (CAD)



**Trash Origami**  
*25 Paper Folding Projects Reusing Everyday Materials*  
 by Michael G. LaFosse and Richard L. Alexander  
 includes DVD; 25 projects; over 275 color photos and illus  
 8½ X 11, 96 pp. jacketed hardcover with DVD (TP, W)  
 ISBN-13: 978-0-8048-4135-1  
 \$19.95/\$23.50 (CAD)

The rediscovered Tarot cards of the world's most famous fortune teller

\$15.95 kit  
\$18.50 (CAD)

ISBN-13: 978-0-8048-4305-8  
September

Astrology & Divination  
Tuttle Publishing

78 full-color illustrated tarot cards,  
160 pp. book with b&w illustrations  
throughout in a 6 X 8¼ box

Carton Quantity: 16  
Selling Territory: North America and Asia

- Original Nostradamus art forms the basis of the cards
- Couplets form quatrains to enhance readings



## The Lost Tarot of Nostradamus

John Matthews  
Wil Kinghan, illustrator

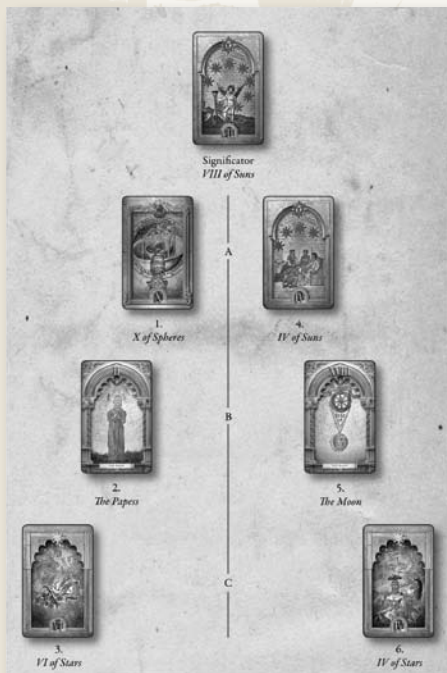
Visionary artist Wil Kinghan and *New York Times* best-selling author and longtime student of Tarot John Matthews have devised a deck which incorporates Nostradamus' own images, fully updated to make what will surely be judged one of the most important decks of this age.

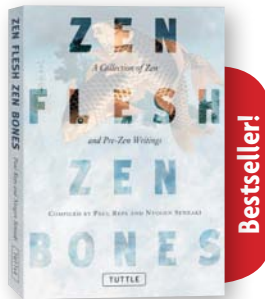
In 1994 a researcher working in the Italian National Library in Rome discovered a manuscript containing 80 mysterious paintings, believed to have been devised by the mysterious prophet Michael de Nostredame, better known as Nostradamus. The manuscript, never published in his lifetime, was handed down to his son who later presented it to Pope Urban VIII. After that it remained forgotten and neglected.

A brief glance at these extraordinary images shows how heavily they draw on the symbolism of Tarot. It is the belief of Tarot experts Matthews and Kinghan that Nostradamus was designing his own set of cards, drawing upon the visionary insights gleaned from his prophetic writings and visions. Now this Tarot has been brought to fruition by two modern experts and its secrets revealed for the first time.

**John Matthews** has produced a number of successful divinatory systems based on early spiritual beliefs—including the best selling *Arthurian Tarot*, *The Wildwood Tarot* (with Mark Ryan and Will Worthington), *The Green Man Tree Oracle*, *The Celtic Animal Oracle* and *Grail Tarot*. His book *Pirates* was #1 in the *New York Times Book Review* and a best seller for 22 weeks in 2007.

**Wil Kinghan** is a writer, artist and explorer of the Hermetic and Celtic traditions. He worked in advertising and commercial art as an Art Director, winning awards for various campaigns such as for Guinness in the 1990s. He recently completed work on several writing and illustration projects including *The Shaman's Oracle* and *The Ancestor Oracle*.





**Zen Flesh, Zen Bones**

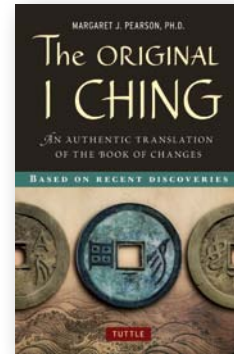
*A Collection of Zen and Pre-Zen Writings*

by Paul Reps and Nyogen Senzaki  
10 woodblock prints  
5 X 7¼, 216 pp. flapped paperback  
(TP, WEX15)  
ISBN-13: 978-0-8048-3186-4  
\$14.95/\$19.50 (CAD)



**Zen Flesh, Zen Bones Classic Edition**

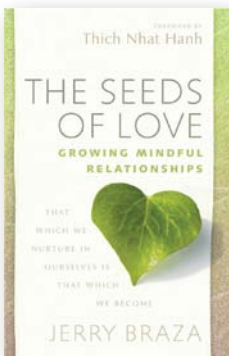
ISBN-13: 978-0-8048-3706-4  
\$18.95/\$22.50 (CAD)



**The Original I Ching**

*An Authentic Translation of The Book of Changes*

by Margaret J. Pearson, Ph.D.  
5½ X 8, 256 pp. jacketed hardcover (TP, W)  
ISBN-13: 978-0-8048-4181-8  
\$18.95/\$21.50 (CAD)



**The Seeds of Love**

*Growing Mindful Relationships*

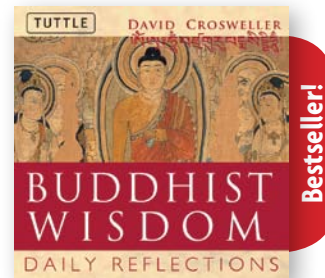
by Jerry Braza, Ph.D.  
Foreword by Thich Nhat Hanh  
40 illus  
5½ X 8, 192 pp. paperback (TP, W)  
ISBN-13: 978-0-8048-4169-6  
\$14.95/\$16.95 (CAD)



**Quiet Sitting**

*The Daoist Approach for a Healthy Mind and Body*

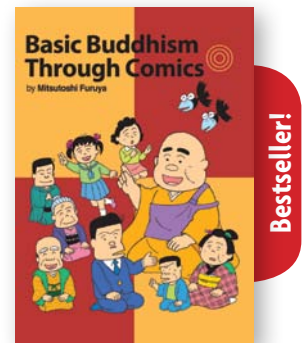
by Chen Yingning and Jiang Weiqiao  
Introduction by Yanling Johnson  
10 b&w illustrations  
5 X 7¼, 144 pp. jacketed hardcover (SHA, W)  
ISBN-13: 978-1-60220-128-6  
\$14.95/\$16.95 (CAD)



**Buddhist Wisdom**

*Daily Reflections*

by David Crossweller  
illus throughout  
4¼ X 4¼, 384 pp. paperback (TP, US)  
ISBN-13: 978-0-8048-3489-6  
\$10.95



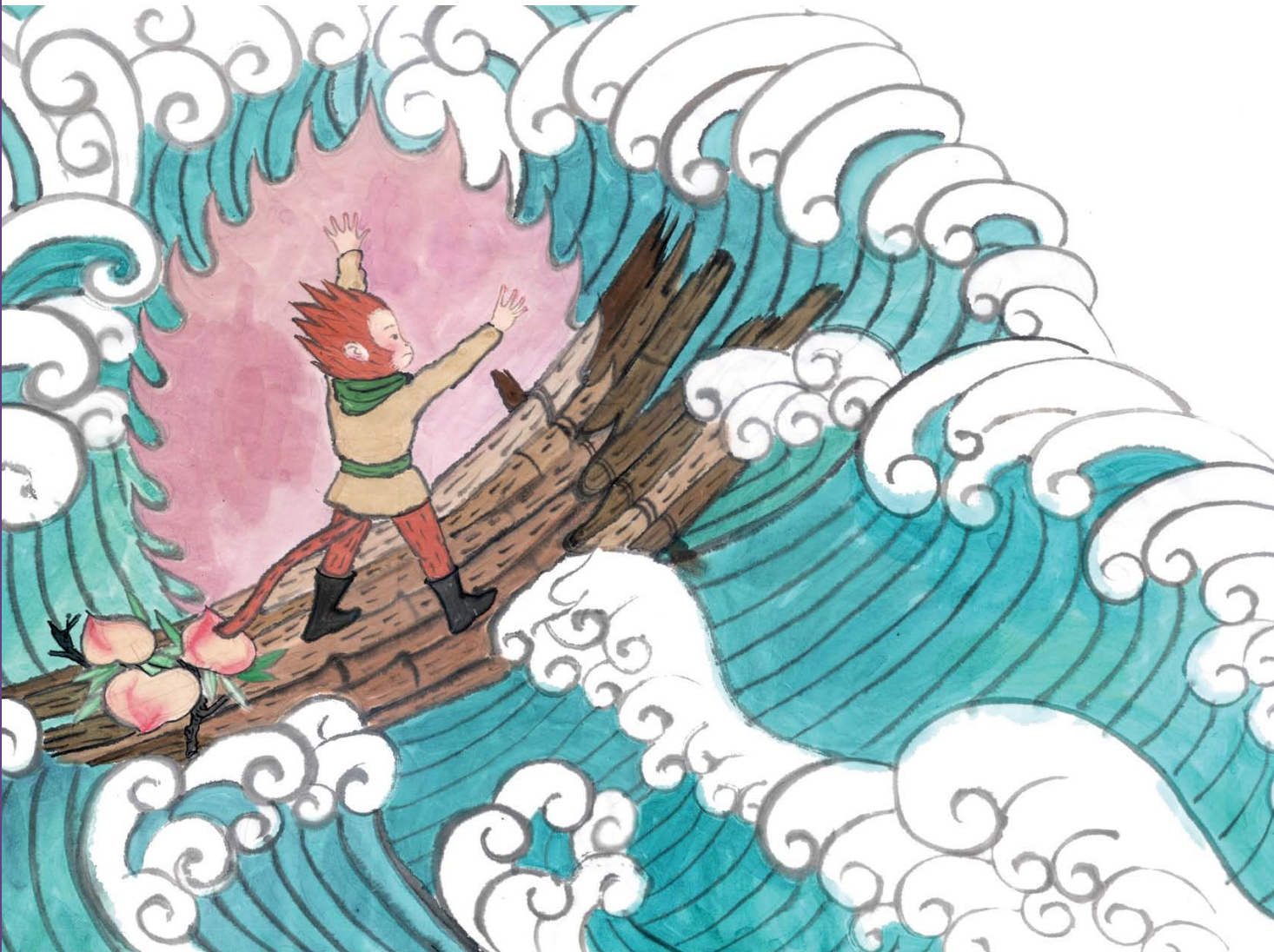
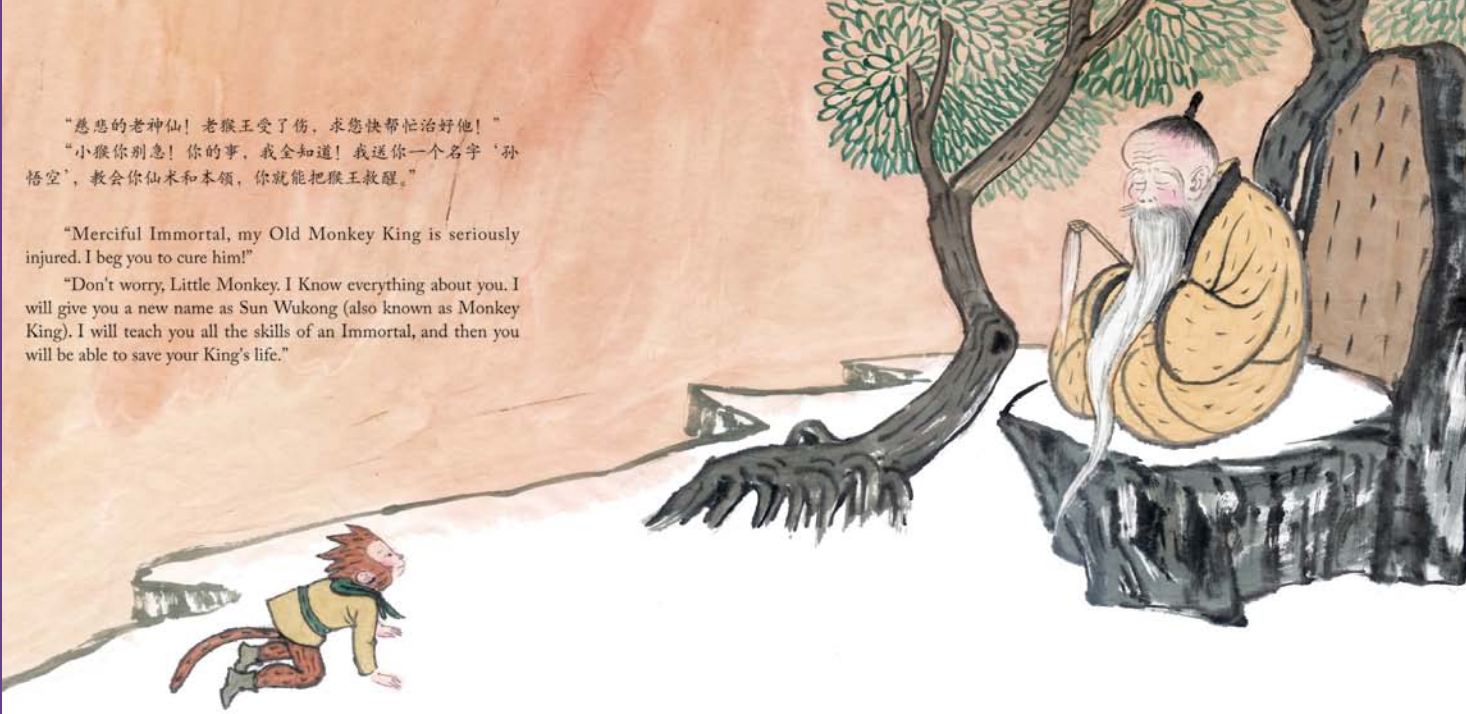
**Basic Buddhism Through Comics**

by Mitsutoshi Furuya  
color and b&w illus throughout  
6 X 8¼, 198 pp. paperback (RKKI, NA)  
ISBN-13: 978-0-9842044-0-3  
\$9.95/\$11.95 (CAD)

“慈悲的老神仙！老猴王受了伤，求您快帮忙治好他！”  
“小猴你别急！你的事，我全知道！我送你一个名字‘孙悟空’，教会你仙术和本领，你就能把猴王救醒。”

“Merciful Immortal, my Old Monkey King is seriously injured. I beg you to cure him!”

“Don't worry, Little Monkey. I Know everything about you. I will give you a new name as Sun Wukong (also known as Monkey King). I will teach you all the skills of an Immortal, and then you will be able to save your King's life.”



\$14.95 jacketed hardcover  
\$16.95 (CAD)

ISBN-13: 978-1-60220-981-7  
September

Children's  
Shanghai Press

45 full-color illustrations; English and  
Chinese bilingual text  
8½ X 7½ 48 pages

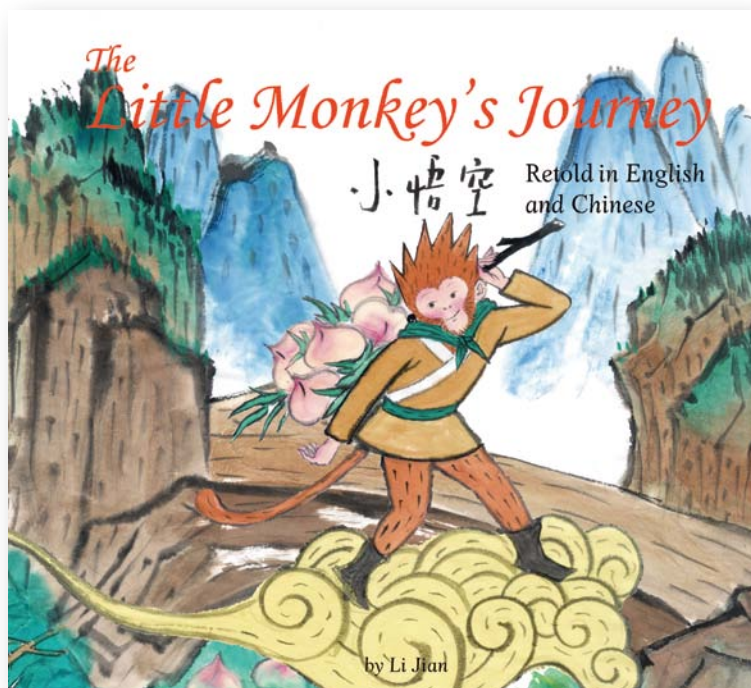
Carton Quantity: 50  
Selling Territory: North America, UK,  
Europe, South America, South Africa  
Central America, selected Middle East,  
Asia (excluding China)

- Bilingual English and Chinese text
- One of the best-loved figures in Chinese popular culture is the trickster Monkey King. His timeless story is the basis of movies, comic books, operas, video games and graphic novels



*Also by the author:*

**The Water Dragon**  
ISBN-13: 978-1-60220-978-7  
\$16.95/\$18.95 (CAD)



## The Little Monkey's Journey

Li Jian, author and illustrator

Long ago, an old magic stone suddenly cracked open after lying in the sunlight and moonlight for thousands of years. From the shell of the stone, a little Monkey was born. Adopted by the Monkey King in the mountain, Little Monkey was very naughty and playful. One day, while playing in a tree, he fell. When the Monkey King tried to save Little Monkey, he was terribly injured. To save the Monkey King, Little Monkey had to journey across the ocean in search of the immortal pill. With help from the Immortal Turtle, the Phoenix, the Dragon King and the Immortal, the Little Monkey gained a powerful body. Could he find his way home to save the Monkey King?

**Li Jian** graduated from Hebei Normal University in 2001, majoring in Chinese Painting. Mr. Li used to be a middle school art teacher, an editor for kids' books, and a partner in an illustration studio. Currently Mr. Li owns his own illustration studio focusing on illustrations for children's fairy tales.



“[...] the manuscript is solid, entertaining, and smartly plotted.”  
—Publishers Weekly

\$17.99 jacketed hardcover  
\$20.95 (CAD)

ISBN-13: 978-4-8053-1228-5  
October

Young Adult  
Tuttle Publishing

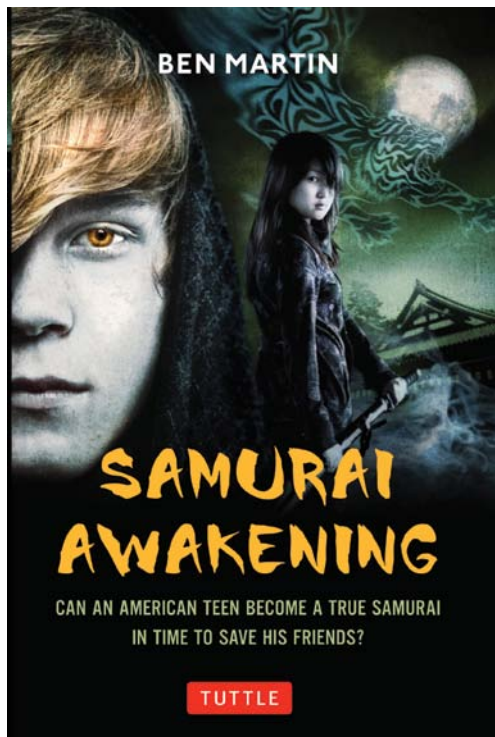
5¼ X 8 320 pages

Carton Quantity: 36  
Selling Territory: World

#### Marketing & Publicity

Advance reader copies available  
National advertising  
Reviews in trade magazines and  
children's publications

- *Samurai Awakening* was a quarter finalist in the 2011 Amazon Breakthrough Novel Contest and placed in the top 1% in the Young Adult category



## Samurai Awakening

Ben Martin

David Matthews is having a rough time. Being a teenager is bad enough, but when he picks up and moves to Japan for a year, with barely any knowledge of the language or Japanese teenagers, things go from bad to worse.

Until one day, when David attends a temple ceremony and finds himself possessed by a Japanese god.

Suddenly, he can understand and speak Japanese. He has unbelievable new powers, including the ability to shift into a tiger and a powerful sword he can materialize at will from its sheath—his body. But nothing comes for free, and these changes bring David face-to-face with the most terrifying creatures of Japanese legend—vengeful *kami*, demonic *oni* and terrifying ghostly *yurei*.

Trained by his host family, famous sword-makers and the keepers of an ancient secret entrusted to their family by the first Emperor of Japan, David must fight desperately to save his host sister from a hoard of Japanese monsters. Evil has returned to Japan, and David must overcome his own insecurities if he is to save her and become a True Samurai—the protector of Japan.



Originally from Arizona, **Ben Martin** currently lives in Japan. He was a quarter finalist in the 2011 Amazon Breakthrough Novel Contest with the manuscript for *Samurai Awakening*, which placed in the top 1% in the Young Adult category.

*“N is for ‘nolda’, what I do every day. Won’t you come join me?  
It means ‘to play!’”*

\$12.95 jacketed hardcover  
\$14.95 (CAD)

ISBN-13: 978-0-8048-4273-0  
September

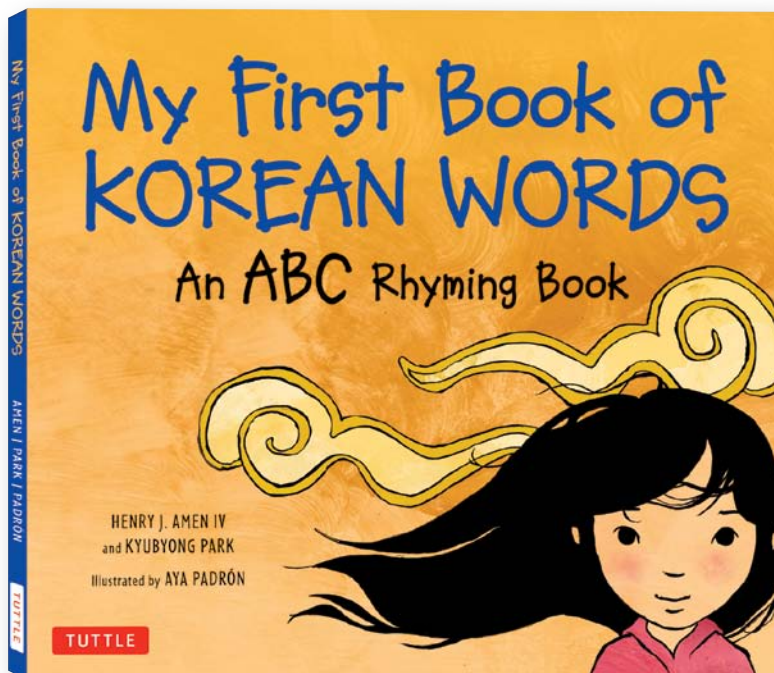
Children's  
Tuttle Publishing

26 full-page color illustrations  
8 X 9 26 pages

Carton Quantity: 40  
Selling Territory: World

#### Marketing & Publicity

Outreach to adoptive networks  
Reviews in trade magazines and  
children's publications



## My First Book of Korean Words

### *An ABC Rhyming Book*

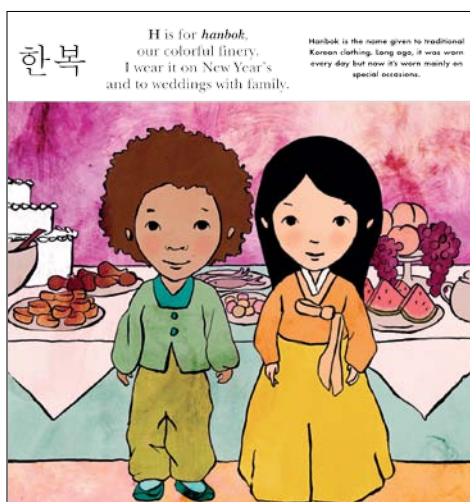
Henry J. Amen, IV  
Kyubyong Park  
Aya Padrón, illustrator

*My First Book of Korean Words* introduces Korean language and culture to preschool children in a gentle, playful way. Its ABC structure provides a familiar framework that encourages fun and easy learning. The mix of everyday words, sound words and words specific to Korean life gives kids a varied sample of language and culture. Each word taught is shown in Hangeul as well as in its romanized form. Cultural and linguistic notes here and there enhance the learning experience. Your child will love Ji-min and her friends as they join her from page to colorful page!

**Henry J. Amen, IV**, is a freelance editor and writer of language learning materials; he studied Korean while working for a publishing company in Seoul for two years. Along with Kyubyong Park, he is the author of *Korean for Beginners*.

**Kyubyong Park** is an IT professional who creates dictionary applications and language software. Along with Henry J. Amen, IV, he is the author of *Korean for Beginners*.

**Aya Padrón** is a freelance artist who works in many media, among them painting and photography. She is the illustrator of *Korean for Beginners*.



## A Korean Cinderella tale of courage, kindness and finding one's true love

\$14.95 jacketed hardcover  
\$17.50 (CAD)

ISBN-13: 978-0-8048-4277-8  
September

Children's  
Tuttle Publishing

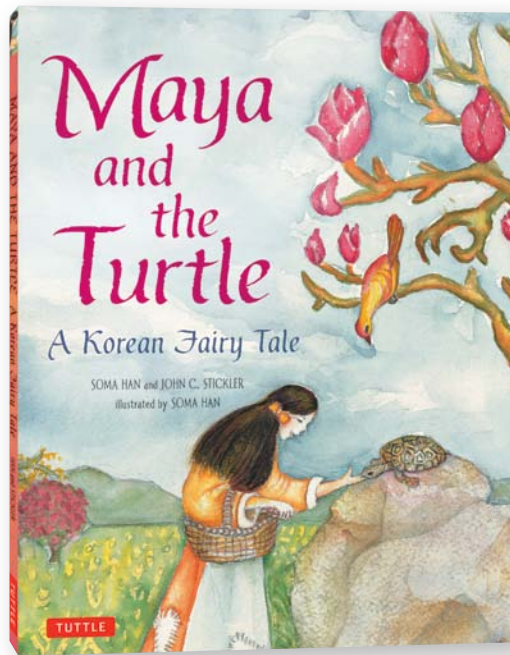
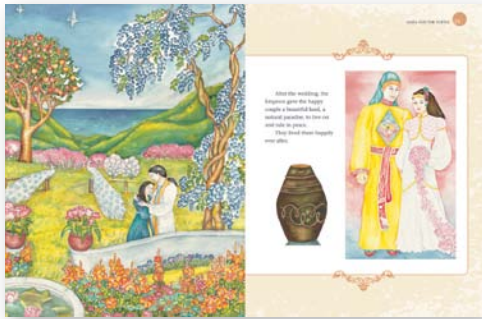
21 color illustrations  
8½ X 11 32 pages

Carton Quantity: 16  
Selling Territory: World

### Marketing & Publicity

Outreach to adoptive networks

Reviews in trade magazines and  
children's publications



## Maya and the Turtle

*A Korean Fairy Tale*

Soma Han, author & illustrator  
John C. Stickler

Poverty is all Maya has ever known, but she doesn't allow it to stop her from caring for her father, and others, as best she can. Kind and gentle, she is a lovely young girl who always puts everyone else first. One day, she finds a little turtle and takes him home, raising and loving him, never knowing that he will play an instrumental part in her destiny.

*Maya and the Turtle* is a beautifully illustrated and poignant tale about the rewards of kindness, patience

and courage, and a lesson in how true glory must be earned. It takes the loving kindness of a pure heart to awaken great love and power in another.



**Soma Han** is a native of Korea. After studying under Korea's leading sculptor Lee Il Young, she earned a BA in literature as well as a BFA from the California College of the Arts. Soma is a painter, sculptor, mosaic artist and book illustrator whose work has been exhibited in galleries in the U.S., Korea and Hong Kong.

**John C. Stickler** is a graduate of Yale University, and spent thirteen years in Korea working in advertising and news reporting. He and Soma live in California. Together they authored *Land of Morning Calm* and *Korean Culture Then and Now* (Shen's Books, 2006).

\$14.95 jacketed hardcover  
\$16.95 (CAD)

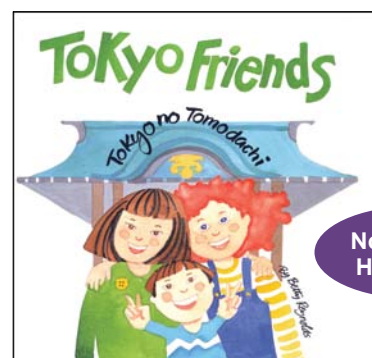
ISBN-13: 978-4-8053-1075-5  
November

Children's  
Tuttle Publishing

full-color illustrations throughout  
9 X 8 64 pages

Carton Quantity: 40  
Selling Territory: World

Previously Published ISBN:  
978-0-8048-3808-5



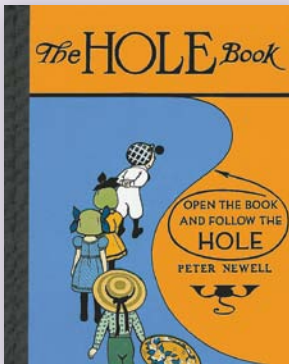
## Tokyo Friends

Betty Reynolds

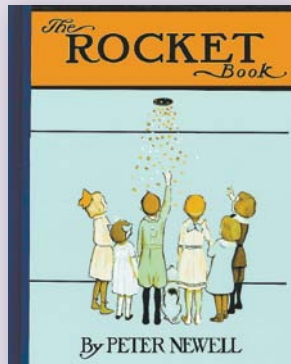
A young American girl living in Tokyo becomes friends with a Japanese girl and her brother. Together they explore the city and its surroundings as they teach each other the customs of their respective countries. Vibrantly illustrated by the author, *Tokyo Friends* is a wonderful introduction to Japanese traditions for young readers.

**Betty Reynolds** was an art director for an advertising agency for 22 years. She resides in Philadelphia, PA and the Seattle area.

Three by Peter Newell



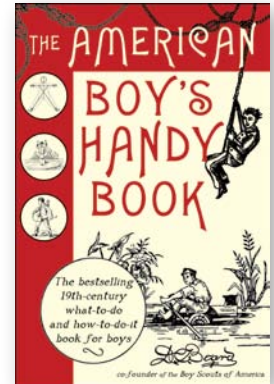
**The Hole Book**  
by Peter Newell  
23 color illus  
7¼ X 9, 56 pp. hardcover (TP, W)  
ISBN-13: 978-0-8048-1498-0  
\$16.95/\$22.95 (CAD)



**The Rocket Book**  
by Peter Newell  
22 color illus  
7 X 9, 52 pp. hardcover (TP, W)  
ISBN-13: 978-0-8048-0505-6  
\$16.95/\$22.95 (CAD)

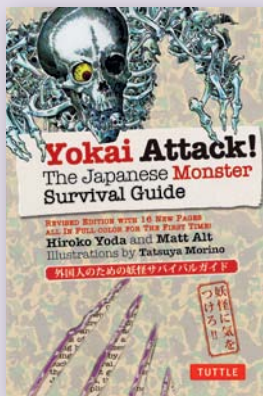


**The Slant Book**  
by Peter Newell  
22 color illus  
7 X 9, 50 pp. hardcover (TP, W)  
ISBN-13: 978-0-8048-0532-2  
\$16.95/\$22.95 (CAD)

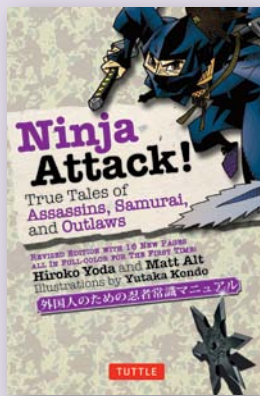


**The American Boy's Handy Book**  
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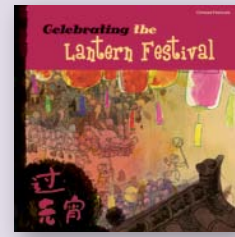
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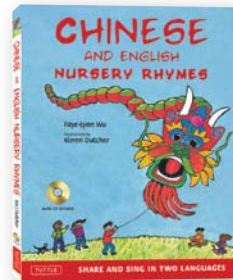
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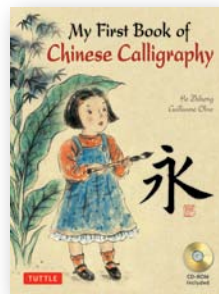
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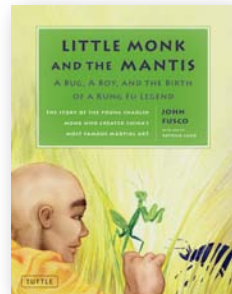
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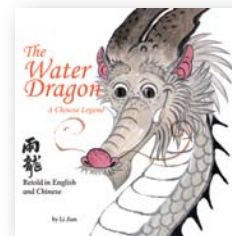
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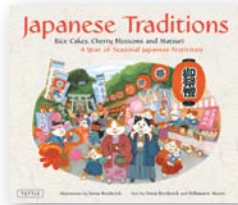


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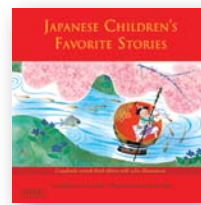
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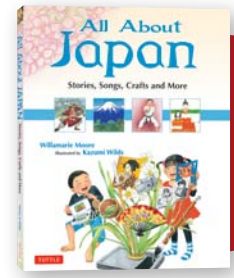


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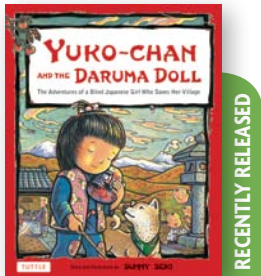
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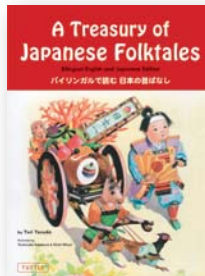
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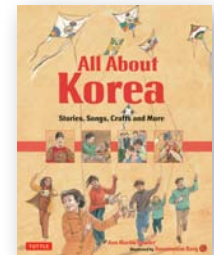


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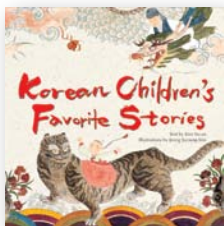
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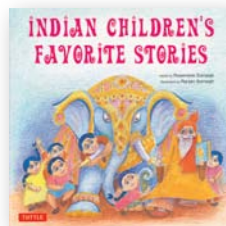
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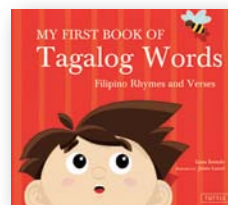
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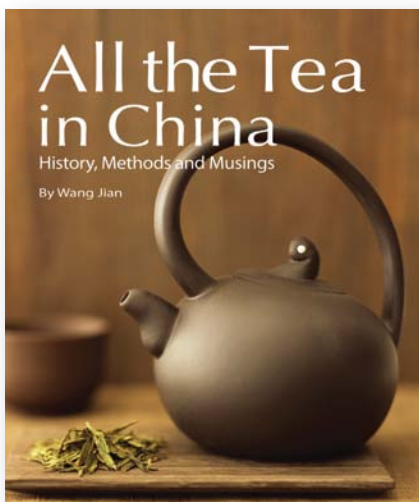
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## All the Tea in China

*History, Methods and Musings*

Compiled by Wang Jian

Wood, rice, oil, salt, soy sauce, vinegar and tea—otherwise known as “the seven things that open the door”—are the basic kitchen necessities Chinese people cannot do without in their daily lives. Among them, tea holds a very special place. It is not only a beverage, but also an integral part of people’s hearts and minds, thus shaping a unique tea culture in China.

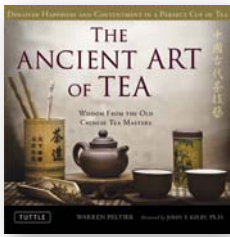
In *All the Tea in China*, you will learn everything about Chinese tea for practical uses, as well as for meditation. Discover the origin of tea, its different species, production method and drinking etiquette. Also, through the vivid illustrations, you will gain information about what tea is and how to identify a good quality kind. At the same time, the quotations, poems, sayings and stories in the book are presented chronologically so you can appreciate what tea has inspired and why it continues to delight the Chinese people. A joy to read, *All the Tea in China* will be sure to enhance your personal tea pleasure.

**Wang Jian** has been fascinated with tea for many years. She graduated from the Ancient Chinese Documentation Research Institute at Shanghai Normal University. Currently editor of a publishing house, Wang is mainly engaged in the editing and publishing of books on history, humanities and museums. She has been involved in the compilation and editing of over fifty books.



▲ According to the various processing methods, Chinese tea could be divided into six categories, namely green tea, black tea, oolong tea, white tea, yellow tea and dark tea. The green and yellow tea is un-oxidized, thus the green tea liquid’s color turns out to be brilliant green while the later one is light yellow. The white tea is a little bit oxidized, so the color is very light. As for the oolong tea, it is half oxidized and the color appears to be golden yellow. The black tea is fully oxidized and the color is mainly reddish yellow. The dark tea is made through post fermentation and the color of the tea liquid is yellowish orange.





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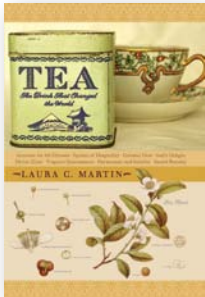


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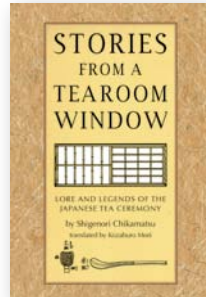


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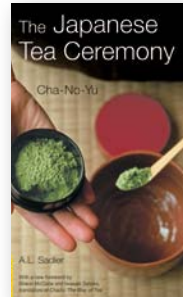
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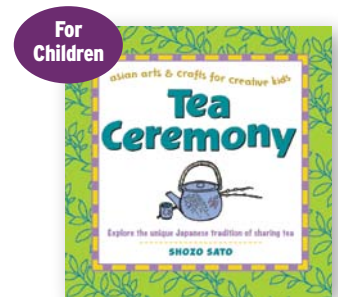
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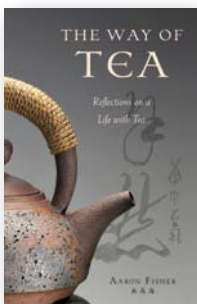


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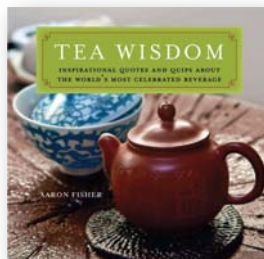


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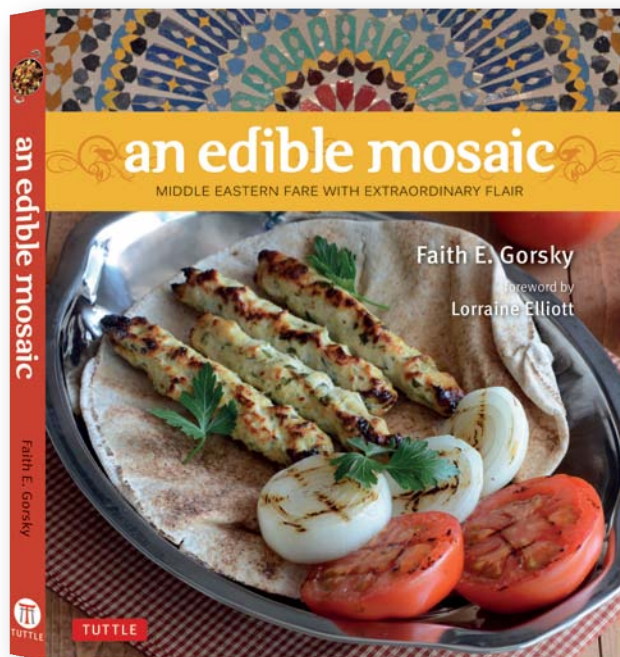
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## An Edible Mosaic

*Middle Eastern Fare with Extraordinary Flair*

Faith E. Gorsky

When Faith Gorsky married her Syrian husband, she married more than just the man. She found herself introduced to a culture and cuisine that would forever change how she experienced food and cooking.

Faith's mother-in-law took her under her wing and in six months gave her a thorough course in Middle Eastern cooking that became the basis for her popular website, *An Edible Mosaic*. On her site and in the book of the same name, Faith imparts her favorite Middle Eastern recipes, recipes anyone can make with a little work and some help from Faith! Her love for the cuisine of her husband's homeland shows in her enthusiasm for these dishes and the awareness that food is more than just a means of sustenance for the people of the Middle East—it lies at the epicenter of their gatherings with family and friends.

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- Spicy Oil-Cured Eggplant Stuffed with Walnuts (Makdous)



**Faith Gorsky** fell in love with Middle Eastern cuisine when she spent six months living in Damascus. Her Syrian mother-in-law, who happens to be a master cook, was a willing teacher and patient guide. Combining her love for writing and cooking, Faith started her successful food blog, [www.AnEdibleMosaic.com](http://www.AnEdibleMosaic.com) and in two years has built a following of fans that love both her food and her writing. Her blog receives over 1 million hits a month. She cooks, writes and lives in upstate New York.

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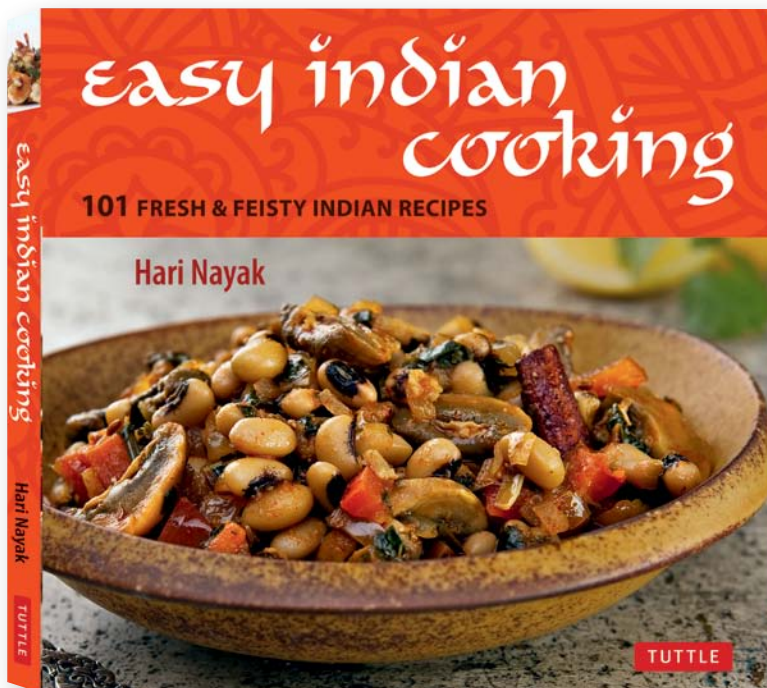
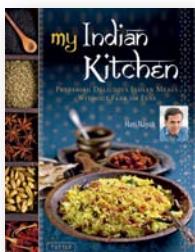
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## Easy Indian Cooking

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Hari Nayak  
Jack Turkel, photographer

In *Easy Indian Cooking*, Chef Hari Nayak presents recipes for the dishes he remembers from childhood days, growing up in rural southern India. These recipes have been modified to suit a modern lifestyle, and all of them can be prepared with ingredients available at any local supermarket or health food store. The preparation and cooking techniques have been simplified to save time without sacrificing any of the authentic Indian flavor.

A CIA-trained chef, Hari has put together an authentic collection of Indian favorites that are so easy to create and so flavorful you'll wonder why you never tried your hand at cooking Indian at home before!

Recipes include such favorites as:

- Curry Corn Chowder with Roasted Poblanos
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- Cardamom Brownies



**Hari Nayak** is known for his simple approach to food. Since graduating from the Culinary Institute of America, Hari has worked in the food industry for more than 15 years—including stints at renowned New York restaurants like Aquavit and Daniel. His other cookbooks include *Modern Indian Cooking* and *My Indian Kitchen*. Hari lives in New Jersey and appreciates everything that cooking has brought to him. [www.HariNayak.com](http://www.HariNayak.com).

**Jack Turkel** has been a professional photographer for more than thirty-five years.



Four 4 x 7 in (10 x 18 cm) soy paper or nori  
 1 cup (200 g) prepared Traditional Sushi Rice (xx) or Quick and Easy Sushi Rice (xx)  
 8 strips bacon, cooked  
 1 Romaine lettuce, chiffonade  
 1/2 tomato, cut into 8 wedges  
 1/4 avocado, cut into 4 wedges  
 4 tablespoons Sweet Soy Syrup (see page 000), or more to taste  
 4 teaspoons sesame seeds, toasted

## BLT Hand Rolls

Bacon makes everything taste better, even sushi hand rolls. The smokiness of the bacon combined with the caramel-like flavor of the sweetened soy sauce has enough sweet and salty to satisfy. Give this sushi roll to any of your friends that may still be squeamish about trying sushi and watch them enjoy this hand roll. If you require a little more substance, try adding 1 heaping tablespoon of Spicy Crawfish (see page 000) to your hand rolls.

**1** Place 1 sheet of the soybean paper across your left palm. Press 4 tablespoons prepared sushi rice on the left 1/3 of the soybean paper.  
**2** Arrange 2 strips of bacon down the center of the rice. Top with 1/4 of the Romaine chiffonade. Add 2 of the tomato wedges and 1 avocado wedge. Drizzle 1 tablespoon Sweet Soy Syrup

over fillings. Sprinkle with 1 teaspoon of the sesame seeds.  
**3** Take the bottom left corner of the soybean paper and fold it over the fillings until it reaches the top point just beyond the rice. Roll the roll downwards forming a tight cone until all the soy paper has been wrapped around the cone.

**4** Repeat the steps with the remaining soy paper, rice, and fillings. Serve the rolls immediately.

RICE PREP: UP TO 1 1/2 HOURS  
 SUSHI PREP: 10 MINUTES  
 MAKES 4 ROLLS



*“Absorb what Marisa teaches, practice and enjoy it, and you will be joining her unique journey—not to mention eating very well along the way.”*  
—Trevor Corson, from his foreword

\$18.95 jacketed hardcover  
\$21.95 (CAD)

ISBN-13: 978-4-8053-1207-0  
September

Cooking  
Tuttle Publishing

80 recipes; 180 photographs  
8 X 8½ 168 pages

Carton Quantity: 20  
Selling Territory: World

#### Marketing & Publicity

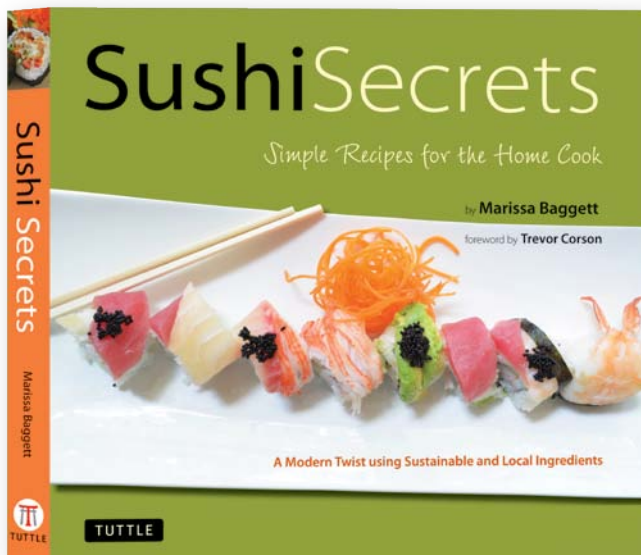
BLADs

National advertising

Reviews in food publications, blogs and  
trade magazines

Regional author tour

- Foreword by Trevor Corson, author of *The Secret Life of Lobsters* and *The Story of Sushi*, which was selected as an Editors' Choice by the *New York Times Book Review*
- A modern twist on traditional sushi using local and sustainable ingredients



## Sushi Secrets

*Simple Recipes for the Home Cook*

Marisa Baggett

Trevor Corson, foreword

In 2003, Marisa Baggett boarded a Greyhound bus with a one-way ticket to Los Angeles and \$300 in her pocket to study at the California Sushi Academy. After graduation, Marisa moved to Memphis, Tennessee, where her passion for sushi, southern background and determination to use local, sustainable ingredients resulted in the development of unconventional and delectable sushi!

In *Sushi Secrets*, Marisa shares with you both traditional and nontraditional sushi, all delicious and all very easy to make. Marisa includes surefire recipes for making perfect sushi rice, tips on how to find and buy the freshest seafood and discusses sustainability and how to achieve it at home. Plus, with her background as a pastry chef, Marisa has created a dessert chapter that will make your mouth water! From the traditional favorites to new and unique combinations, *Sushi Secrets* will have you rolling sushi like a pro in no time at all.

Recipes include:

- Scallop Carpaccio Sashimi
- Avocado and Pomegranate Nigiri
- Pork Thin Rolls with Gingered Cherries
- Pickled Okra Thick Rolls
- Short Ribs Sushi Bowl
- “Cat”erpillar Rolls
- Faux Eel Hand Rolls
- Fudge Wontons with Peanut Dipping Sauce
- Fried Cherry Hand Pies



**Marisa Baggett** arrived in Los Angeles from her home in Mississippi with one goal in mind: to learn as much as she could about preparing great sushi. At the California Sushi Academy her enthusiasm and passion for this flavorful cuisine grew and she became the school's first black female graduate. Since her return to the South, she has gained regional and international recognition for her sushi. She teaches workshops on sushi making, caters sushi events and works with caterers in the

Memphis Jewish community on supplying kosher sushi for special events.

[www.MarisaBaggett.com](http://www.MarisaBaggett.com).

*Fabulous projects that can make any day a holiday!*

\$16.95 jacketed hardcover  
\$19.50 (CAD)

ISBN-13: 978-0-8048-4261-7  
September

Cake Decorating  
Tuttle Publishing

21 cake designs; 170 color photographs  
8½ X 10 80 pages

Carton Quantity: 20  
Selling Territory: World

#### Marketing & Publicity

BLADs

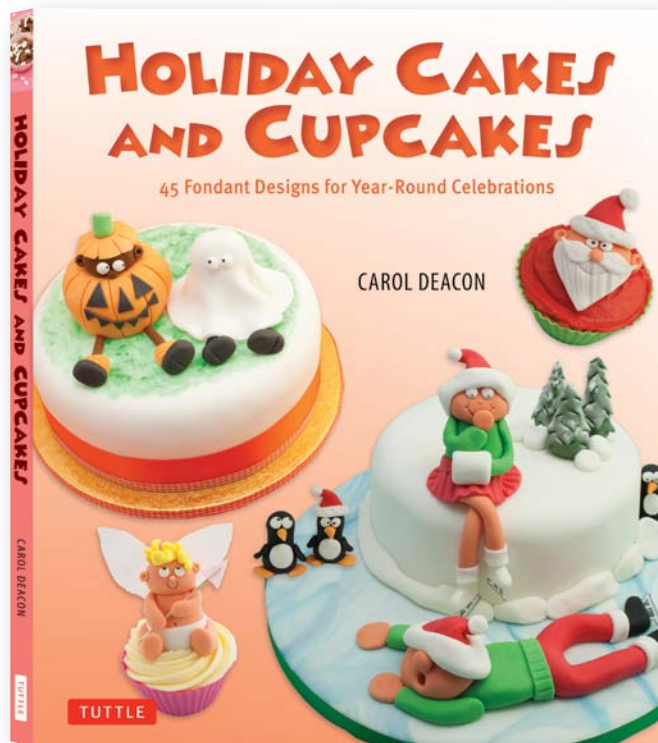
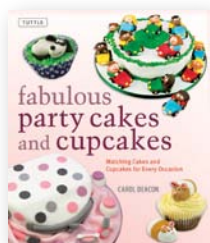
National advertising

Reviews in cake decorating and  
craft magazines



*Also by the author:*

**Fabulous Party Cakes and Cupcakes**  
ISBN-13: 978-0-8048-4158-0  
\$16.95/\$19.95 (CAD)



## Holiday Cakes and Cupcakes

*45 Fondant Designs for Year-Round Celebrations*

Carol Deacon

The magic of the holidays comes alive all year long with these delightful and delicious decorated cakes from the author of *Fabulous Party Cakes and Cupcakes*. In her new book, Carol Deacon's incredible cake designs run the gamut of seasonal holidays. Deacon shows you how to create fabulous cakes, including Christmas cakes, Halloween cakes, Valentine's Day cakes, Easter cakes and cakes to fit any other occasion.

The step-by-step instructions ensure that all the cakes and cupcakes will be easy to make and become the frosted focus of your holiday celebration. Each cake has a matching cupcake design that can be made as an accompaniment to the cake or, if you wish, on their own as the stars of the occasion in their own right. Deacon also shares her winning cake baking recipes so that your holiday cakes will taste as wonderful as they look. So make the most of your next holiday by creating a cake that will impress and delight your family and friends.

Cakes include:

- Babies First Birthday
- Valentine Cherubs
- Summer Flowers
- Halloween Spiders
- Skiing Snowman
- Naughty Reindeer



**Carol Deacon** began cake decorating when a friend asked her to make a birthday cake and the combination of cake and creativeness appealed to her. Carol left advertising to work at Jane Asher's cake shop in Chelsea London for a year before going freelance. She has written for cake and food magazines such as *Cake Craft and Decoration* and *BBC Good Food* and is the author of *Fabulous Party Cakes and Cupcakes*.

Carol lives in Hertfordshire, England with her husband, three children, a very sticky kitchen and a whole bunch of ideas for her next book.

*Sweet and savory recipes to tempt the most discerning of palates*

\$34.95 hardcover  
\$39.95 (CAD)

ISBN-13: 978-0-8048-4302-7  
September

Cooking  
Tuttle Publishing

200 recipes; 250 color photographs  
8 X 10 272 pages

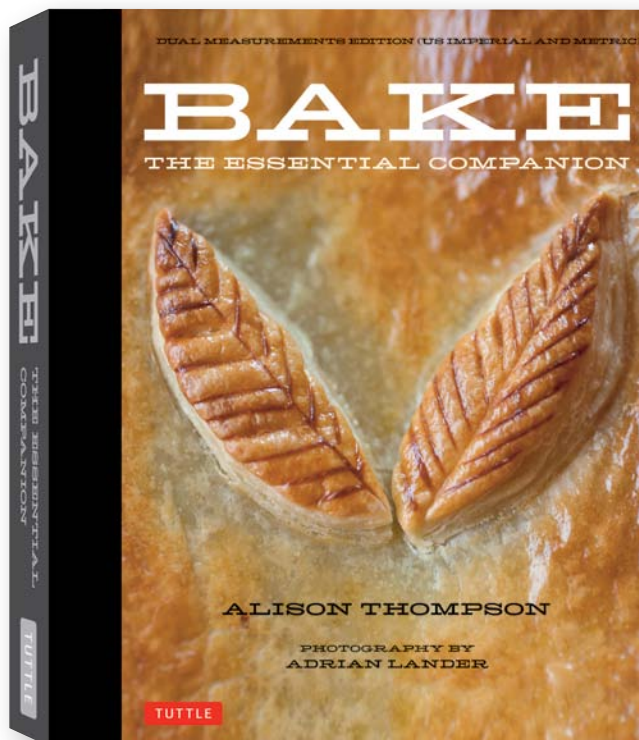
Carton Quantity: 10  
Selling Territory: North America and Asia

#### Marketing & Publicity

BLADs

National advertising

Reviews in food publications, blogs and trade magazines



## Bake

### *The Essential Companion*

Alison Thompson  
Adrian Lander, photographer

Baking is a form of alchemy—the art of turning mundane everyday ingredients into something extraordinary. Alison Thompson has studied at the sides of some of the world's greatest pastry chefs for years, learning the art and science of baking. In *Bake: The Essential Companion*, Alison shares the creations that continue to delight her clientele and her family.

There's a recipe here for every occasion and every part of your meal—dinner, side dishes and, of course, dessert! With more than 200 mouthwatering recipes including her all-time favorite breads, cakes and cookies, Alison also presents dozens of unique pastry recipes that you normally only find in a specialty pastry shop. With *Bake* at your side you'll become adept at conjuring some amazing baking magic.

Recipes include:

- Potato and Rosemary Pizza
- Smoked Salmon and Dill Quiche
- Za'atar-Spiced Flatbreads
- Savory Cheese Twists
- Vanilla Custard
- Raspberry Brioche
- Burnt Butter and Berry Friands
- White Chocolate Mud Cake



**Alison Thompson** has been passionate about cooking since she was a child, writing her first cookbook when she was just 11 years old. She now has 15 years experience under her belt as a professional chef and pastry chef. Alison has worked with some of the finest pastry chefs in the world. She is the founder and head pastry chef of Alison Louise Designer Cakes, a wedding and special occasion cake business. In 2010 she published her first book, *Macaron*. She lives in Australia.

\$11.95 paperback  
\$13.95 (CAD)

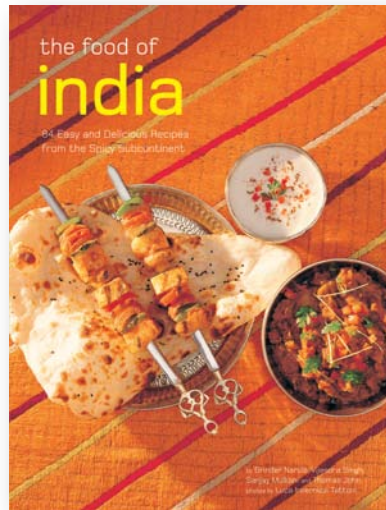
ISBN-13: 978-0-7946-0565-0  
September

Cooking  
Tuttle Publishing

84 recipes; over 50 color photographs  
8¼ X 11 112 pages

Carton Quantity: 40  
Selling Territory: World

Previously Published ISBN:  
978-0-7946-0237-6

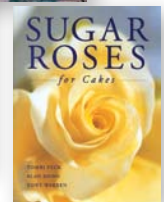
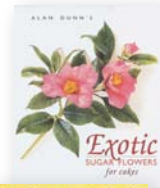
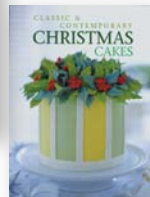
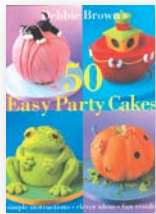


## The Food of India

Brinder Narula, et al

*The Food of India* contains a selection of over 80 delectable recipes, with dishes from Hindu Tamil Nadu, Christian Kerala as well as tandoori favorites from the Punjab. Striking color photographs and detailed information make this the perfect introduction to the rich and diverse world of Indian cuisine.

## CAKE • Backlist Highlights



**50 Easy Party Cakes**  
ISBN-13: 978-1-85391-855-1  
\$23.95/\$32.95 (CAD)

**Beginner's Guide to Cake Decorating**  
ISBN-13: 978-1-85391-815-5  
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ISBN-13: 978-1-85391-924-4  
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**Quick and Clever Party Cakes**  
ISBN-13: 978-1-85391-830-8  
\$19.95/\$27.95 (CAD)

**Romantic Wedding Cakes**  
ISBN-13: 978-1-85391-859-9  
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**Simplifying Sugar Flowers**  
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**Sugar Orchids for Cakes**  
ISBN-13: 978-1-90399-215-9  
\$29.95/\$41.95 (CAD)

**Sugar Roses for Cakes**  
ISBN-13: 978-1-85391-908-4  
\$29.95/\$41.95 (CAD)

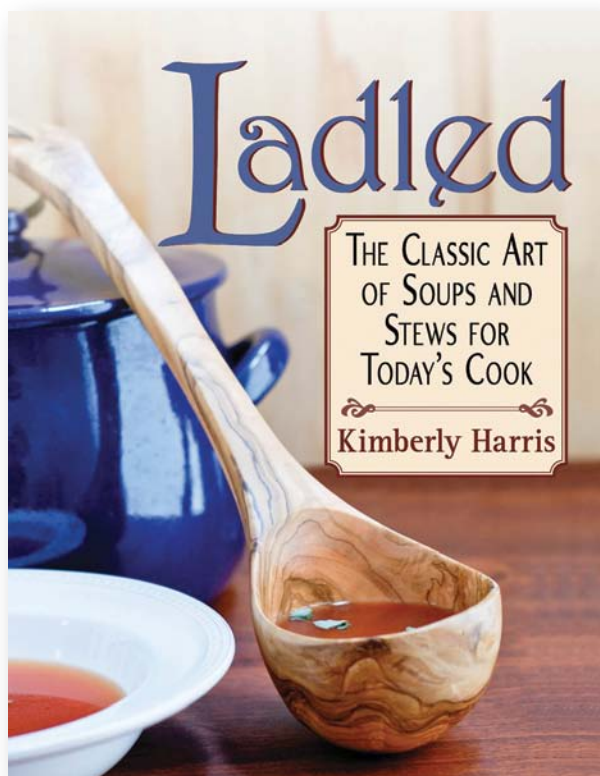
\$29.95 paperback  
\$34.50 (CAD)

ISBN-13: 978-1-936608-67-6  
October

Cooking  
Victory Belt Publishing

more than 100 recipes, color photographs  
8½ X 10½ 250 pages

Carton Quantity: 14  
Selling Territory: World excluding Asia,  
Australia and New Zealand



## Ladled

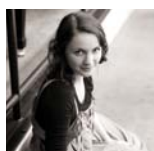
*The Classic Art of Soups and Stews for Today's Cook*

Kimberly Harris

A hearty stew on a cold winter night; a light, clear soup as a start to a meal; a spicy pho to warm the body and soul...It's hard to imagine a more comforting, delicious, nourishing food than a homemade soup or stew.

*Ladled* seeks to rekindle a love for making soups and stews at home, with instructions for every part of soup making. It details how to create a wide variety of stocks and how to salt a soup correctly. It describes how to create soups and stews both simple and complex, offers a detailed shopping guide that helps you find fresh ingredients, and breaks down all the healthy benefits of making your own homemade stocks.

Author Kimberly Harris is a busy mother and understands the difficulty of making healthy meals. In *Ladled*, she shares many soups that are simple enough to enjoy on an everyday basis and shows you how to integrate this traditional art into a busy modern lifestyle.



**Kimberly Harris** owns and writes the popular food blog [TheNourishingGourmet.com](http://TheNourishingGourmet.com), and she is a featured food blogger at [MNN.com](http://MNN.com). Between spending time with her husband and two little girls, writing and teaching piano, she likes to make nourishing food for her family and teach others how to do so as well.



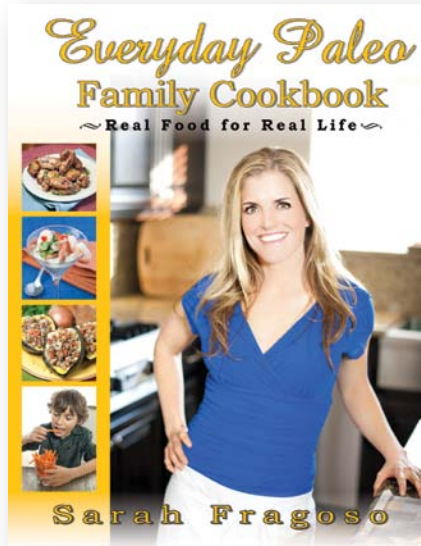
\$29.95 paperback  
\$33.95 (CAD)

ISBN-13: 978-1-936608-63-8  
July

Cooking  
Victory Belt Publishing

recipes and photographs  
8½ X 10½ 250 pages

Carton Quantity: 16  
Selling Territory: World excluding Asia,  
Australia and New Zealand



## Everyday Paleo Family Cookbook

*Real Food for Real Life*

Sarah Fragoso

The *Everyday Paleo Family Cookbook* offers guidance on how to bring your family together with the magic of real food. As modern life grows more hectic with each passing day, a part of living the paleo lifestyle is slowing down and enjoying the time we have with family and friends. This cookbook is intended to remind us of how precious these moments are, and that some of the fondest memories can be made while sitting at the dinner table with the ones we love. Savoring these moments, along with delicious and healthful food, is what life is all about.

**Sarah Fragoso**, bestselling author of *Everyday Paleo*, is at the forefront of the Paleo movement and the leader in successfully helping families live Paleo. [www.EverydayPaleo.com](http://www.EverydayPaleo.com).

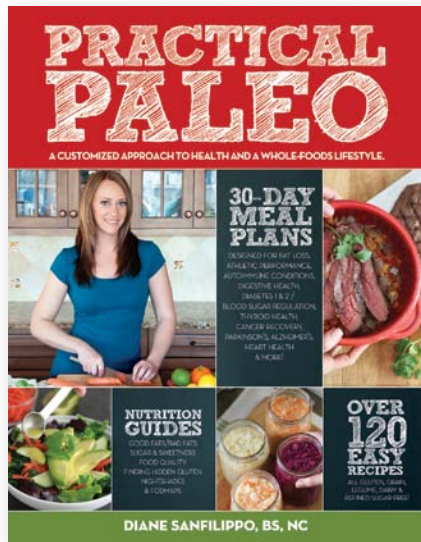
\$39.95 paperback  
\$45.95 (CAD)

ISBN-13: 978-1-936608-75-1  
August

Health  
Victory Belt Publishing

more than 100 recipes and vibrant  
photographs; therapeutic meal plans for  
health challenges; full-color throughout;  
10-page tear-out guide  
8½ X 10½ 400 pages

Carton Quantity: 10  
Selling Territory: World excluding Asia,  
Australia and New Zealand



## Practical Paleo

*A Customized Approach to Health  
and a Whole-Foods Lifestyle*

Diane Sanfilippo, BS, NC

Achieving optimal health without calorie-counting or feelings of deprivation has never been easier. *Practical Paleo* is THE resource you'll reach for again and again for information on healthy living, delicious recipes, and easy-to-understand information about how a Paleo lifestyle can help you, your family and your friends—regardless of their current health status.

**Diane Sanfilippo** holds a BS from Syracuse University and is a Certified Nutrition Consultant. Diane writes for her popular health blog [www.BalancedBites.com](http://www.BalancedBites.com) and has a top-rated weekly podcast in iTunes, "The Balanced Bites Podcast."

\$29.95 paperback  
\$34.50 (CAD)

ISBN-13: 978-1-936608-68-3  
August

Cooking  
Victory Belt Publishing

over 85 recipes; color photographs  
8½ X 10½ 250 pages

Carton Quantity: 14  
Selling Territory: World excluding Asia,  
Australia and New Zealand



## Paleo Indulgences

*Healthy Gluten-Free Recipes to Satisfy Your Primal Cravings*

Tammy Credicott

Life is about balance, and let's face it, special occasions happen, holidays happen, celebrations happen. In *Paleo Indulgences*, Tammy Credicott shows you how easy it is to treat yourself and still maintain good health. These paleo-friendly versions of your favorite "off limit" treats offer tasty alternatives to help satisfy cravings without eating gluten-filled, sugar-laden, processed junk.

All the recipes in *Paleo Indulgences* are paleo/ primal friendly, gluten-free, grain-free, legume-free, soy-free, and they are made with real, whole foods with no added cane sugars. With over 85 recipes and a quick and easy thumbnail index for fast recipe searches, giving in to your primal cravings has never been easier!

**Tammy Credicott** has a BS from California State University, Fresno and is a current recipe developer, blogger, and author of *The Healthy Gluten-Free Life*.

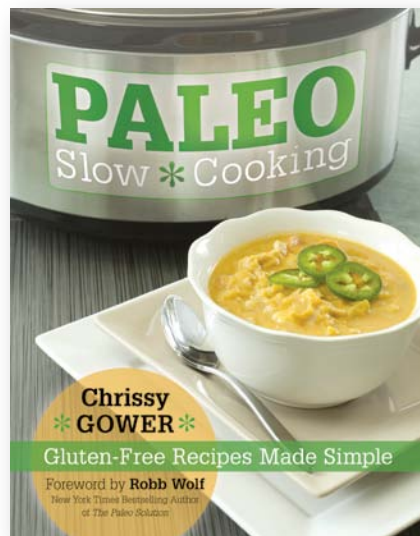
\$29.95 paperback  
\$34.50 (CAD)

ISBN-13: 978-1-936608-69-0  
October

Cooking  
Victory Belt Publishing

8½ X 10½ 250 pages

Carton Quantity: 14  
Selling Territory: World excluding Asia,  
Australia and New Zealand



## Paleo Slow Cooking

*Gluten-Free Recipes Made Simple*

Chrissy Gower

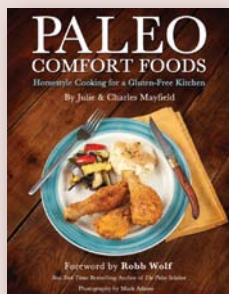
Robb Wolf, foreword

In *Paleo Slow Cooking*, Chrissy Gower shows you that cooking real food using a variety of vegetables, clean cuts of meat and healthy fats does not have to be complicated, boring, or time-consuming. In this real-food-made-easy guide, Gower teaches you how to prepare full-course paleo/primal entrees, soups, stews, breakfast dishes and desserts. To make every meal more enjoyable, Gower also includes several quick and easy side dishes to go with your slow cooker meals. Sure to win the hearts of time-crunched families looking for a healthier diet, *Paleo Slow Cooking* makes eating paleo an attainable—and tasty—goal.

**Chrissy Gower** is committed to educating families on how to live a healthier lifestyle. As a personal trainer out of the famed NorCal Strength and Conditioning gym, she has helped countless individuals and families successfully implement a paleo diet. She also runs the highly successful blog, [www.GrowingUpPaleo.com](http://www.GrowingUpPaleo.com).

- Introduction by Robb Wolf, author of the *New York Times* bestseller *The Paleo Solution* and leading expert in the Paleo field

Paleo Cookbooks



Bestseller!

**Paleo Comfort Foods**  
*Homestyle Cooking for a Gluten-Free Kitchen*  
 by Julie Sullivan Mayfield and Charles Mayfield  
 Foreword by Robb Wolf  
 Photography by Mark Adams  
 150 recipes; 600 color photos  
 8½ X 10½, 336 pp. paperback (VB, xAANZ)  
 ISBN-13: 978-1-936608-93-5  
 \$29.95/\$33.50 (CAD)



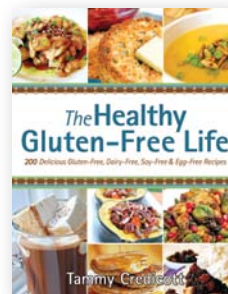
Bestseller!

**Make it Paleo**  
*Over 200 Grain Free Recipes for any Occasion*  
 by Bill Staley and Hayley Mason  
 Foreword by Mark Sisson  
 over 200 recipes; color photographs  
 8½ X 10¾, 448 pp. paperback (VB, xAANZ)  
 ISBN-13: 978-1-936608-86-7  
 \$34.95/\$38.95 (CAD)



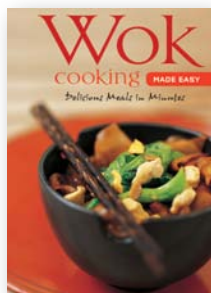
RECENTLY RELEASED

**Eat Like a Dinosaur**  
*Recipe & Guidebook for Gluten-Free Kids*  
 by The Paleo Parents  
 Foreword by Elana Amsterdam  
 over 100 recipes & projects; over 70 illustrations, more than 100 color photographs  
 8½ X 8½, 288 pp. paperback (VB, xAANZ)  
 ISBN-13: 978-1-936608-87-4  
 \$29.95/\$34.50 (CAD)

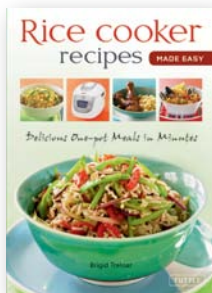


RECENTLY RELEASED

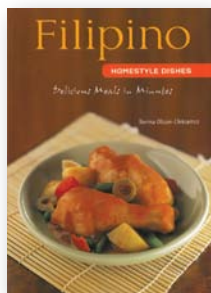
**The Healthy Gluten-Free Life**  
*200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes!*  
 by Tammy Credicott  
 200 recipes; over 200 color photographs  
 8½ X 11¼, 432 pp. paperback (VB, xAANZ)  
 ISBN-13: 978-1-936608-71-3  
 \$34.95/\$39.50 (CAD)



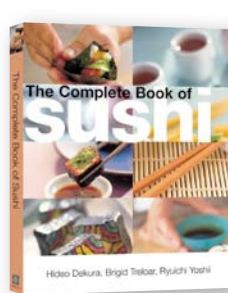
**Wok Cooking Made Easy**  
*Delicious Meals in Minutes*  
 by Nongkran Daks  
 over 60 recipes; over 70 color photos  
 6¼ X 8¼, 128 pp. concealed spiral binding (PE, W)  
 ISBN-13: 978-0-7946-0496-7  
 \$12.95/\$14.95 (CAD)



**Rice Cooker Recipes Made Easy**  
*Delicious One-Pot Meals in Minutes*  
 by Brigid Treloar  
 48 recipes; 60 color photos  
 6¼ X 8¼, 96 pp. concealed spiral binding (TP, NAA)  
 ISBN-13: 978-4-8053-1157-8  
 \$12.95/\$15.50 (CAD)

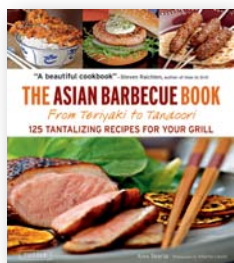


**Filipino Homestyle Dishes**  
*Delicious Meals in Minutes*  
 by Norma Olizon-Chikiamco  
 over 60 recipes; over 60 color photos  
 6¼ X 8¼, 96 pp. concealed spiral binding (PE, W)  
 ISBN-13: 978-0-7946-0214-7  
 \$12.95/\$17.95 (CAD)

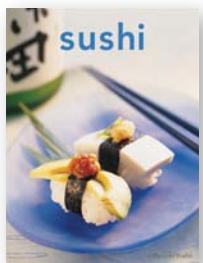


Bestseller!

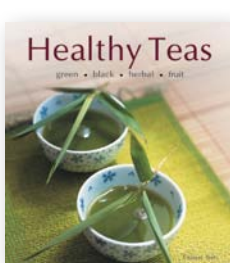
**The Complete Book of Sushi**  
 by Hideo Dekura, Brigid Treloar and Ryuichi Yoshii  
 160 recipes; 350 color photos  
 9 X 11, 240 pp. jacketed hardcover (PE, NAA)  
 ISBN-13: 978-0-7946-0316-8  
 \$29.95/\$39.95 (CAD)



**The Asian Barbecue Book**  
*From Teriyaki to Tandoori*  
 by Alex Skaria  
 Photography by Alberto Cassio  
 125 recipes; color photos  
 9 X 10, 176 pp. paperback (TP, W)  
 ISBN-13: 978-0-8048-4168-9  
 \$19.95/\$23.50 (CAD)



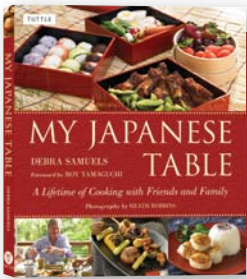
**Sushi**  
 by Ryuichi Yoshii  
 40 recipes; 140 color photos; step-by-step instructions  
 6½ X 8½, 96 pp. jacketed hardcover (TP, USAA)  
 ISBN-13: 978-0-8048-3846-7  
 \$12.95  
**Sushi**  
 ISBN-13: 978-962-593-460-0  
 \$18.95/\$25.95 (CAD)



**Healthy Teas**  
*Green, Black, Herbal, Fruit*  
 by Tammy Safi  
 over 50 recipes; over 50 color photos  
 8¼ X 9, 112 pp. jacketed hardcover (PE, NAA)  
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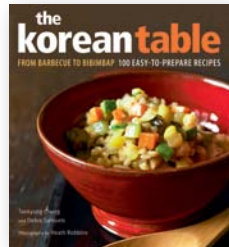


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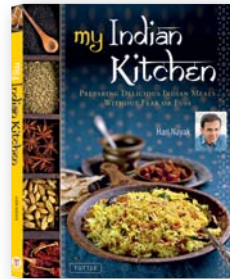
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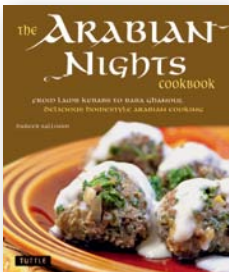
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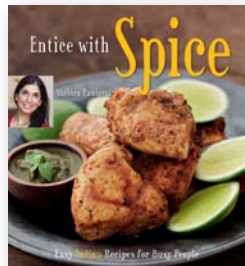


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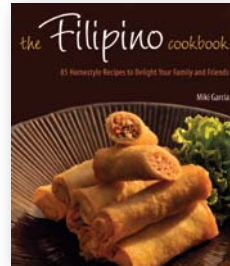
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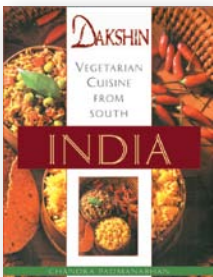


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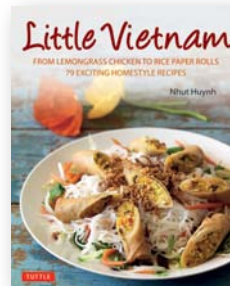


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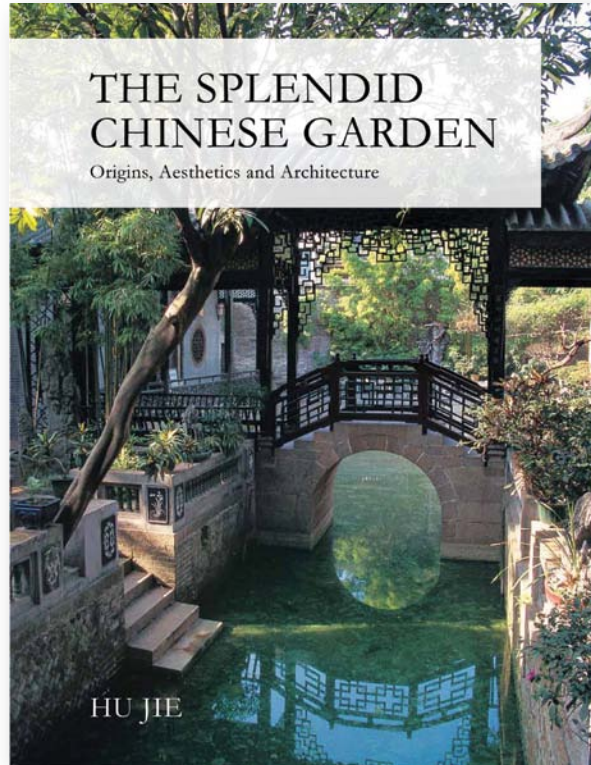
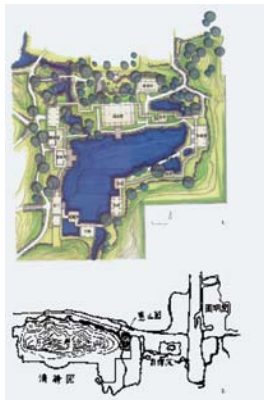
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Hu Jie

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**Hu Jie** is the head and Chief Designer of the Planning & Design Branch of Landscape Architecture at Beijing Tsinghua Urban Planning & Design Institute. Hu Jie is also a registered landscape architect in America and a member of the American

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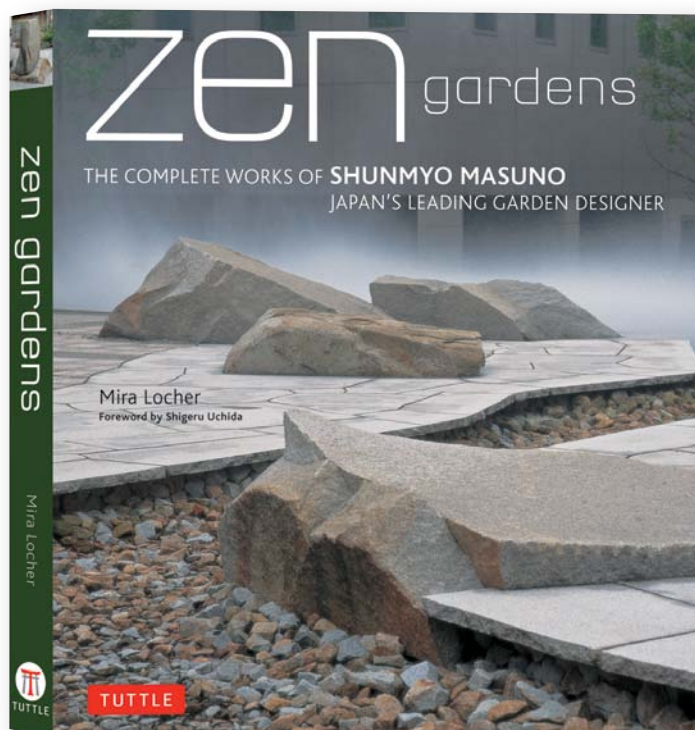
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## Zen Gardens

*The Complete Works of Shunmyo Masuno,  
Japan's Leading Garden Designer*

Mira Locher  
Shigeru Uchida, foreword

Shunmyo Masuno, Japan's leading garden designer, is at once Japan's most highly acclaimed landscape architect and an 18th-generation Zen Buddhist priest, presiding over daily ceremonies at the Kenkoji Temple in Yokohama.

This beautiful book, illustrated with more than 400 drawings and color photographs, is the first complete retrospective of Masuno's work to be published in English. It presents 37 major gardens around the world in a wide variety of types and settings. Masuno achieved fame for his work in Japan, but he is becoming increasingly well known internationally, and in 2011 completed his first commission in the United States, which is shown here. Illustrated with photographs and architectural plans or sketches, each garden is described and analyzed by author Mira Locher, herself an architect and a scholar well versed in Japanese culture.

**Mira Locher** is an architect and professor who works in both the U.S. and Japan. She holds degrees from Smith College and the University of Pennsylvania. She worked for Team Zoo Atelier Mobile in Japan for seven years before setting up an architectural practice, Kajika Architecture, in partnership with Takayuki Murakami in the U.S. She is the author of *Traditional Japanese Architecture* and *Super Potato Design*.



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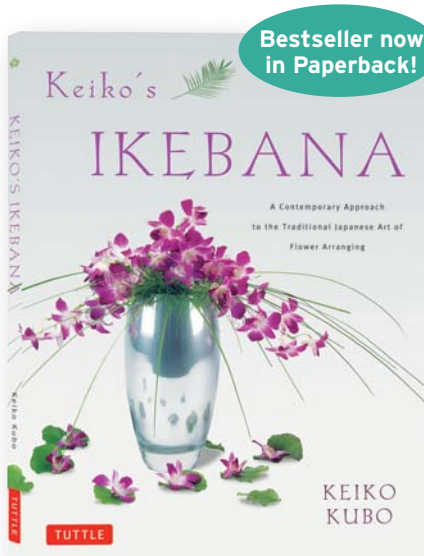
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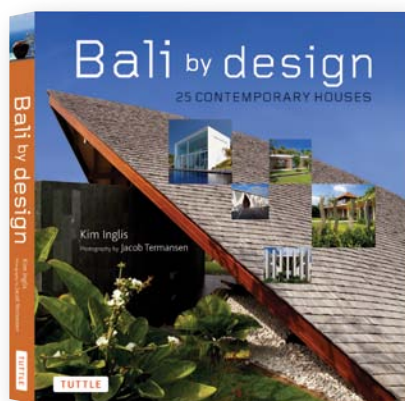
*A Contemporary Approach to the Traditional Japanese Art of Flower Arranging*

Keiko Kubo  
Erich Schrempp, photographer

Keiko's unique approach to ikebana, the Japanese art of flower arranging, combines traditional techniques with modern tastes. Her influences—which range from sculpture to today's Western floral styles—come together to create one-of-a-kind arrangements that are authentic and eye-catching, simple and graceful, and possible for anyone to achieve. A gorgeous book, *Keiko's Ikebana* makes this graceful art easily achievable.

**Keiko Kubo** started taking ikebana classes as a teenager in Japan. After coming to the United States to pursue her art, she graduated from the School of the Art Institute of Chicago with a Master of Fine Arts degree, majoring in sculpture, and has also studied Western floral art. Keiko resides in Chicago, IL.

**Erich Schrempp** is a Chicago-based photographer specializing in illustrative images. His fine art and commissioned work can be viewed at [www.SchremppStudio.com](http://www.SchremppStudio.com).



## Bali by Design

*25 Contemporary Houses*

Kim Inglis  
Jacob Termansen, photographer

Bali has long been a creative inspiration for the world—providing exciting new design ideas that are emulated today in homes and hotels around the globe. *Bali by Design* provides coverage of the latest and best design work in Bali today. Featuring 25 stunning contemporary homes, it showcases the ideas of a new generation of talented international and Indonesian designers.

With over 500 stunning photographs and insightful text, this book is a fitting testament to the originality and talent of Bali's design world.

Singapore-based British author **Kim Inglis** is the author of numerous books, among them *Bali Living*, *Bali Home*, *Tropical Home* and, with co-author Jacob Termansen, *Tropical Hotels*.

**Jacob Termansen's** photography has appeared in books and magazines throughout the world. Among his many books on tropical style and hotel architecture and design, he has co-authored *Island Style* and *Tropical Style*.

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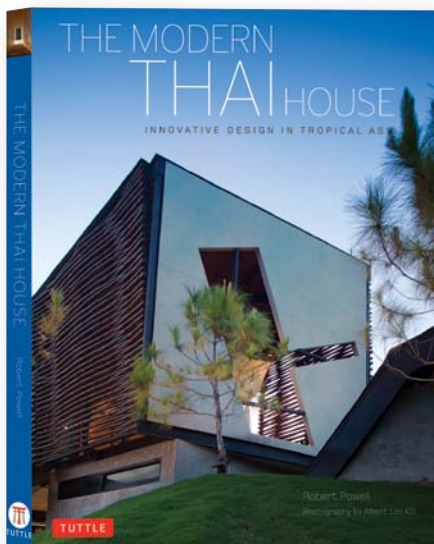
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**Robert Powell** is an architect and writer who is currently Project Director and Head of Ecomasterplanning with Llewelyn Davies Yeang (London). He is the author of 30 books including: *Rethinking the Skyscraper: The Complete Works of Ken Yeang* and *The New Indonesian House*.

**Albert Lim KS** is an acclaimed Singapore-based architectural photographer whose images have appeared in numerous books, including *Singapore Houses* and *The New Indonesian House*.

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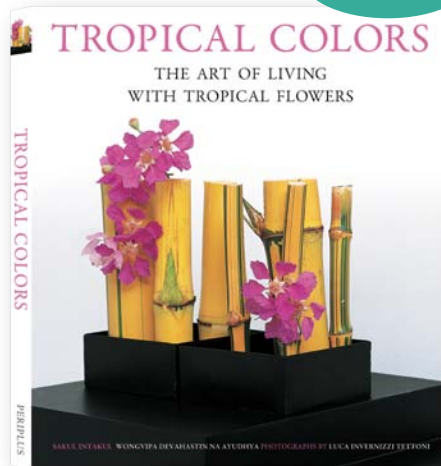
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professionals, the simple but imaginative floral displays evoke the essence of a modern Asian style.

**Sakul Intakul** is well known for interpreting spiritual ideas through plant installations and for the distinctive line, texture and sculptural quality of his arrangements. His portfolio includes royal commissions for the Queen of Thailand and a pool installation at the Chedi in Bali.

**Wongvipa Devahastin na Ayudhya** was educated at the Rajinee Lyceum, a royal-sponsored school in Bangkok, where she learned the Thai arts of flower display and decoration. She is co-author of *Contemporary Thai*.

**Luca Invernizzi Tettoni** has collaborated on numerous books on Thailand, including *Thai Style*, *Thai Garden Style* and *Classic Thai*.



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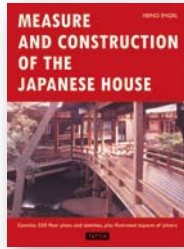
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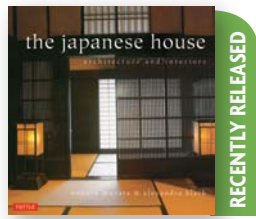
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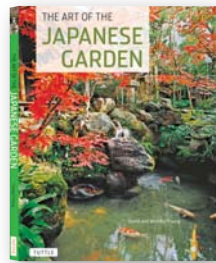
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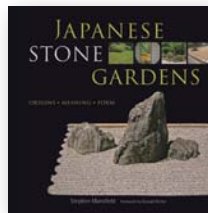
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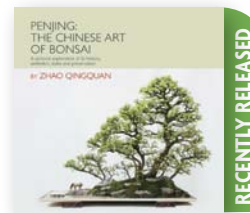
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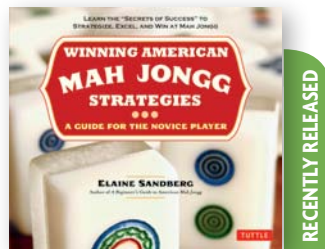
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**Elaine Sandberg** has been a mah jongg instructor for many years. She has taught American mah jongg for Holland America Cruise Lines, and currently teaches classes in the Los Angeles area. She is the author of the bestselling book, *Beginner's Guide to American Mah Jongg*.

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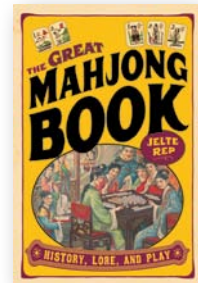
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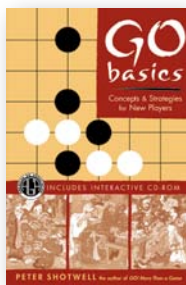
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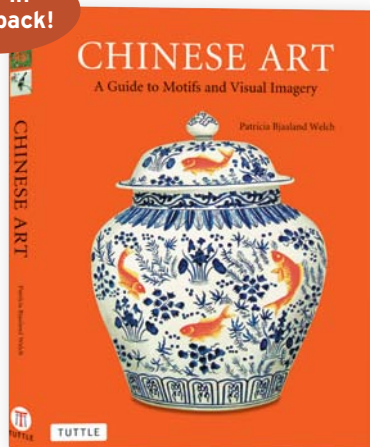
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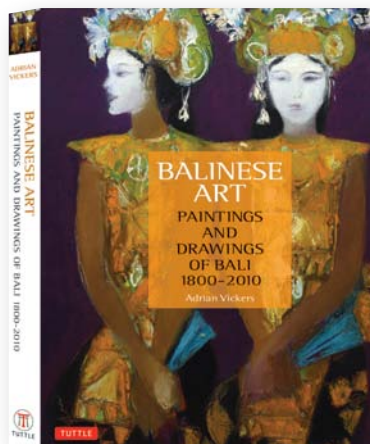
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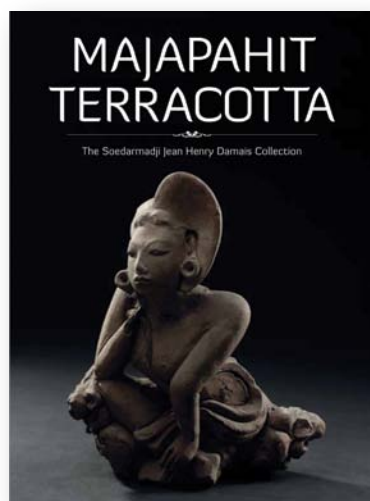
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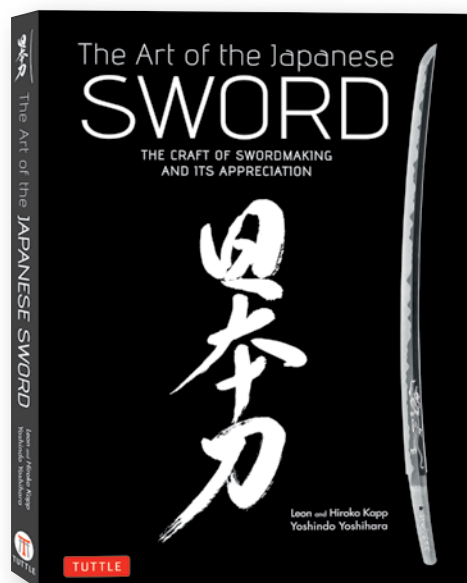
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**Yoshindo Yoshihara** is a third-generation swordsmith who lives and works in Tokyo with his son, who represents the fourth generation of swordsmiths in the family. Yoshindo has been named an Important Cultural Property of the city and prefecture of Tokyo, and is a mukansa (top-ranked swordsmith) in Japan.

**Leon Kapp** lives with his wife Hiroko in San Rafael, California. He has been seriously interested in Japanese swords for over twenty-five years, and has spent a great deal of time learning about them from Yoshindo.

**Hiroko Kapp** is a writer for *Senken Shimibun News* of Tokyo and writes about fashion and the fashion industry in the US.

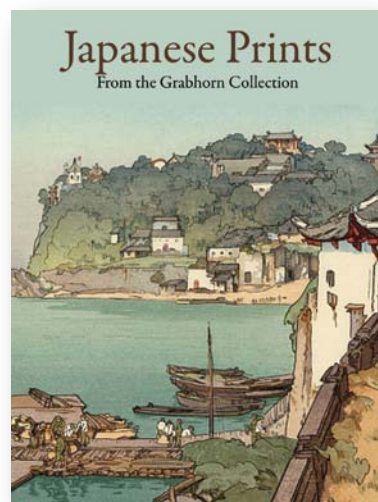
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**Melissa M. Rinne** is Assistant Curator of Japanese Art at the Asian Art Museum.

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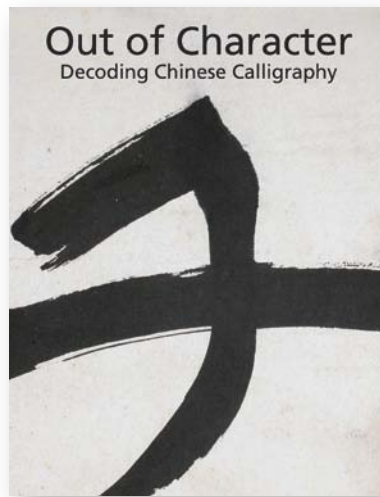
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**Michael Knight** is the author of *Power and Glory: Court Arts of China's Ming Dynasty* and many other publications.

**Joseph Chang** is the author of *In Pursuit of Heavenly Harmony: Paintings and Calligraphy* and many other publications.

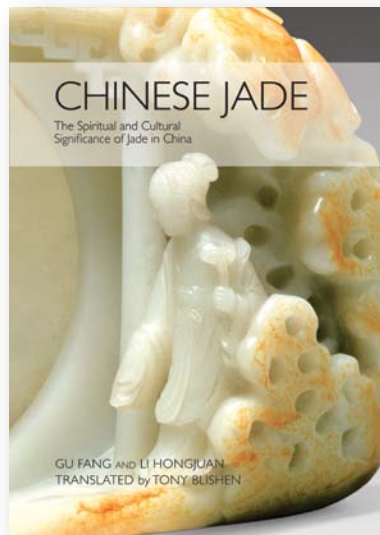
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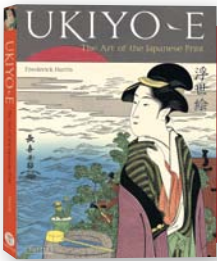
*The Spiritual and Cultural Significance of Jade in China*

Gu Fang  
Li Hongjuan  
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*Chinese Jade* presents a comprehensive view of jade and its history in China from Neolithic times to the Qing dynasty. It illustrates pieces of jade that are on display not only in the Palace Museum in Beijing but in the many provincial and other museums across China. It will help the reader to understand what jade means to the Chinese in China; how it is classified and described and where it is found and worked and displayed. It has a value beyond that of a simple catalog and places jade in its natural, and central, cultural context.

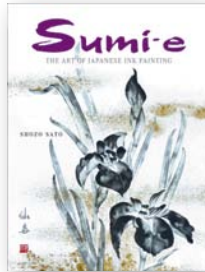
**Gu Fang** is a renowned scholar on jade. He worked as visiting scholar for the Curatorial Department of Asian Art in The Metropolitan Museum of Art of New York, being responsible for the appraisal and research of the jades in the museum.

**Li Hongjuan** graduated from the School of History and Culture in Shandong University, majoring in Archaeology.

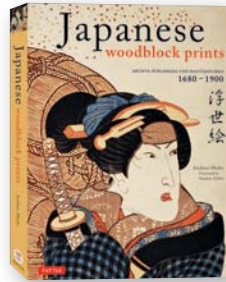


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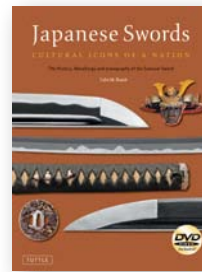


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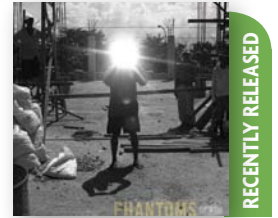


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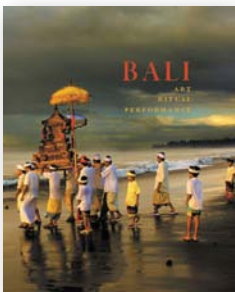


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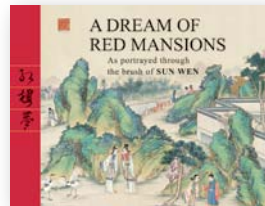
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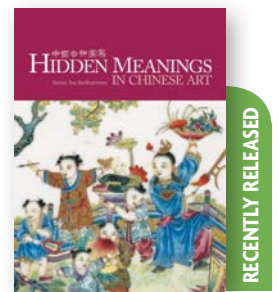
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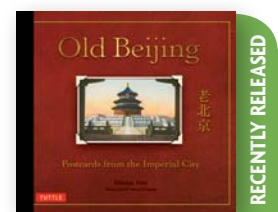


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